

A formal induction session began for the first year students with a week – long Student Induction Programme, from 17.09.2020 to 22.09.2020.

Date	9:30 am – 11:00 am	11:30-12:30	2:00 pm - 3:00 pm (Bridge Course)
Day 1 17.09.2020 Thursday	Welcome Note By Principal	“சிநேகத்தோடு சில மணித்துளிகள்” Dr.V.Sedipoun Assistant Professor of Tamil, GVGVC	Yoga & Meditation LSRW
Day 2 18.09.2020 Friday	Orientation on College Library Rules and regulations	Managing Anxiety- Helping Teenagers Dr. Sivakani Gynaecologists Udumalpet	Yoga & Meditation Parts of Speech
Day 3 19.09.2020 Saturday	Orientation on Co-Curricular Activities Dr.B.Sujatha Director of Physical Education GVGVC	Expert Talk on “ Sports for Brain and Body ” Dr.R.Saravana Prabha Head,Dept. of physical education Avinashilingam University, Coimbatore	Yoga & Meditation Subject Verb Agreement
Day 4 21.09.2020 Monday	“ Personality Development – A Key to Success ” Dr.Renuga Head, Dept. of English (SF), GVGVC	Bridge Course Word Games and Dialogues	Yoga & Meditation Prepositions
Day 5 22.09.2020 Tuesday	“ Language and Communication for Life ” Dr.Vadivukarasi Assistant Professor of English, GVGVC	Bridge Course Modal Verb	Yoga & Meditation Tenses

YOGA SESSION

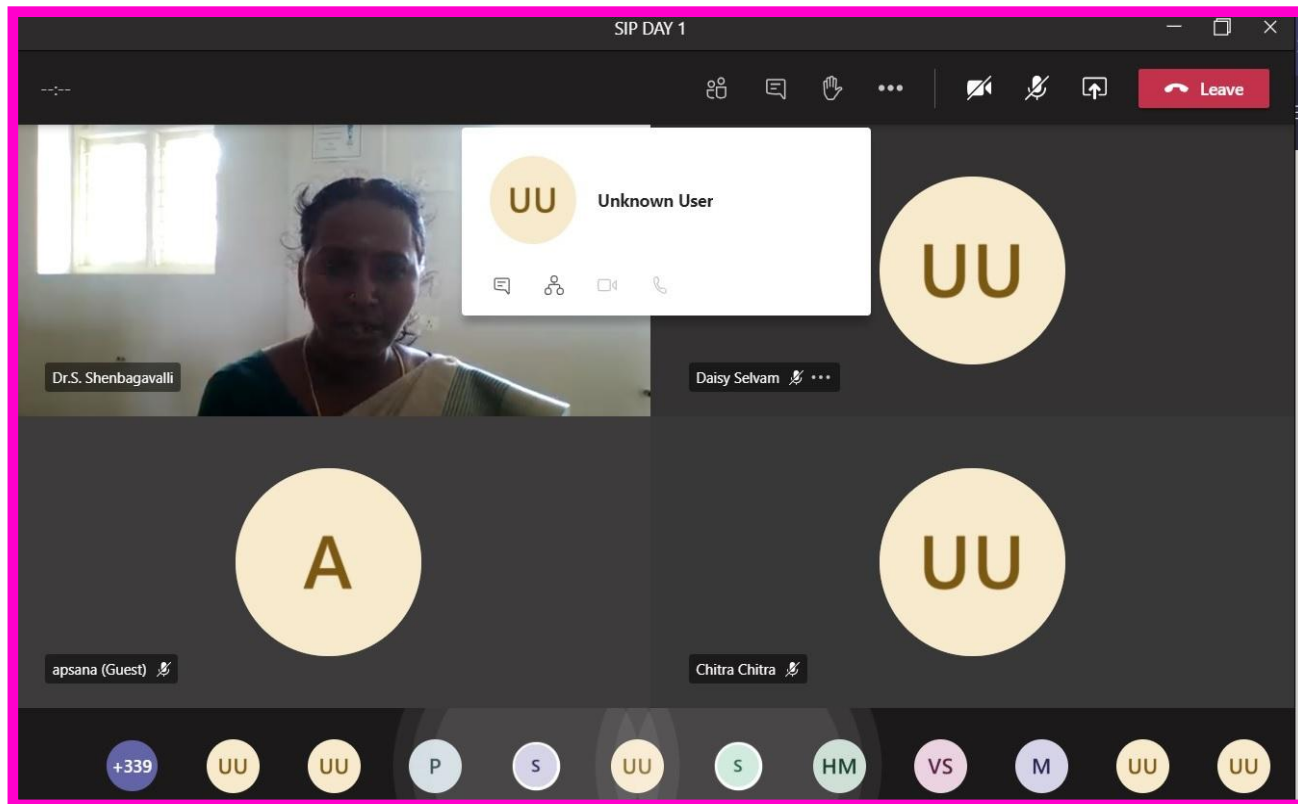
To build the inner resilience needed to navigate physical, mental and emotional stress and overcome barriers to learning, students were given practice sessions.

Dr. Sathya , Instructor, Universal Peace Foundation,,Thirumurthy Hills.



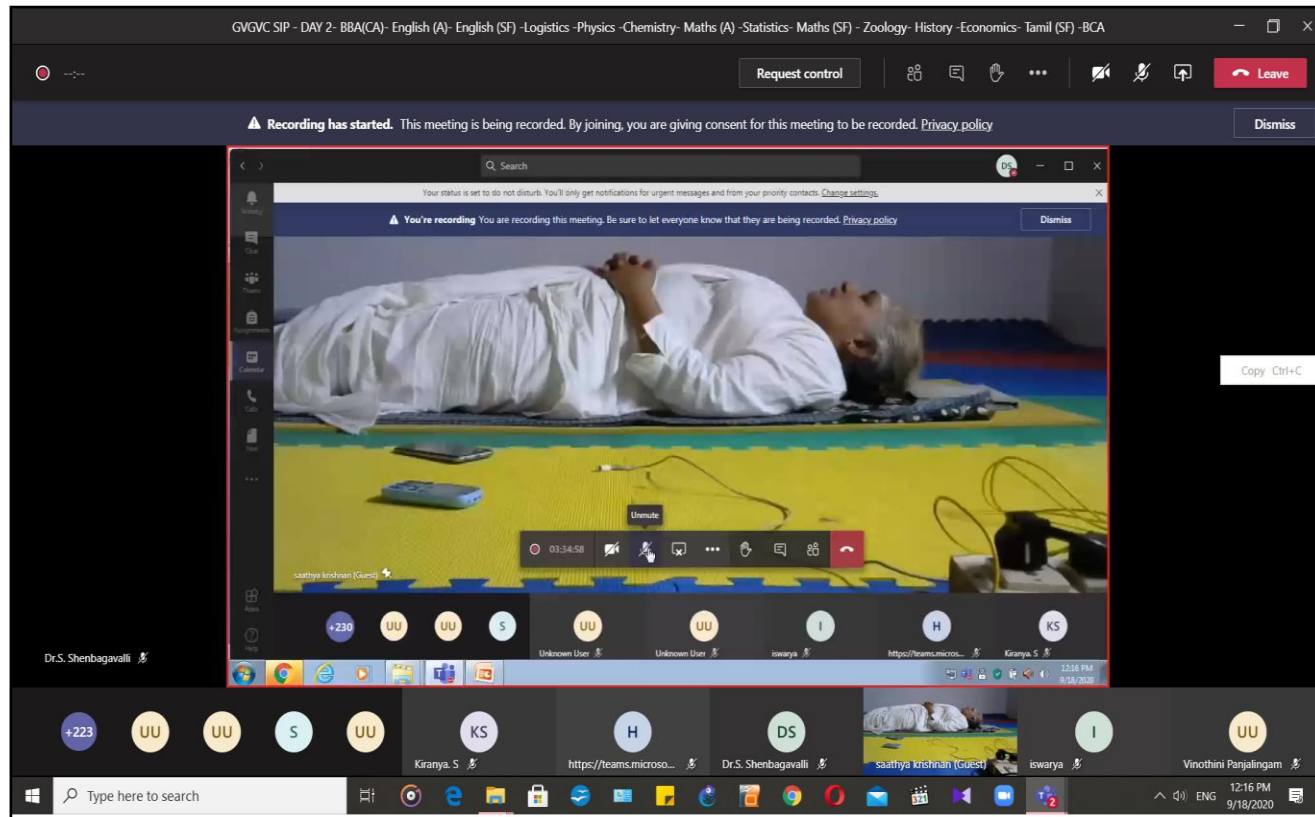
Impact of Yoga in life

**Dr.R.Sathya,Assistant Professor of Commerce (SF) & Yoga Instructor,
Sri GVG Visalakshi College for women,Udumalpet.**

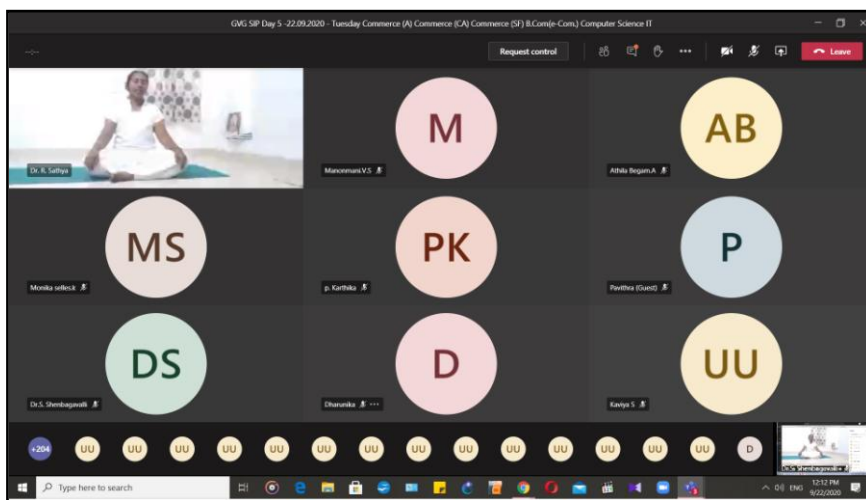
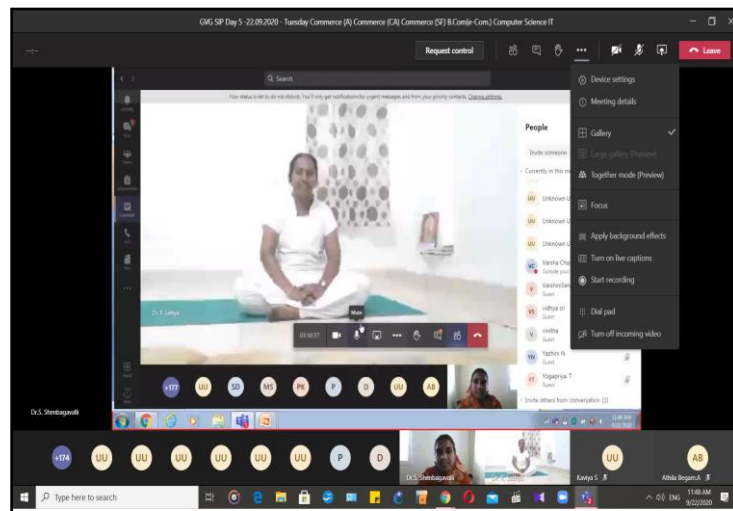
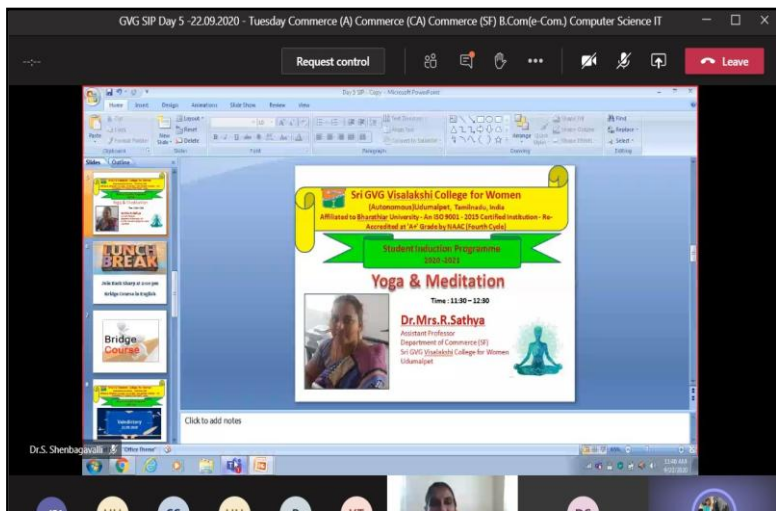


