

Sri GVG Visalakshi College for Women (Autonomous)

Re Accredited at A+ (Fourth Cycle)

Affiliated to Bharathiar University

An ISO 9001-2015 Certified Institution

Tirupur (DT), Tamil Nadu

## **Student Induction Programme Schedule**

Academic year 2019-2020

The College commenced for the first years on 19.06.2019.

A formal induction session began for the first year students with a week – long Student Induction Programme, followed by the Bridge Course.

Day & Date	Session I 9.30 am – 10.30 am	Session II 10.30 am - 11.30 am	Session III 11.30 am - 12.30 pm	Session IV 1.30 pm - 2.30 pm	Session V 2.30 pm - 3.30pm	Session VI 3.30 pm- 5.00 pm Physical Activity Hour
<b>Day 1</b> 19.06.2019 Wednesday	Reporting to the Concerned Department	Joint S	Orientation Session Students	Department Orientation	Forming Mentor- Mentee Batch	Games
	Batch I - Yoga & Meditation (Indoor Stadium)			Creative Art & Culture ( Conference Hall 2)		
Day 2 20.06.2019 Thursday	Batch II - Creative Art & Culture (Conference Hall 2)		Yoga & Meditation	Yoga & Meditation (Indoor Stadium)		Games
	Batch III - Literary Activity (Reading & Writing)		Mentoring	Legal Awareness Programme Venue: Conference Hall 1		
	Batch IV - Literary Activity (Reading & Writing)		Mentoring			
	Batch III - Yoga & Meditation			Creative Art & Culture		
	Batch IV - Creative Art & Culture		Yoga & Meditation	Yoga & Meditation		Lecture by Eminent Person on 'Gandhian Values' Dr.Krishnaraj Vanavarayar, Chairman, Bharathiya
Day 3 21.06.2019 Friday	Batch I - Literary Activity (Reading & Writing)		Mentoring	Campus Tour Visit to Library / Laboratories		
	Batch II - Lite (Reading &	•	Mentoring	Campu Visit to Library		Vidya Bhavan, Coimbatore.

<b>Day 4</b> 22.06.2019	Literary Activity (Library – Reading & Writing)		Mentoring	Batch I & II Legal Awareness Programme Venue: Conference Hall 1	Games	
Saturday				Batch III & IV Campus Tour Visit to Library / Laboratories		
<b>Day 5</b> 24.06.2019  Monday	Batch I & II Orientation on Learning Management System – CAMU	Mentoring on Universal Human Values		Orientation on Student Council, Clubs, Co-Curricular & Extra	Games	
	Batch III & IV Literary Activity Debate , Enact a Play			Curricular Activities		
<b>Day 6</b> 25.06.2019 Tuesday	Batch III & IV Orientation on Learning Management System – CAMU	Environmental Conservation Activity Seed Ball Making		Literary Activity Soft Skills & Group Discussion	Games	
	Batch I & II Literary Activity Debate , Enact a Play	Literary Activity Soft Skills & Group Discussion		Environmental Conservation Activity Seed Ball Making		
Doy 7	Valedictory Session  Expert Talk on			Feed Back on Student Induction Programme		
<b>Day 7</b> 26.06.2019 Wednesday	'Stress Management' Dr.Sangamithra, Professor, Department of Economics, Bharathiar University, Coimbatore					

#### **Institution Orientation - Joint Session - Parents & Students**

Freshers who stepped into the college for Under Graduate after schooling were exposed to various aspects of college administration and facilities on the first day.



## Yoga and Meditation

Yoga, the priceless gift of Ancient Indian heritage and tradition, an art and science of healthy living is the need of the hour. The Freshers were given practice session for two days on 20.06.2019 and 21.06.2019.



#### **Creative Art and Culture**

Culture represents a set of shared attitudes, values, goals and practices. Culture and creativity manifest themselves in almost all economic, social and other activities. With the plurality of its culture, India has one of the world's largest collections of songs, music, dance, theatre, folk traditions, performing arts, rites and rituals, paintings and writings that are known as the 'Intangible Cultural Heritage' (ICH) of humanity.

The students were given training in the 'Kummi, a folk dance accompanied by songs, called 'Kummi songs' popular in Tamil Nadu.



**GVGVC- Student Induction Programme** 

## **Legal Awareness Programme**

Advocates from the Udumalpet Bar Association enlightened the students on legal rights of women. They also facilitated the students regarding the laws on Sexual Harassment, Anti –Ragging and Cyber Crime.



### **Bridge Course - Literary Activity**

The course enabled the Vernacular Medium students to shun their fear and easily plunge into the pattern of collegiate education wherein the medium of instruction is English. The students were motivated to speak in English and improve their proficiency in English. Basic English Grammar was taught and tasks were given to develop their LSRW skills. Audio and video were played in order to teach them right pronunciation. The course continued till 1.07.2019



## **Library Visit: Books - The Treasure of Wisdom**

Students from all the Programmes visited the library in the allotted schedule. The Librarian oriented the students about the general rules of the library and informed about the various Journals, Reference Books & Online resources available.



## **Campus Tour**

Campus tour facilitated the students to get a first hand view of the college, to know about college facilities, culture on campus life, academics, programmes offered by the institution. They were able to learn about the built environment and overall look and feel of the institution.



# Co-Curricular & Extra Curricular Activities

- ❖ Information about the functioning of student council / Clubs etc.
- ❖ Selection drive to join in NSS/RRC/YRC/NCC/Games.



## **ICT**

ICT has become an integral to the teaching-learning interaction. The Fresher's were oriented on the College Learning Management System CAMU.

The database of the CAMU system, regarding the details of students, faculty, courses, teaching plan, teaching content, assignments, student and staff activity, question banks, question papers, examination details and other administrative related details were explained.



### **Seed Ball Preparation**

On 25<sup>th</sup> June 2019, with the motto of 'Giving Back to Nature', an initiative to improve and enhance green cover, an activity of seed ball making was taken on by our first year students.(915 students were involved in the task) 1,00,000 Neem Seed balls, made by the students, were handed over to ARANYA (Anamalai Reserve Always Needs Your Attention) Charities. The activity has kindled the spirit of the younger generation in conserving the habitat and to reclaim the lost green cover.



# **Stress Management**

Students are the most common victims of stress. An exclusive Session on 'Stress Management' was arranged for the Fresher's to enable them to manage stress in its early stage .This will support every individual in future to overcome stress and make use of academic opportunities and enhance their personality.



**GVGVC- Student Induction Programme** 

# **Hostel Activities**

