

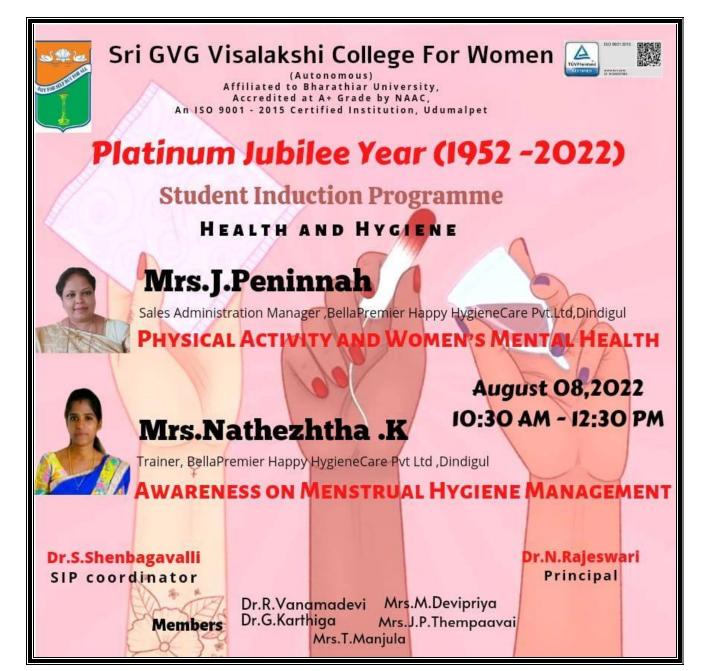
SRI G.V.G. VISALAKSHI COLLEGE FOR WOMEN Autonomous & Affiliated to Bharathiar University Accredited at A⁺ Grade by NAAC Udumalpet – 642128, Tamil Nadu. www.gvgvc.ac.in; principal@gvgvc.ac.in,

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Student Induction Programme 2022 - 2023

Session on Health & Hygiene



73 STUDENT INDUCTION PROGRAMME 2022-2023 HEALTH AND HYGLENE Date: 08/08/2022 TIME: 10-30 am - 12.39 Objective To increase awarness among adolescent girls on renstrual hygiene. The neeting commenced with prayer song by welcome note by Mrs. J. P. Thempaavai, Assistant of esset in Hathematics. The Resource person Hrs. J. Peninnah in her talk emphasise the need for good food habits and physical activity among somen to have strong mental healt Mrs. Nather tha in her lecture provided (1) The information and knowledge on mentral hygiene. (2) use of high quality sanitary napkins and sale disposal of sandary napkins in an environmentally friendly manner. (3) The ways to overcome issues during menstrual time (4) also stated on renstrual hygine management and the importance of menstrual hygiche product and stay fit. The meeting was concluded by Free Provision of hygiene napkins to students by Bella and vote of thanks by & Rock Assistant professor in History. 08/08/22 Mrs. J. Peninnah Mrs. Nathe zhitha. K Sales administration Manager, Trainer. Rajeroanin Bella premier Happy hygtens care, pvt. 2td, Dinoligue Bella Poremier Happy PRINCIPAL hygiene care put 2bd. UNCIPA SRI GVG VISALAKSHI COL S. Sherbegavat SIP coordinator VENKATESA MILLE PO UDUMALPET UDUMALPET - 642 12