YOGA AND MEDITATION

Dr. Sathya , Instructor, Universal Peace Foundation,,Thirumurthy Hills



YOGA AND MEDITATION





Sri GVG Visalakshi College for Women

(Autonomous)

Re Accredited at A+ (Fourth Cycle)

Affiliated to Bharathiar University

An ISO 9001-2015 Certified Institution

Tirupur (DT), Tamil Nadu



Student Induction Programme

Academic Year 2020-2021

- Institution Orientation: Joint Session for Parents – Students - Teachers from 08.09.2020 to 15.09.2020.
- A formal induction session began for the first year students with a week – long Student Induction Programme, from 17.09.2020 to 22.09.2020.
- Regular classes commenced from 23.09.2020.

Institution Orientation

A meeting was arranged to meet and interact with the new comers at GVG Auditorium. Due to Covid-19 pandemic, the students and parents were divided into batches (Minimum 15 – Maximum 30). The Head of the Department explained on various academic aspects of the institution. The Faculty in charge of the programme gave orientation and trained the students on using LMS – CAMU.

A Week – Long Student Induction Programme

As a part of Induction programme experts from different leading fields were invited to interact with the students to help them face the challenges in their future.

DAY -1 (17.09.2020)

- Welcome Address – Principal i/c
- Motivational Speech - “**சிறேகத்தந ோடு சில மணித்துளிகள்**” by Dr.V. Sedipoun, Assistant Professor of Tamil, Sri GVG Visalakshi College for women, Udumalpet.
- **Yoga Session - To build the inner resilience needed to navigate physical, mental and emotional stress and overcome barriers to learning, students were given practice sessions.**
 - **Dr. Sathya , Instructor, Universal Peace Foundation,,Thirumurthy Hills.**
 - **Dr.R.Sathya,Assistant Professor of Commerce (SF) & Yoga Instructor, Sri GVG Visalakshi College for women,Udumalpet.**
- Bridge Course - LSRW Skills by Dr.Sathyapriya, Assistantt Professor of English (Aided), Sri GVG Vishalakshi Colege for Women ,Udumalpe.

DAY - 2 (18.09.2020)

- Expert Talk - “Managing Anxiety – Helping Teenagers” by Dr.Sivakani, Gynecologists .
- Orientation on College Library - Rules And Regulation by Mrs.P.Kavitha, College Librarian presented a video explaining the features of Library Management system.
- **Yoga and Meditation - Dr. Sathya , Instructor, Universal Peace Foundation,,Thirumurthy Hills.**
- Bridge Course - Parts Of Speech by Mrs.M.Sangeetha, Assistant Professor of English (SF) Sri GVG Visalakshi College for Women, Udumalpet.

DAY 3 - (19.09.2020)

- Orientation on Co-Curricular Activities - Sports by Dr.B.Sujatha, Director of Physical Education, Sri GVG Visalakshi College for Women, Udumalpet.

- Expert Talk - "Sports for Brain and Body" Dr. R. Saravana Prabha, Head, Dept.of Physical Education, Avinashilingam University
- Bridge Course - Subject Verb Agreement by Dr.M.Subhasini, Assistant Professor of English (SF) Sri GVG Visalakshi College for Women, Udumalpet.

DAY - 4 (21.09.2020)

- Expert Talk - "Personality Development -A Key to Success" Head, Dept of English (SF), Sri GVG Visalakshi College for Women, Udumalpet.
- Bridge Course - "Word Games And Dialogues" by Dr.S.Geetha, Assistant Professor of English (Aided) Sri GVG Visalakshi College for Women, Udumalpet.
- Bridge Course - " Preposition " Mrs.M.Sangeetha, Assistant Professor in English (SF), Sri GVG Visalakshi College for Women,Udumalpet.

DAY - 5 (22.09.2020)

- Expert Talk - "Language and Communication for Life" Dr. A. Vadivukkarasi, Assistant Professor in English (Aided),Sri GVG Visalakshi College for Women,Udumalpet
- Yoga and Meditation - Dr.R.Sathya,Assistant Professor of Commerce (SF) & Yoga Instructor, Sri GVG Visalakshi College for women,Udumalpet.
- Bridge Course - "Modal Verb" by Mrs.M.Gowsika ,Assistant Professor in English (SF), Sri GVG Visalakshi College for Women,Udumalpet.
- Bridge Course - "Tenses" by Dr.K.Deepa, Assistant Professor in English(Aided), Sri GVG Visalakshi College for Women, Udumalpet.
- Valedictory Session

S. Shankaranath
SIP Coordinator



S. Kalaiselva
Principal i/c
PRINCIPAL i/c
SRI GVG VISALAKSHI COLLEGE
FOR WOMEN (AUTONOMOUS)
VENKATESA MILLS (POST),
UDUMALPET - 642 128.



Sri GVG Visalakshi College for Women

(Autonomous)

Re Accredited at A+ (Fourth Cycle)

Affiliated to Bharathiar University, An ISO 9001-2015 Certified Institution
Tirupur (DT), Tamil Nadu



YOUTH RED CROSS

“Enhancing Self Care Through Yoga During COVID -19 Pandemic ” REPORT – 22.05.2021

“Whenever you are in doubt, it is best to pause few things are so pressing that they cannot wait for a moment of breath”

Objectives:

The objective of the webinar is to

- To Practice mental hygiene
- To enable the student to have good health
- To possess emotional stability
- To integrate moral values

GOOGLE MEET LINK: <https://meet.google.com/gwi.caai-gnv>

No-of –Students Enrolled -99



SRI G.V.G VISALAKSHI COLLEGE FOR WOMEN(Autonomous)
Affiliated to Bharathiar University, A
credited at A+ Grade by NAAC (Fourth Cycle)
An ISO 9001:2015 Certified Institution, Udumalpet 642 126, Tamilnadu



Youth Red Cross Club Organized a One day Workshop on
TOPIC: ENHANCING SELF CARE
THROUGH YOGA DURING COVID -19
PANDEMIC



Date : 22-05-2021 Time :2.00pm



A special Address by

Dr. R.VIJAYAKUMAR
Assistant Professor of Philosophy, Religion & Culture
Poompuhar college, Melaiyur
,Mayiladuthurai [DT]

Ms. S.Lalithambigai
Student Convenor

Dr.P,Siranjeevi
YRC Convenor

Dr.N,Rajeswari
Principal

Report

22.05.2021

Self Care Awareness Programme

A few minutes of yoga during the day can be a great way to get rid of stress that accumulates daily in both body and the mind. Yoga postures, pranayama and meditation are effective techniques to release stress. Meditation is relaxation and rejuvenates the body and mind.

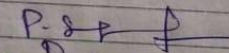
With the encouragement and support from the management and the Principal, Youth Red Cross Club organized "one day workshop on "Enhancing Self Care through yoga during COVID-19 Pandemic on 22.05.2021 at 2.00pm exclusively for the students of Youth Red Cross Club. Dr. P. Sivanjevi, YRC Convener & Assistant Professor of History extended her warm welcome and introduced the chief guest and the participants. The Resource person Dr. R. Vijayakumar, Assistant Professor of Philosophy, Religion & Culture, Poompuhat College, Melaiyur, Mayiladuthurai, took yoga session with great dedication. The students participated with full interest, enthusiasm and eagerness. The session began by seeking the blessings of the Almighty by chanting the Gayatri mantra. Asanas starting with warming up and stretching were followed by a series of Padmasana, Sukhasana, Tadasana, Bhujangasana and ending with Shavasana. Exercises for relieving stress, reducing joint pain, self strength and enhancing

the flexibility of the backbone were also done for the benefit of the students

The workshop instilled the value and importance of yoga and made the students to understand how imperative self care through yoga is for each and every one. The session was lively and interactive. Queries of the students were answered

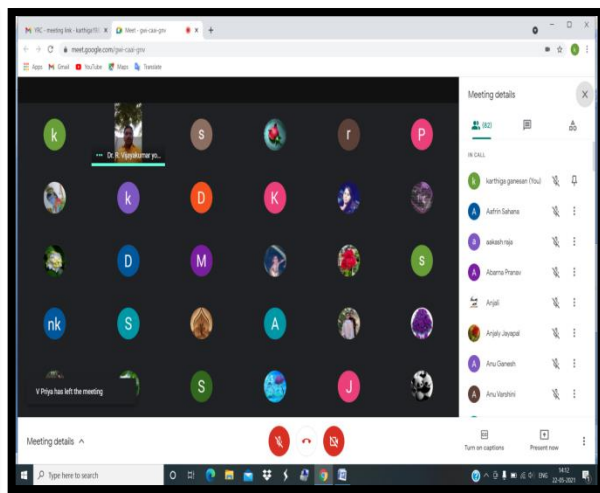
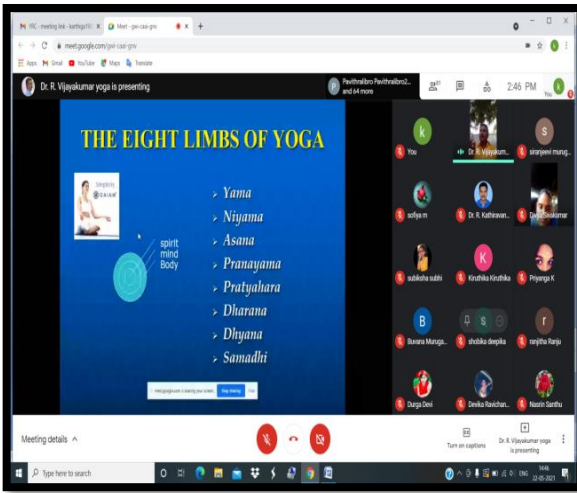
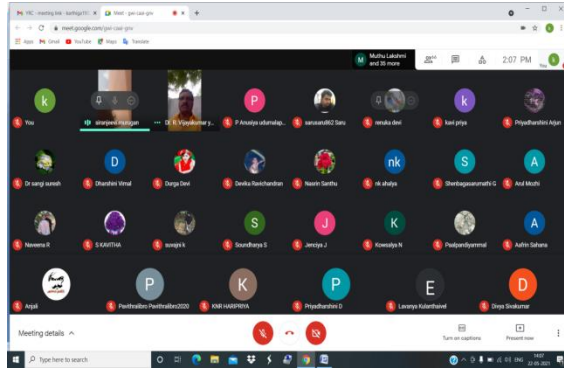
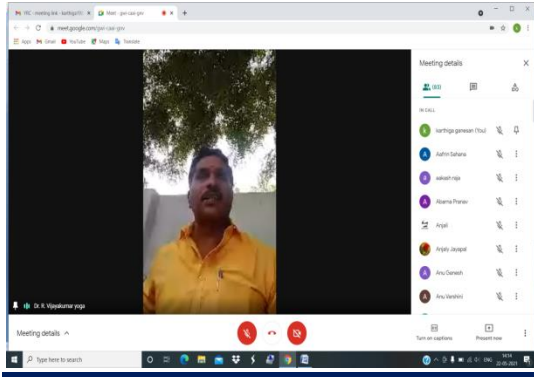
Dr. P. Siranjeevi, YRC Convenor & Assistant Professor of History proposed the vote of thanks.

