

Awareness Programme - Managing Anxiety – Helping Teenagers

Dr.Sivakani, Gynecologist on 18.09.2020

The image shows a Zoom meeting window. At the top, the title bar reads "GVGVC SIP - DAY 2- BBA(CA)- English (A)- English (SF) -Logistics -Physics -Chemistry- Maths (A) -Statistics- Maths (SF) - Zool...". Below the title bar is a toolbar with icons for "Request control", chat, hand raise, and a "Leave" button. The main content area displays a Microsoft PowerPoint slide titled "Day 2- Microsoft PowerPoint". The slide features a video feed of a woman with glasses and a red top, identified as "drsvakani1952". A notification at the top of the slide states, "Your status is set to do not disturb. You'll only get notifications for urgent messages and from your priority contacts. Change settings." To the right of the video feed is a "People" list with 255 participants, most labeled as "Unknown User". At the bottom of the slide, a participant list shows icons for "+244", "P", "BA", "UU", "L", "AA", and "K". The Zoom meeting controls at the bottom of the window show a timer at "01:04:18", a "Unmuting..." status, and icons for mute, video, chat, and hand raise. The system tray at the bottom right indicates the time is "9:46 AM 9/18/2020".