



SRI G.V.G. VISALAKSHI COLLEGE FOR WOMEN

Autonomous & Affiliated to Bharathiar University

Accredited at A+ Grade by NAAC

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STUDENT INDUCTION PROGRAMME 2022-2023 SCHEDULE

Date & Day	Session I 9.30am – 10.30 am	Session II 10.30 am – 11.30 am	Session III 11.30 am – 12.30 pm	Session IV 1.30pm – 2.30pm	Session V 2.30 pm – 3.30pm
Day I 04.08.2022 Thursday	Reporting to the Departments	Institutional Orientation Culture Ethos, Etiquettes & Manners and Value system		Familiarization with the Department	Campus Tour Visit to Library & Laboratories
Day II 05.08.2022 Friday	Motivational Talk “Ilakkoddu Va – Vazhu Vlam Pera”		Orientation on Clubs, Co-curricular & Extra Curricular Activities.	Forming Mentor -Mentee	Legal Awareness Program
Day III 06.08.2022 Saturday	Literary Activity Screening of Movie “Rocketry” : Review / Debating			Talent Show	

Date & Day	Session I 9.30am – 11.00 am	Session II 11.00am – 12.30pm	Session III 1.30pm - 3.30pm
Day IV 08.08.2022 Monday	Expert Talk on Health & Hygiene Physical Activity and Women's Mental Health Awareness on Menstrual Hygiene Management		Department Orientation
Day V 10.08.2022 Wednesday	Arts and Culture Kummi Training Batch I	Arts and Culture Kummi Training Batch II	Session on Universal Values
	Soft Skill Training College life Expectation vs. Reality Batch II	Soft Skill Training College life Expectation vs. Reality Batch I	
Day VI 11.08.2022 Thursday	Arts and Culture Kummi Training Batch II	Arts and Culture Kummi Training Batch I	Session on Physical Fitness Sports & Fitness : Step for Living
	Department Orientation Batch I	Department Orientation Batch II	
Day VII 12.08.2022 Friday	Session on Career opportunities and challenges English Language & Life	Session on E-learning resources Role of ICT in English Language Learning	Kayakalpa Yoga Batch II
			Department Orientation Batch I
Day VIII 13.08.2022 Saturday	Motivational Talk Ulloli Payanam	Soft Skill Training Self Grooming	Kayakalpa Yoga Batch I
			Department Orientation Batch II

S.No	Title of the program	Resource person
1	Motivational talk “Ilakkoddu Va – Vazhu Vlam Pera”	Dr.V.Sedipoun Assistant Professor, Department of Tamil Sri GVG Visalakshi College For Women ,Udumalpet
2	Legal Awareness Program	M.Sathyavani M.A.B.L., DLL.,& Team of Advocates Udumalpet.
3	Expert Talk on Health & Hygiene Physical Activity and Women’s Mental Health	Peninnah. J Sales Manager, Bella Premier Hygiene Care Pvt Ltd., Dindugal.
4	Expert Talk on Health & Hygiene Awareness on Menstrual Hygiene Management	Nathezhthe .K Trainer, Bella Premier Hygiene Care Pvt Ltd., Dindugal.
5	Soft Skill Training College life Expectation vs Reality & Self-Grooming	R.Priyatharsini MBA., Soft Skill Trainer.Visthula Life Skills Academy,Udumalpet
6	Kayakalpa Yoga	P.Geetha & M. Dharmaraj Yoga Professor’s Arivu Thirukovil, Temple of Consciousness, Aliyar
7	Arts and Culture -Kummi	N.Naveen. M.Tech., M.A (Psychology) Kummi Teacher, Yoga Trainer, Psychologist Naveen School of Cosmic Dance & Yoga, Coimbatore
8	Session on Universal Values	Mr. Murthy, Mr.M.S.K. Muhaiyuddin, Mrs.N.Priya MSK Life Clinic Foundation, Coimbatore
9	Session on Physical Fitness Sports & Fitness : Step for Living	Dr.R.Saravana Prabha Associate Professor, Department of Physical Education Avinashilingam Institute of Home Science & Higher Education For Women, Coimbatore

10	Career opportunities and challenges English Language and Life.	Mrs. K. Sathiya Priya,M.A., M.Phil., Assistant Professor, Department of English, Sri GVG Visalakshi College For Women – Udumalpet.
11	E-learning resources The Role of ICT in English language learning.	Dr.C.Susila.,M.A., M. Phil., Ph.D., Assistant Professor, Department of English, Sri GVG Visalakshi College For Women – Udumalpet.
12	Motivational Talk Ulloli Payanam	Poet.Iniyan Kalidas Orator, Udumalpet