99 students participated in the workshop

P.S.P. 
Dr. P. SIRANJEEVI
Programme Officer

Rajiswari N
Principal

Screen shots:





Sri GVG Visalakshi College for Women(Autonomous)



Value Education Centre

Life Skill Programme Organised by Value Education Centre on
09.06.2021-11.06.2021

Invitation

 **SRI GVG VISALAKSHI COLLEGE FOR WOMEN (AUTONOMOUS)**
AFFILIATED TO BHARATHIAR UNIVERSITY
ACCREDITED TO A+ GRADE BY NAAC (4TH CYCLE)
AN ISO 9001:2015 CERTIFIED INSTITUTION
UDUMALPET, TAMILNADU



VALUE EDUCATION CENTRE
Organises Three Day Webinar on Life Skills from 9th to 11 th June 2021
Time : 10.00 am to 11.00 am


Yoga And Meditation
Meignanasiriyai K.Shathanayaki
M.Sc Yoga,
Universal Peace Foundation.
Thirumurthi Hills, Udumalpet
<https://teams.live.com/meet/95882228494338>


**Secret to Reduce Stress & Creating
Balance through Oyil Kummi**
Mr.Naveen, M.Tech, M.Sc., M.A (Yoga)
Head of Prabhanja Nandanakulu,
Coimbatore
<https://teams.live.com/meet/95963062625090>


Human Values & Ethics
Dr.R.Asokan
Associate Professor
Govt.Arts College
Salem
<https://teams.live.com/meet/95238457168918>

Dr. N Rajeswari (Principal) Dr.K.Kaliammal (Convener) Dr.D.Manimozhi Dr.V.Sathya
Chief Patron Organising Secretary Organising Member Organising Member
Made with PosterMyWall.com

Convener : Dr.K.Kaliammal, Associate Professor of Economics
Topic : Yoga and Meditation
Guest Speaker : Meignanasiriyai K. Shanthanayaki, University Peace
Foundation, Thirumoorthy Hills, Udumalpet
Date : 09.06.2021
Time : 10.00 am – 11.00 am
Online Mode : Microsoft Teams
Teams Link : <https://teams.live.com/meet/95882228494338>

Members : Dr.D.Manimozhi, Assistant Professor of Economics

Dr.V.Sathya, Assistant Professor of Commerce (SF)

No. of Participants : 269(I UG Students)

Report on Day 1 (09.06.2021)

The Webinar Series on “**Life skills**” was organized by the Centre for Value Education, Sri G.V.G Visalakshi College for Women(Autonomous), Udumalpet from 09.06.2021-11.06.2021, through video conference using Microsoft Teams Platform.

The aim was to provide awareness about Yoga and Meditation for a healthy life. A total of 269 participants comprising students and faculty members from various departments of the host institution attended the webinar.

The webinar started at 10.00 am with welcome to the Resource Person Meignanasiriyai K.Santhanayaki, Universal Peace Foundation, Thirumoorthy Hills, Udumalpet and welcomed the participants by Dr.K.Kalimmal, Associate Professor of Economics. She also introduced the speaker.

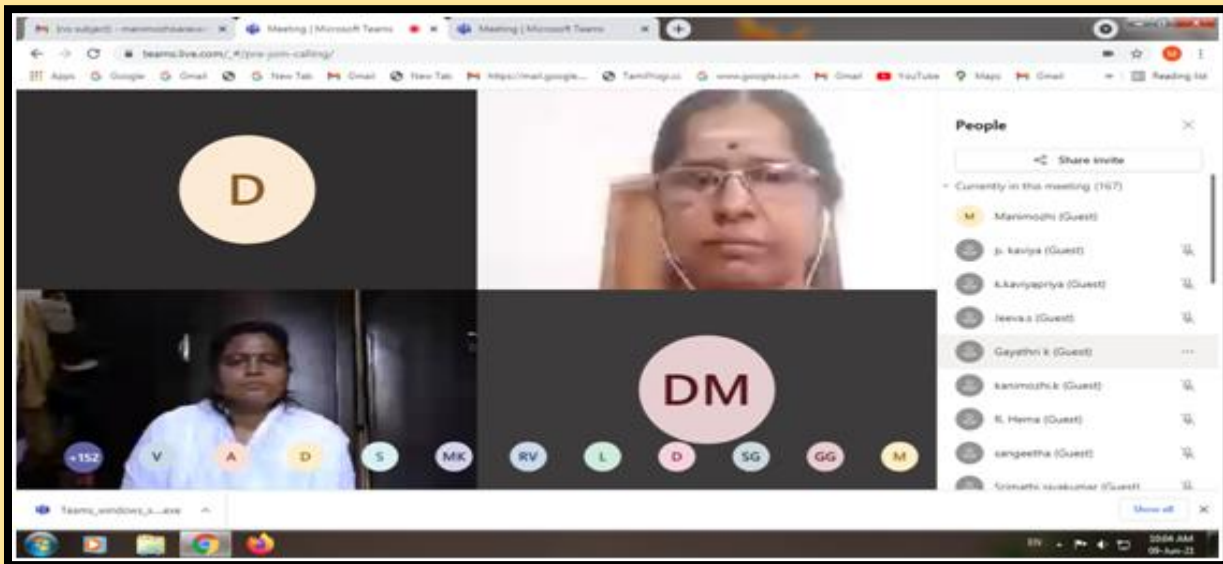
The speaker demonstrated the various asanas and explained the benefits of asanas. She motivated the participants to practice in their daily life.

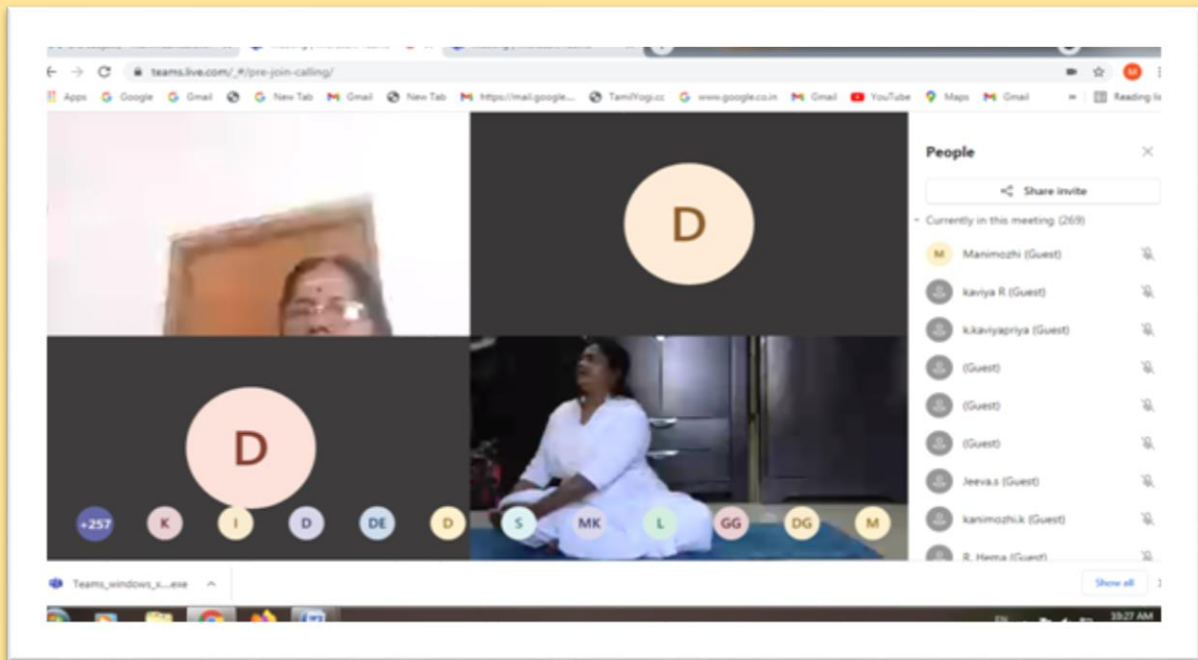
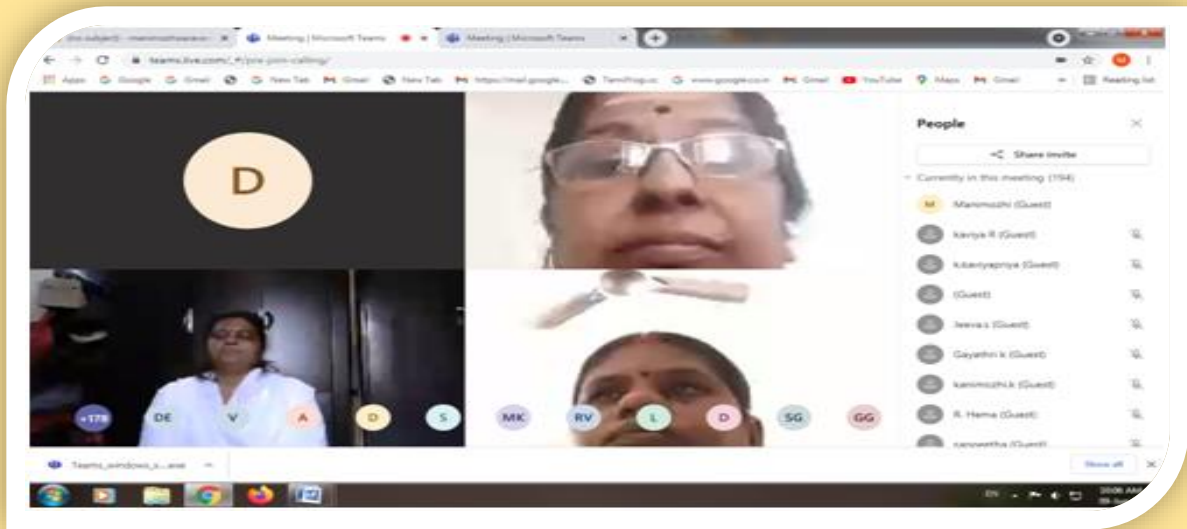
In the interactive session, the clarification and queries of the participants were addressed by the resource person. The programme ended with the concluding remarks and Vote of Thanks given by Dr.D.Manimozhi, Assistant Professor of Economics

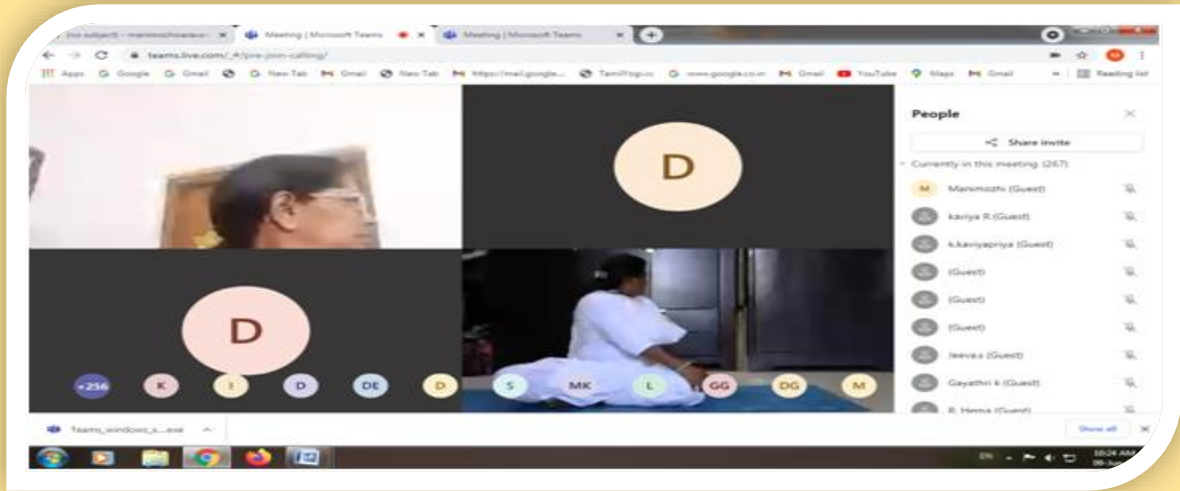
The programme was coordinated by Dr.V..Sathya, Assistant Professor of B.Com (SF).

Glimpses of the Webinar

DAY 1







Day 2



Convener	: Dr.K.Kaliammal, Associate Professor of Economics
Topic	: Secret to reducing stress & creating balance through Oyil Kummi
Guest Speaker	: Mr Naveen, Head of Prabhanja Nadanakulu,Coimbatore
Date	: 10.06.2021
Time	: 10.00 am – 11.00 am
Online Mode	: Microsoft Teams
Teams Link	: https://teams.live.com/meet/95963062625090
Members	: Dr.D.Manimozhi, Assistant Professor of Economics Dr.V.Sathya, Assistant Professor of Commerce (SF)
No. of Participants	: 281 (I UG Students)

Report on Day 2 (10.06.2021)

The second day of the webinar focused on the secret to reducing stress and creating balance through Oyil Kummi. The session started at 10.00 am Dr.V.Sathya, Assistant Professor of B.Com(SF) welcoming and introducing the guest speaker Mr.N.Naveen,M.Tech., M.S., M.A(Yoga), Head of Prabhanja Nadanakulu, Coimbatore.

The objective of the webinar was to give exposure to the students about the Oyil Kummiyattam and how to reduce the stress and create balance for their entire life. 284 participants were present for the webinar.

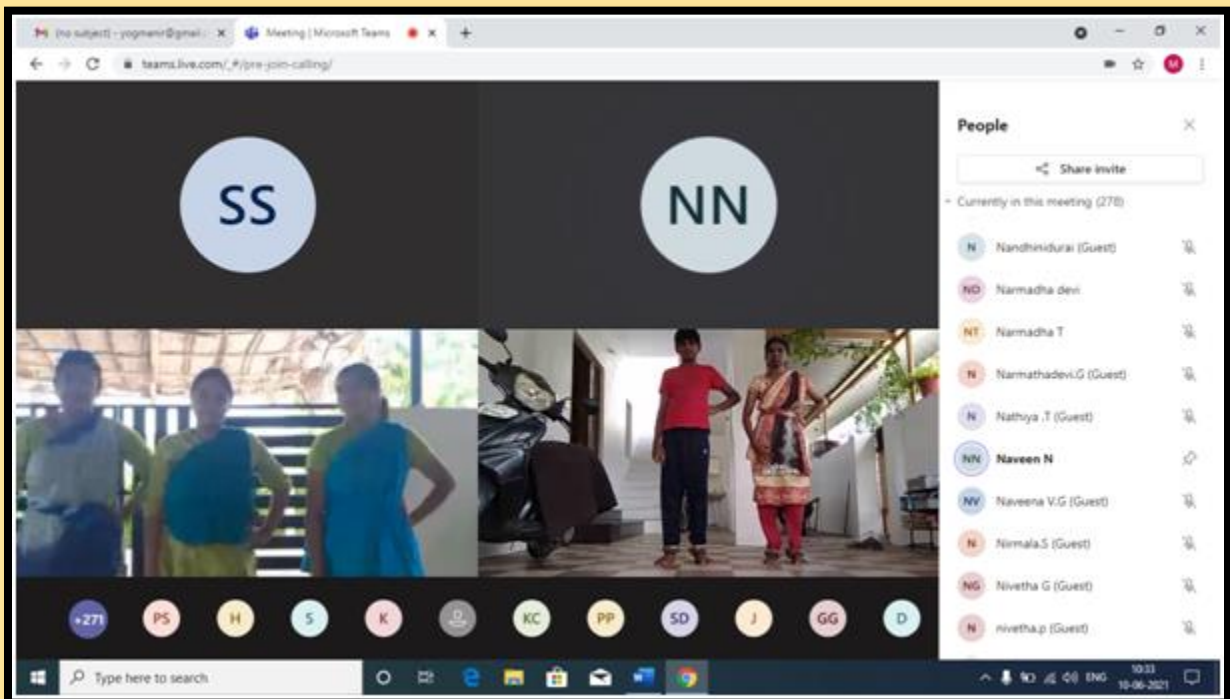
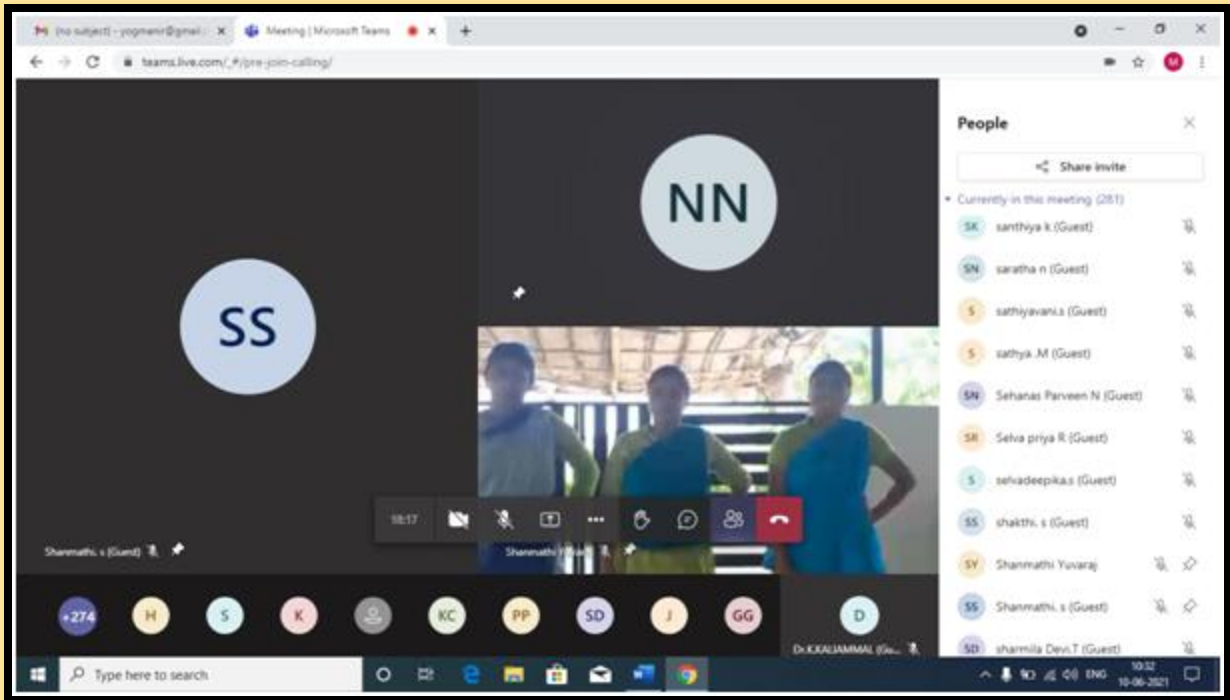
The speaker detailed the meaning of stress, types of oyil kummi and impact of oyil kummiyattam. He explained the ways to reduce the stress and create balancing through oyil kummiyattam.He also demonstrated oyil kummiyattam for various songs with his team members. He requested the participants to practice oyil kummi in their free time.

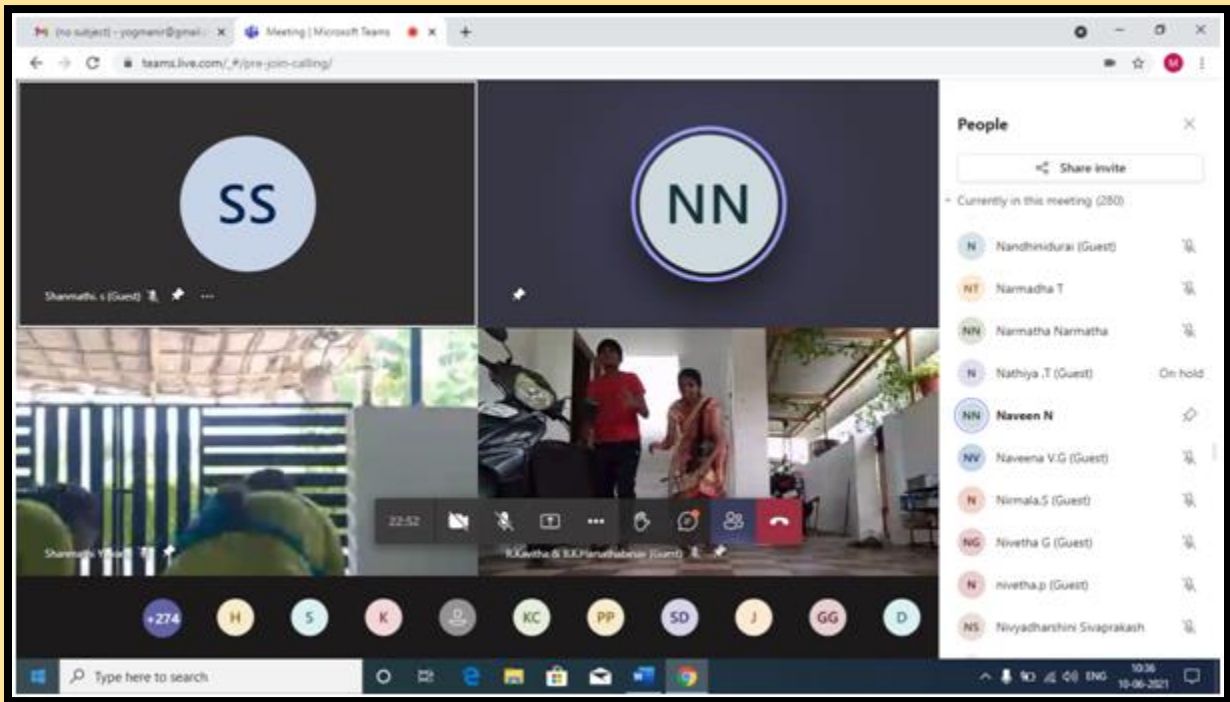
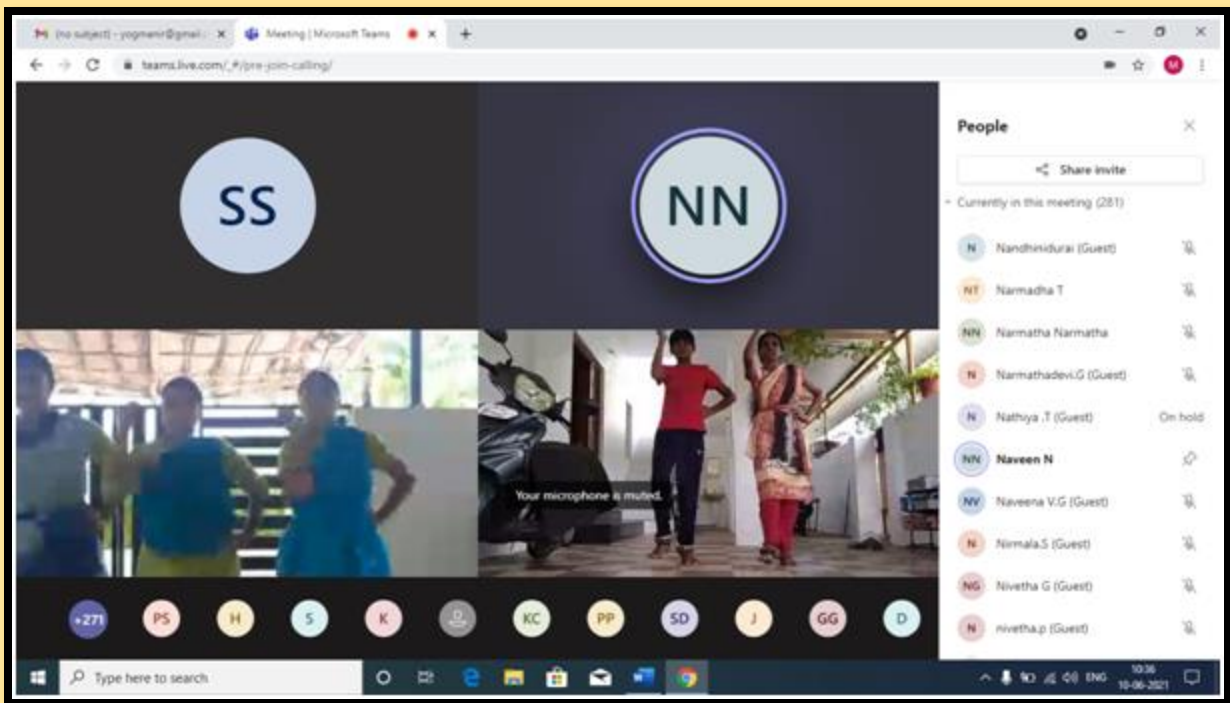
The speaker cleared the doubts of the participants and Dr.K. Kaliasammal, Associate Professor of Economics who coordinated the programme voiced words of gratitude.

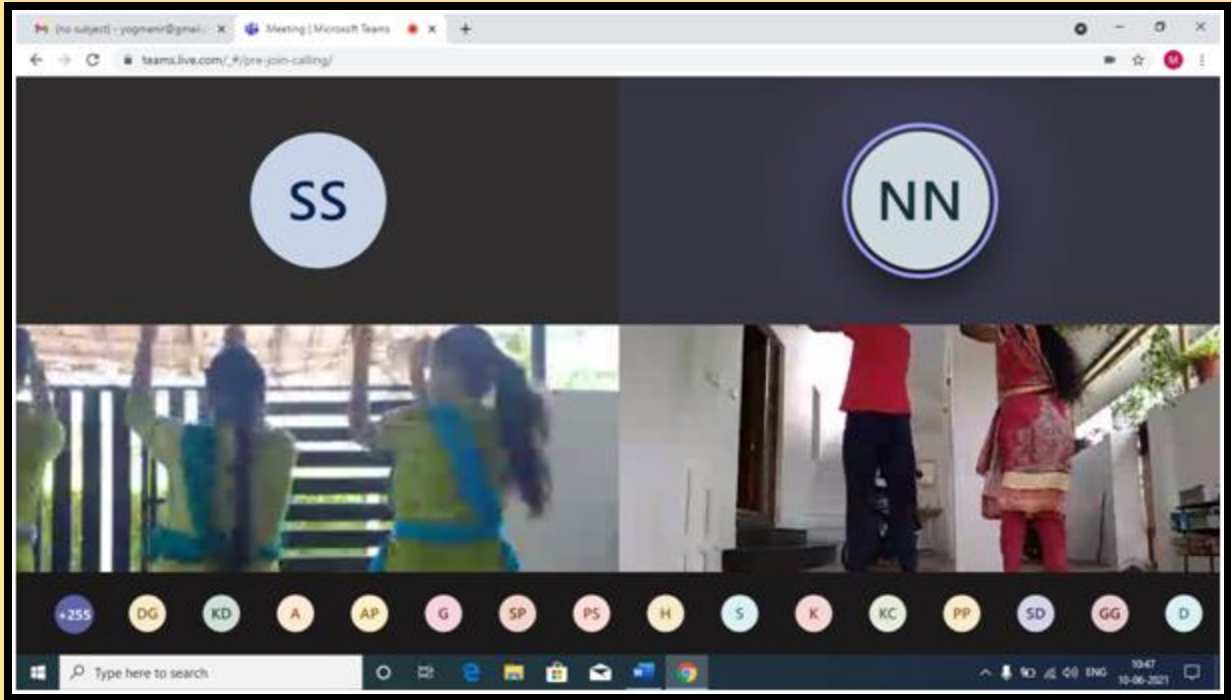
Glimpses of the Webinar

DAY2









Day 3



- Convener : Dr.K.Kaliammal, Associate Professor of Economics
- Topic : Human Values and Ethics
- Guest Speaker : Dr.R.Asokan, Associate Professor of Economics, Government Arts College, Salem.
- Date : 11.06.2021
- Time : 10.00 am – 11.00 am
- Online Mode : Microsoft Teams
- Teams Link : <https://teams.live.com/meet/95814354552966>
- Members : Dr.D.Manimozhi, Assistant Professor of Economics
Dr.V.Sathya, Assistant Professor of Commerce (SF)
- No. of Participants : 265 (I UG Students)

Report on Day 3 (11.06.2021)

The importance of Human Values and Ethics was taken up for discussion on the third day of the webinar. Dr.L.Dhanalakshmi, Assistant Professor of Economics with Logistics and Freight Management welcomed the gathering and introduced the Guest Speaker Dr.R.Asokan, Associate Professor of Economics, Government Arts College, Salem.

The webinar intended to stress the importance of human values and ethics. The total beneficiaries of the programme was 261.

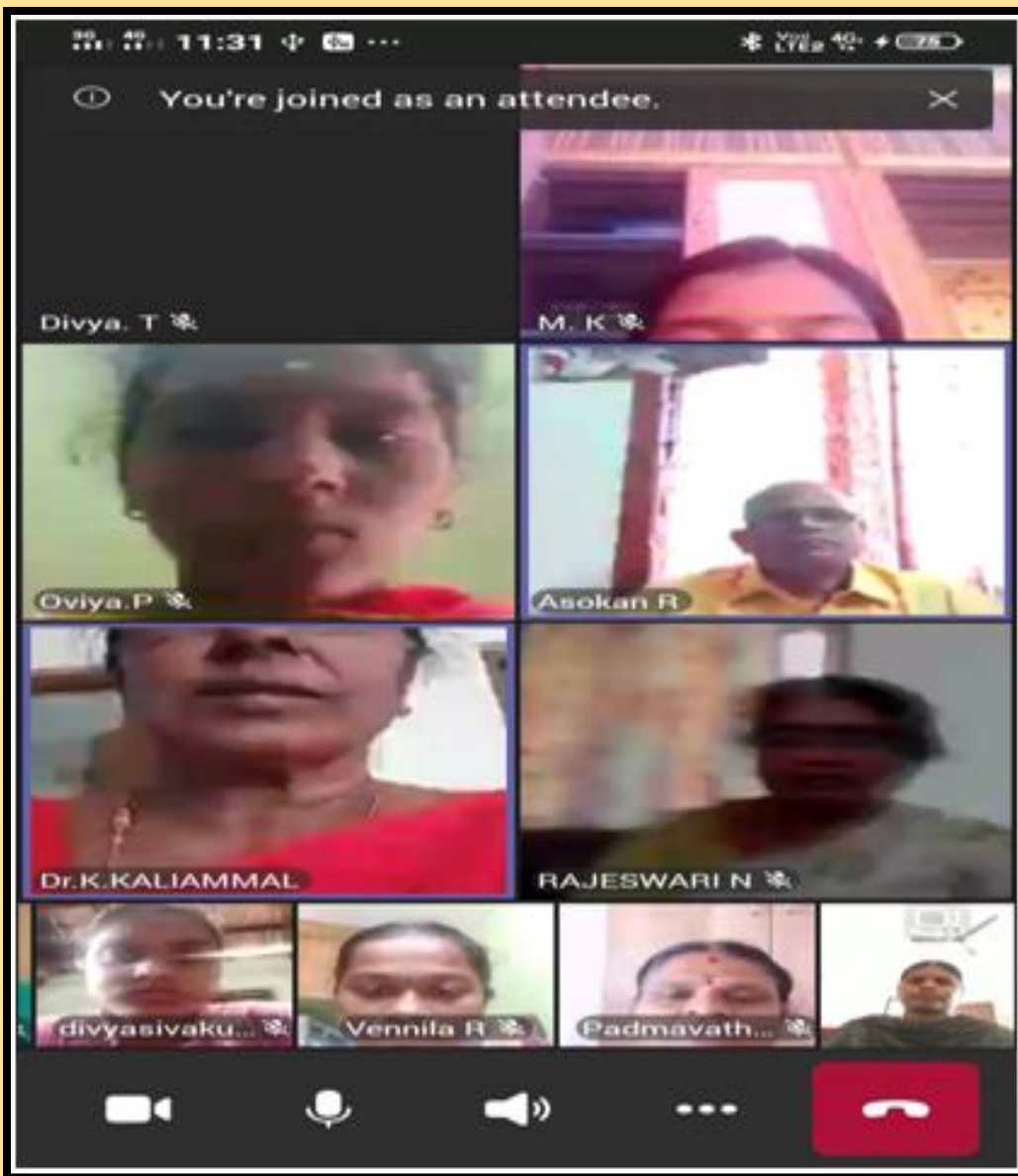
The resource person explicated basic values, sub values, ethical education, types of ethics, benefits of managing ethics in the workplace and value education with lively examples

He cleared the doubts of the participants. Ms.B.Theetchiga, Assistant Professor of Computer Science coordinated the programme.

Glimpses of the Webinar

DAY 3





You're joined as an attendee. X

Divya. T

M. K

Oviya.P

Asoka R

Dr.K.KALIAMMAL

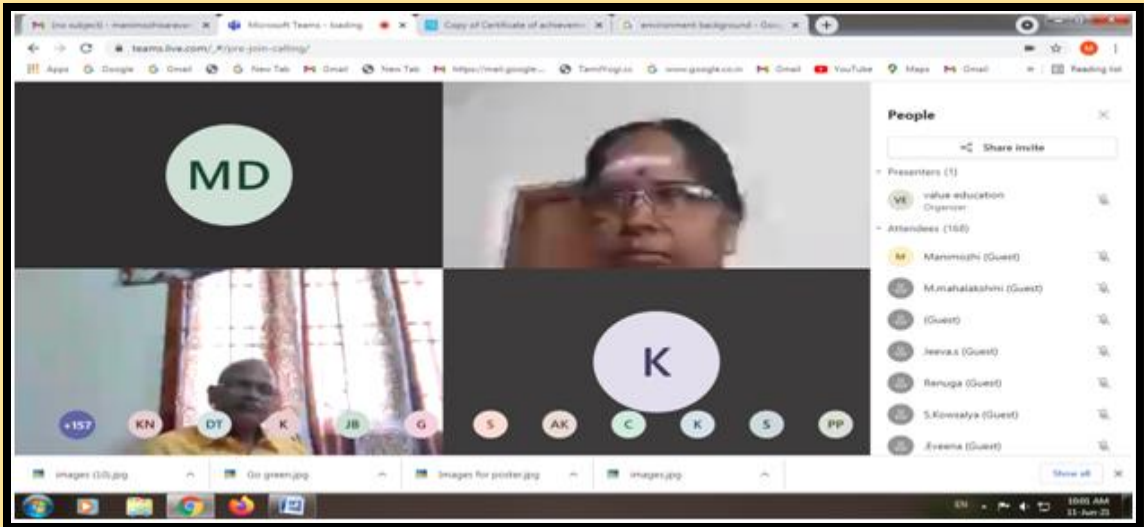
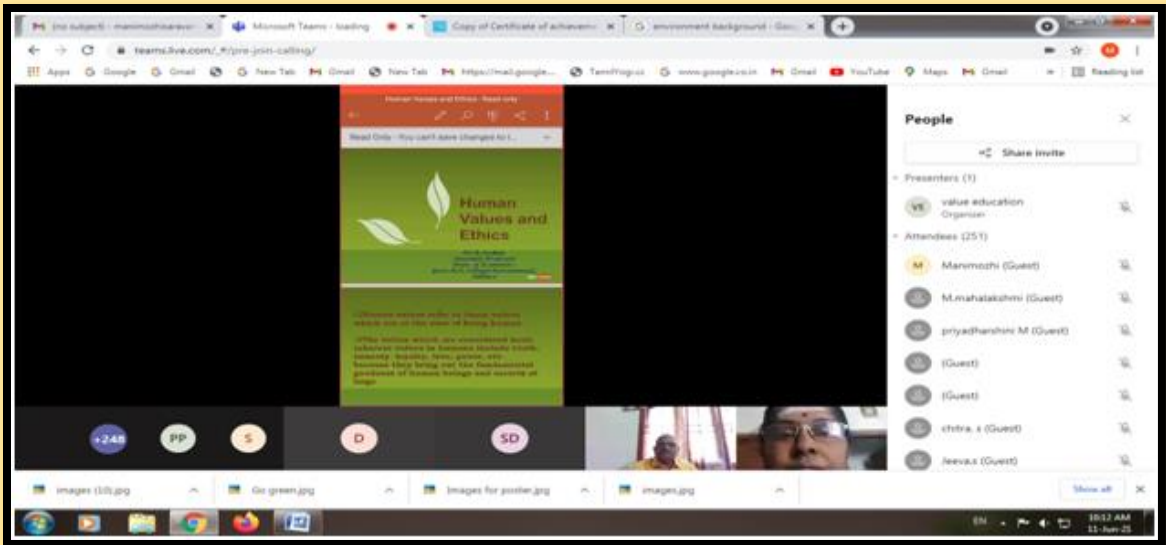
RAJESWARI N

divyasivaku...

Vennila R

Padmavath...





Microsoft Teams meeting interface showing a slide titled "GRID OF HUMAN VALUES AND SUB VALUES".

Right Conduct	Peace	Truth	Love	Non-Violence
Manners	Patience	Truthfulness	Kindness	Consideration
Health Awareness	Concentration	Creativity	Friendship	Cooperation
Helpfulness	Positiveness	Honesty	Forgiveness	Global Stewardship
Responsibility	Self Acceptance	Determination	Generosity	Loyalty
Independence	Self Discipline	Fairness	Compassion	Active Citizenship
Perseverance	Thankfulness	Trust	Tolerance	Justice
Courage	Contentment	Reflection	Service	Respect

People list:

- Presenters (1): value education (Organizer)
- Attendees (254): Manimodhi (Guest), M.mahalakshmi (Guest), priyadhanshi M (Guest), (Guest), chitra.s (Guest), jeevas (Guest), AkalyamalathiA (Guest)

Taskbar: Images (12).jpg, Go green.jpg, Images for poster.jpg, images.jpg. Time: 10:33 AM, 11-Jan-22.

Report

Sri G.V.G. Visalakshi College for Women, Udumalpet
[For Students admitted during the year 2020-2021]

The Webinar Series on Life Skills was Organised by the Centre for Value Education from 9/6/2021 - 11/6/2021, through video conferencing using Microsoft Team platform.

Day 1

The Webinar started at 10 a.m. with welcome to the Resource Person Meignanasiriyai K. Santha-nayagi, Universal Peace Foundation, Thirumuthi Hills, Udumalpet and welcomed participants by Dr. K. Kaliamma, Associate professor of Economics. She also introduced the speaker.

The speaker demonstrated the various asanas and explained benefits of asanas. She motivated the participants to practice for their daily life.

A total of 269 participants comprising students and faculty members from various departments attended the webinar.

In the interactive session, the clarifications and queries of the participants were addressed by the resource person. The programme ended with the concluding remarks and vote of thanks by Dr. Manimozhi, Assistant Professor of Economics

Day 2

The second day of the webinar focussed on Secret to reduce stress and creating balance through Oyilkummi. The session started at 10 a.m. with Dr. R. Sathya Assistant Professor of Bcom(CFA) welcoming and introducing the Guest speaker, Mr. Naveen, M.Tech, M.Sc., MA(Yoga), Head of Prabhanja Nadanakulu, Coimbatore.

284 participants were present for the webinar. The speaker detailed the meaning of stress, types of Oyilkummi and the impact for Oyilkummi and also demonstrated Oyilkummi for various songs with his team members. He requested the participants to practice Oyilkummi for their free times.

The speaker cleared the doubts of the participants, Dr. K. Kaliammal, Associate Professor of Economics who coordinated the Programme.

Day 3

The importance of Human values and ethics was taken up for discussion the third day of the webinar. Dr. L. Dhanalakshmi Assistant professor of Logistics and Freight Management welcomed the gathering and introduced the chief guest Dr. R. Asokan, Associate professor of Economics, Government Arts college (Autonomous), Salem.

The total beneficiaries of the Programme was 261.

The resource person explicated basic values, sub values, ethical education, types of ethics, benefits of managing ethics in the work place and value Education with lively example.

He cleared the doubts of the participants. Mrs. B. Teetchiga, Assistant Professor of Computer Science, presented the vote of thanks. A. Arthy, Assistant Professor of Computer Science coordinated the programme.

K. Kalanithi
Convenor

Rajivarsi
Principal

Members :

1. Dr. D. Manimozhi D. Manimozhi
2. Dr. V. Sathy Sathy

Feedback

	Email ID	Name of the Participant	Name of the Institution	Relevance and content of the webinar
6/11/2021 10:59:24	sehanasparveen2003@gmail.com	N. Sehanas Parveen	Sri GVG Visalakshi college for women	Excellent
6/11/2021 10:59:26	sandhiyanipalaniswamy1000@gmail.com	P.sandhyarani	Sri gvg vishalakshi college for women	Excellent
6/11/2021 10:59:28	nandhiniayyappan2003@gmail.com	A.Nandhini	G.V.G.vishalakshi college for women	Good
6/11/2021 10:59:50	Swethachinnuswetha95@gmail.com	Swetha.c	Sri GVG Visalakshi college for women	Excellent
6/11/2021 10:59:51	jeevithasankar2003@gmail.com	S.Jeevitha	Sri GVG Visalakshi College For Women	Excellent
6/11/2021 10:59:52	mohanapriyas.bsccs20@gmail.com	S.mohanapriya	Sri GVG visalakshi college for women, udumalpet	Excellent
6/11/2021 10:59:56	sowmiyamuthukannanbsccs20@gmail.com	M.Sowmiya	Sri gvg visalakshi college for women	Excellent
6/11/2021 10:59:57	Cutucat5@gmail.com	S. Jaya suriya	Sri gvg vishalakshi college for women	Excellent
6/11/2021 11:00:05	priya003che@gmail.com	M.Priyadharshini	SRI G.V.G VISALAKSHI COLLEGE FOR WOMEN	Excellent
6/11/2021 11:00:14	miruthula6603@gmail.com	P.Miruthula	Sri GVG Vishalakshi college for womens	Very Good
6/11/2021 11:00:16	subae.bsccs20@gmail.com	Computer science	SRI GVG VISALAK	Excellent

			SHI COLLEGE FOR WOMEN	
6/11/2021 11:00:17	Kaviya638114@gmail.com	M. Kaviya	Sri g.v.g visalakshi college for women	Very Good
6/11/2021 11:00:24	sakthisrinivasan7223@gmail.com	SAKTHIRAJES WARI	SRI GVG VISALAKSHI COLLEGE FOR WOMEN	Excellent
6/11/2021 11:00:25	kowsalyakuppusamy22@gmail.com	k.kowsalya	Sri GVG Visalakshi College for Women	Very Good
6/11/2021 11:00:25	sakthivelswathi2003@gmail.com	Swathi.S	Sri GVG vishalakshi college for women udamalpet	Excellent
6/11/2021 11:00:46	latha.rr22@gmail.com	R.Pushpalatha	Sri. GVG vishalakshi college for women, Udumalpet.	Excellent
6/11/2021 11:00:48	kowsika71@gmail.com	K.kowsika	Sri GVg visalakshi collage for women, udumalpet	Very Good
6/11/2021 11:01:03	dharanisenthilkumar003@gmail.com	S.Dharani Selvi	Sri GVG Visalakshi college for women	Excellent
6/11/2021 11:01:07	S. Lavanya	S. Lavanya	Gvg arts and science	Excellent, Very Good
6/11/2021 11:01:09	devimm03@gmail.com	Mahadevi M	Sri GVG vishalakshi college for women, udumalpet	Excellent
6/11/2021 11:01:12	tamilselvis.bsccs20@gmail.com	Tamilselvi.s	Sri gvg visalakshi college for women	Excellent

6/11/2021 11:01:15	madhumithamadhumitha269@gmail.com	T.Madhumitha	Sri gvg visalakshi college for women	Excellent, Very Good
6/11/2021 11:01:16	umamaheswaritd@gmail.com	Uma Maheswari T	Sri G.V.G Vishalakshi College for Women, udumalpet .	Excellent
6/11/2021 11:01:38	narmathalibre2020@gmail.com	Narmatha.T	Sri G.V.G Visalakshi College for Women	Good
6/11/2021 11:01:46	krishsaranya7@gmail.com	D.Saranya	Sri GVG Visalakshi college for women	Good
6/11/2021 11:01:50	manishamanisha72457@gmail.com	P. Manisha	Sri GVG Visalakshi college for women	Excellent
6/11/2021 11:02:16	indhumathiskotlin2020@gmail.com	Indhumathi.S	Sri G.V.G visalakshi college for women.	Very Good
6/11/2021 11:02:20	revathisanthiya8@gmail.com	G.Revathi	Gvg.vishal akshi college	Excellent
6/11/2021 11:02:48	kokiladinesh173@gmail.com	P.Kokila	Sri GVG visalakshi College for women udumalpet	Excellent
6/11/2021 11:02:58	nafeesajaheer@gmail.com	J.Nafeesa Begum	Sri GVG Visalakshi College for Women, Udumalpe t	Very Good
6/11/2021 11:02:58	Srimathia2003@gmail.com	A.Srimathi	Sri G.V.G visalakshi college for women	Very Good
6/11/2021 11:03:05	mabiramimabirami8@gmail.com	M.Abirami	Sri GVG visalakshi college for women udumalpet	Excellent
6/11/2021	rishikhaayyappan@gmail.com	A.Rishikha	Sri. G.V.G	Excellent

11:03:32			VISHALA KSHI CLG FOR WOMENS UDUMAL PET	
6/11/2021 11:03:33	blessyancie9629@gmail.com	Ancie Blessing.B	Sri GVG Visalakshi college for women, Udumalpe t.	Excellent
6/11/2021 11:03:48	banumnasrin1@gmail.com	M.Nasrin banu	Sri GVG visalakshi college for women	Excellent
6/11/2021 11:04:11	kowsalyakuppusamy22@gmail.com	k.kowsalya	Sri GVG Visalakshi College for Women	Excellent
6/11/2021 11:04:34	desika168@gmail.com	Desika.M	Sri GVG Visalakshi College for Women	Excellent
6/11/2021 11:04:36	abiramiebsccs20@gmail.com	E Abirami	Sri GVG visalakshi college for women	Excellent
6/11/2021 11:04:59	tamilselvikuttyraj15@gmail.com	Tamil Selvi	Sri GVG visalakshi college for women udumalpet	Excellent
6/11/2021 11:05:13	kalpanan3625@gmail.com	N. Kalpana	Sri G. V. G. Visalakshi College for Women	Excellent
6/11/2021 11:05:21	santhiyak062@gmail.com	Santhiya k	SRI GVG Visalakshi college for women Udumalpe t	Excellent
6/11/2021 11:05:35	nandhiniayyappan2003@gmail.com	A.Nandhini	G.V.G.vis alakshi college for women	Satisfactory
6/11/2021	Sonashanmugam45@gmail.com	S.sona	Sr G.V.G	Excellent

11:05:35			visalakshi college for women	
6/11/2021 11:06:11	jeevithasankar2003@gmail.com	S.Jeevitha	Sri GVG Visalakshi College For Women	Excellent
6/11/2021 11:06:17	abiramisenthilnathan17@gmail.com	Abirami.S	Gvg visalakshi college for women	Good
6/11/2021 11:06:48	jayashreepathmanaban@gmail.com	Jayashree. P	Sri gvg vishalakshi college for women ,udumalpet	Very Good
6/11/2021 11:06:49	sharanyaramachandran313@gmail.com	Sharanya R	Sri GVG Vishalakshi College for Women	Excellent
6/11/2021 11:06:56	Pp9209887@gamil.com	S. Pavithra	Sri. G.v.g visalakshi college for women	Excellent
6/11/2021 11:07:00	deepikaraju2003@gmail.com	R.Deepika	GVG Visalakshi College for women	Very Good
6/11/2021 11:07:08	manishamanisha72457@gmail.com	P .Manisha	Sri GVG Visalakshi college for women	Excellent
6/11/2021 11:07:28	saranyar.bsccs20@gmail.com	R.Saranya	Sri GVG visalakshi college for women	Good
6/11/2021 11:07:41	sehanasparveen2003@gmail.com	N. Sehanas Parveen	Sri GVG Visalakshi college for women	Excellent
6/11/2021 11:07:48	dharani8793@gmail.com	S. DHARANI	Sri gvg visalakshi college for women	Excellent
6/11/2021 11:07:56	nivyadharshinisivaprakash1209@gmail.com	S.Nivyadharshini	Sri GVG visalakshi college for women	Excellent
6/11/2021 11:07:59	deepikaraju2003@gmail.com	R.Deepika	GVG Visalakshi	Very Good

			College for women	
6/11/2021 11:08:04	karthikamuthusamy900@gmail.com	M. Karthika	Sri GVG visalakshi college for women, udumalpet	Excellent
6/11/2021 11:08:25	kalaiselvikalai54@gmail.com	Kalaiselvi.S	Sri G.V.G Visalakshi College For Woman	Excellent
6/11/2021 11:08:37	ss6107765@gmail.com	S.Gokila	Sri GVG Vishalakshi for women's college	Very Good
6/11/2021 11:08:51	poviya@gmail.com	P.Oviya	Sri G.V.G Vishalakshi college for womens , udumalpet	Excellent
6/11/2021 11:09:01	kaviyanjali002@gmail.com	D.kaviya	Sri GVG vishalakshi collage for women	Excellent
6/11/2021 11:09:04	indhumathiskotlin2020@gmail.com	Indhumathi.S	Sri G.V.G Visalakshi college for women	Very Good
6/11/2021 11:09:27	divyamaths0303@gmail.com	K.Divya	Sri GVG Visalakshi college for women,U dumalpet	Excellent
6/11/2021 11:09:44	jeevithajeevitha015@gmail.com	Jeevitha.D	Sri G.V.G Visalakshi College for Women	Excellent
6/11/2021 11:09:53	Kavithaindhu3808@gmail.com	K.Indhumathi	Sri GVG vishalakshi college for women	Excellent
6/11/2021 11:10:42	naveena110703@gmail.com	V.G.Naveena	Sri GVG visalakshi college for women udumalpet	Excellent
6/11/2021 11:10:47	jayasakthis.bsccs20@gmail.com	S. Jayasakthi	Sri Gvg visalakshi college for	Excellent

			women	
6/11/2021 11:10:48	manishamanisha72457@gmail.com	P.Manisha	Sri GVG Visalakshi college for women	Excellent
6/11/2021 11:10:59	kswetha385@gmail.com	K.swetha	Sri GVG vishalaksh i collage for woman	Good
6/11/2021 11:11:03	divyamaths0303@gmail.com	K.Divya	Sri GVG Visalakshi college for women,U dumalpet	Excellent
6/11/2021 11:11:23	santhiapacw@gmail.com	A.Sanathi	Arulmigu Palaniand avar Arts college for Women,P alani	Excellent
6/11/2021 11:11:45	jayadhandapani3113@gmail.com	D.jayalakshmi	G.v.g women's college	Excellent
6/11/2021 11:11:47	rmavitha4@gmail.com	Mavitha.R	Sri gvg visalakshi college for women,ud umalpet.	Excellent
6/11/2021 11:12:41	madhumitha4131@gmail.com	J.madhumitha	Sri GVG visalakshi collage for women	Good
6/11/2021 11:12:50	diviraji2520@gmail.com	S.Divya	Sri Gvg visalakshi college for women udumalpet	Excellent
6/11/2021 11:13:18	sathyasathyamarimuthu2003@gmail.com	SATHYA.M	Sri GVG visalakshi college for women's	Excellent, Very Good
6/11/2021 11:13:38	divyadvi2003@gmail.com	Divya. T	GVG	Excellent
6/11/2021 11:14:27	birundhasethu1407@gmail.com	S.veni	S.veni	Good
6/11/2021 11:14:34	jannathul.anas22@gmail.com	JANNATHUL PRITHOUSE S	SRI GVG VISALAK SHI COLLEGE FOR WOMEN	Excellent
6/11/2021 11:14:41	kiruthikakiruthika037@gmail.com	M. Kiruthika	Sri G. V. G	Excellent

			Visalakshi College for Women	
6/11/2021 11:15:08	nandhinikathiravan10@gmail.com	Nandhini.k	Sri GVG visalakshi college for women	Excellent
6/11/2021 11:15:16	menaka12042003@gmail.com	Asokan Rajamani	G.V.G Vishalakshi College For Women, Udumalpet	Excellent
6/11/2021 11:15:44	karthikathukkaivel@gmail.com	Karthika T	Sri GVG visalakshi college for women	Good
6/11/2021 11:15:50	keerthanagokul2002@gmail.com	R.keerthana	Sri G.V.G visalakshi college for women	Good
6/11/2021 11:16:05	kaviyanjali002@gmail.com	D.kaviya	Sri GVG vishalakshi collage for women	Excellent
6/11/2021 11:16:29	anisree0000@gmail.com	S.Anitha	SRI GVG VISHALAKSHI COLLEGE FOR WOMEN	Excellent
6/11/2021 11:16:53	kaviya.d1stmathsaied@gmail.com	Kaviya.D	Sri GVG visalakshi college for women	Excellent
6/11/2021 11:17:21	ranjitham6379@gmail.com	Ranjitha.M	Sri GVG visalakshi college for women	Excellent
6/11/2021 11:17:28	kavinyavikasini@gmail.com	K.Kavinyavikasini	Sri GVG visalakshi college for women, udumalpet	Excellent
6/11/2021 11:17:54	kaviyanjali002@gmail.com	D.kaviya	Sri GVG vishalakshi collage for women	Excellent
6/11/2021 11:18:22	priyadharshinim.bsccs20@gmail.com	Priyadharshini.M	GVG VISALAK	Very Good

			SHI COLLEGE FOR WOMEN	
6/11/2021 11:19:39	fayzalrahim@gmail.com	A.Femina	GVG vishalakshi College for women	Excellent
6/11/2021 11:19:43	manishamanisha72457@gmail.com	P.Manisha	Sri GVG Visalakshi college for women	Very Good
6/11/2021 11:20:02	srinithichellamuthu2002@gmail.com	Srinithi.c	Sri Gvg visalakshi college for women	Excellent
6/11/2021 11:20:32	charuleelatamil@gmail.com	P.Charuleela	Human Values	Excellent
6/11/2021 11:20:34	mragumath@gmail.com	M.Mohana priya	Sri GVG visalakshi college for women Udumalpet	Excellent
6/11/2021 11:20:38	pp1063700@gmail.com	R.Paravthi	Sri GVG visalakshi college	Excellent
6/11/2021 11:21:29	jannathul.anas22@gmail.com	JANNATHUL PRITHOUSE S	SRI GVG VISALAKSHI COLLEGE FOR WOMEN	Excellent, Satisfactory
6/11/2021 11:21:30	kaviyaeswaran71@gmail.com	R.E.kaviy	Sri GVG visalakshi college for women's	Very Good
6/11/2021 11:21:46	deepidds0439@gmail.com	K.Deepika Deva Soundari	Sri G.V.G Visalakshi college for women	Excellent
6/11/2021 11:21:53	kuttiysnandhini@gmail.com	Nandhini. S	Bharathiyar university	Excellent
6/11/2021 11:22:14	divyadd737@gmail.com	A. Divya	Sri GvG Visalakshi college for women	Excellent, Satisfactory
6/11/2021 11:22:24	jeevij042@gmail.com	S.Jeeva	Sri gvg visalakshi college for women	Excellent
6/11/2021	loganayaki.bsccs20@gmail.com	S.loganayaki	SRI G.V.G	Excellent


11:22:47			VISALAKSHI COLLEGE FOR WOMEN	
6/11/2021 11:23:02	Soundaryabca2002@gmail.com	T.Balasoundarya	GVG Visalakshi College for women	Very Good
6/11/2021 11:23:51	brindhab434@gmail.com	K.brindha	GVG VISALAKSHI WOMEN'S COLLEGE	Excellent
6/11/2021 11:24:11	snehapriyarbsccs@gmail.com	Snehapriya	SRI GVG VISALAKSHI COLLEGE FOR WOMEN	Excellent
6/11/2021 11:24:58	kavinjeyashree2003@gmail.com	S.Kavin Jeyashree	Sri GVG Visalakshi college for Women	Good
6/11/2021 11:25:22	narmathadevigunasekaran@gmail.com	G.Narmathadevi	SRI GVG VISALAKSHI COLLEGE FOR WOMEN	Very Good
6/11/2021 11:30:36	divyamaths0303@gmail.com	K.Divya	Sri GVG Visalakshi college for women,Udumalpet	Excellent
6/11/2021 11:31:41	harshada22ba@gmail.com	Harshada Banu H	GVG Visalakshi college for women	Excellent
6/11/2021 11:32:27	pavithrakanimuthu@gmail.com	K.Pavithra	Sri GVG Vishalakshi Collage For women	Satisfactory
6/11/2021 11:32:30	Sakthipriyab3@gmail.com	B.Sakthipriya	Sri gvg visalakshmi college for women's	Excellent
6/11/2021 11:32:36	kaviyam.bsccs20@gmail.com	M. Kaviya	Sri GVG VISHALAKSHI	Excellent

			COLLEGE FOR WOMEN	
6/11/2021 11:34:00	soundharyaselvaraj2003@gmail.com	Soundharya. S	Sri GVG Visalakshi college for women's Udumalpet	Excellent
6/11/2021 11:34:51	Safanaparveen191@gmail.com	M.safanaparveen	sri gvg visalakshi college for womens	Excellent
6/11/2021 11:34:54	brundhabalakrishnan2003@gmail.com	B.Brundha	Sri.gvg.visalakshi.college.for.women	Excellent
6/11/2021 11:35:32	dhatchaya.bsccs20@gmail.com	S.dhatchaya	Sri GVG VISALAKSHI college for women	Excellent
6/11/2021 11:35:43	gayu9761@gmail.com	s.gayathri	sri gvg visalakshi college for women	Excellent
6/11/2021 11:35:48	vishnupriyab.bsccs20@gmail.com	B. Vishnupriya	Sri Gvg Vishalakshi clg for womens	Excellent
6/11/2021 11:36:10	kamachimadhu@gmail.com	D.madhumitha	B.com(e-commerce)	Excellent
6/11/2021 11:36:25	rangasamyrangasamy214@gmail.com	Vennila Nayaki.R	Sri GVG Visalakshi college for women ,Udumalpet	Excellent
6/11/2021 11:37:14	gayathrik.bsccs20@gmail.com	K.Gayathri	Sri GVG Visalakshi college for women	Very Good
6/11/2021 11:38:00	bscsowmiya20@gmail.com	K.Sowmiya Sri	Sri GVG visalakshi college for women udumalpet	Excellent
6/11/2021 11:38:04	nivethasivakumar.a@gmail.com	Nivetha.S	Sri G.V.G Vishalakshi college for women,ud	Excellent

			umalpet.	
6/11/2021 11:38:33	nandhinium.bsccs20@gmail.com	Nandhini U.M.	Sri GVG visalakshi college for women	Excellent
6/11/2021 11:38:55	ksathish64533@gmail.com	B.Duraiselvi	GVG Vislakshi for women in college	Excellent
6/11/2021 11:39:02	sskala2003@gmail.com	S.Sasikala	Sri G.V.G visalakshi college for women	Excellent
6/11/2021 11:41:08	31sathyapriya@gmail.com	M.Sathyapriya	Sri GVG vishalaksh i college for women	Excellent
6/11/2021 11:42:25	thenilamar@gmail.com	M.Thenila	GVG Visalakshi college for women, Udumalpe t.	Excellent
6/11/2021 11:43:42	savitharajamanickam2309@gmail.com	SAVITHA RAJAMANICKA M	Shri GVG Visalakshi Women's College	Very Good
6/11/2021 11:44:46	jenifermariyaselvaraj@gmail.com	M.Jenifer	Sri GvG vishalaksh i college for women	Very Good
6/11/2021 11:44:46	abinayap.bsccs20@gmail.com	P.abinaya	Sri gvg vishalaksh i College for women	Excellent
6/11/2021 11:46:32	maneesraj27@gmail.com	Maneesha. R	Sri Gvg Visalakshi college for women	Excellent
6/11/2021 11:53:34	2002sreejaj@gmail.com	Jreeja. J	Sri GVG Visalakshi college for women, udumalpet .	Excellent
6/11/2021 11:57:00	swethas.bsccs20@gmail.com	Swetha. S	Sri gvg visalakshi college fir women	Excellent
6/11/2021 12:05:20	narmadhat82@gmail.com	T. Narmadha	Sri GVG visalakshi college for women	Good

6/11/2021 12:11:33	Selvipandi661@gmail.com	M.pandiselvi	Sri gvg visalakshi college for women	Good
6/11/2021 12:11:35	samyukthasundarraaj@gmail.com	S. Samyuktha	Sri GVG Visalakshi College for Women	Excellent

Sri G.V.G.Visalakshi College for Women(Autonomous), Udumalpet
Affiliated to Bharathiar Univesity
Accredited to A+ Grade By NAAC(4th Cycle)
An ISO 9001:2015 Certified Institution
Udumalpet, Tamilnadu
Value Education Centre
International Yoga Day Report



Sri GVG Visalakshi College for Women(Autonomous)
Affiliated to Bharathiar University
Accredited at A+ Grade by NAAC(4th Cycle)
An ISO 9001:2015 Certified Institution

Value Education Centre
Organises
International Yoga Day

Guest Speaker: Ms.K.Sathya Krishnan
Universal Peace Foundation
Thirumorthy Hills, Udumalpet

MONDAY -
21.06.2021
11:00 AM-12:00PM

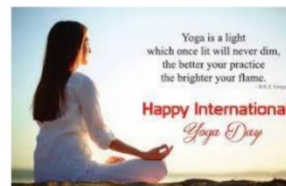
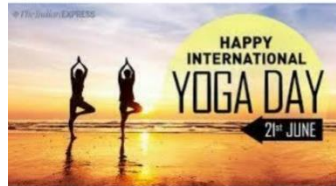
Zoom Link:
<https://us02web.zoom.us/j/81964584276?pwd=WVdKSWRkYjZuZmR1QW45Y3FyaExhUT09>

Dr. N. Rajeswari
Principal

Dr. K. Kaliammal
Convener

Dr. D. Manimozhi
Organising Member

Dr. V. Sathya
Organising Member



Date: 21.06.2021

Starting Time : 11.00 am

Chief Guest: Ms.K.Sathya, M.Sc, M.Ed.,

Universal Peace Foundation, Thirumurthi Hills

Topic : International Yoga Day Celebration

Platfom : Zoom

Meeting Link

<https://us02web.zoom.us/j/81964584276?pwd=WVdKSWRkYjZuZmR1QW45Y3FyaExhUT09>

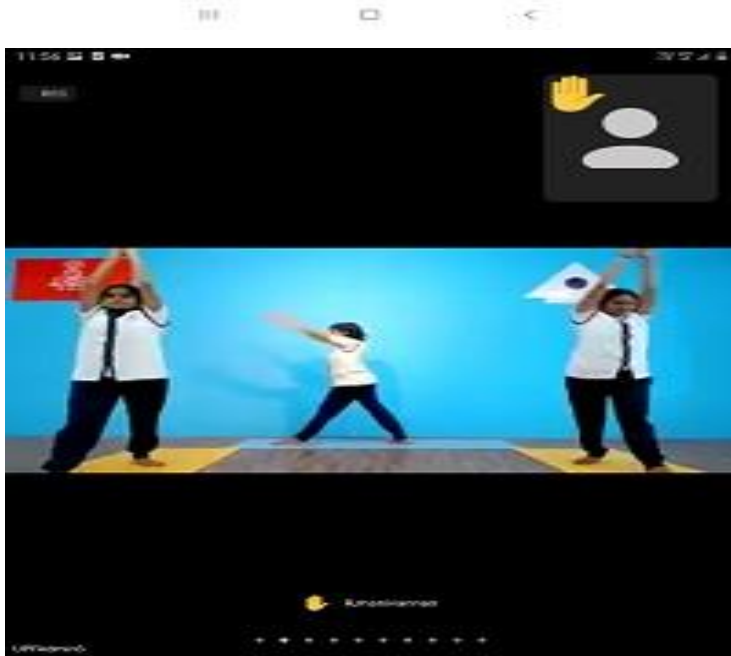
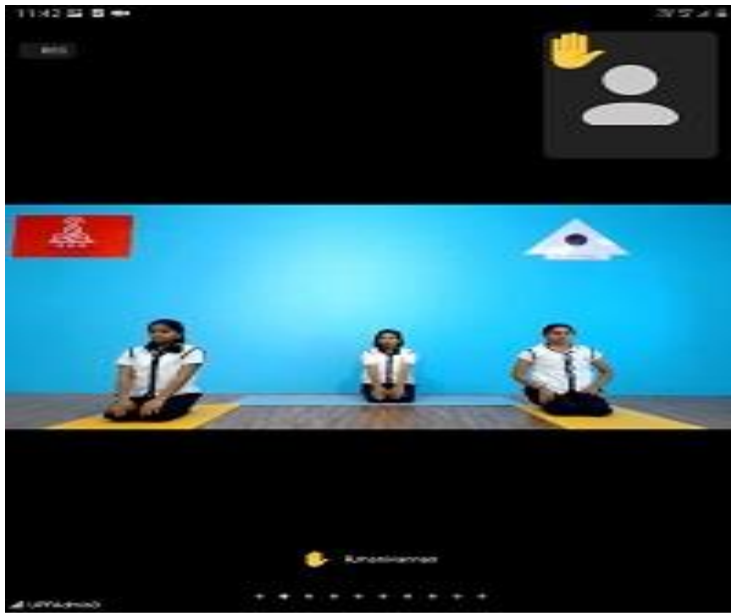
Number of Beneficiaries: 201

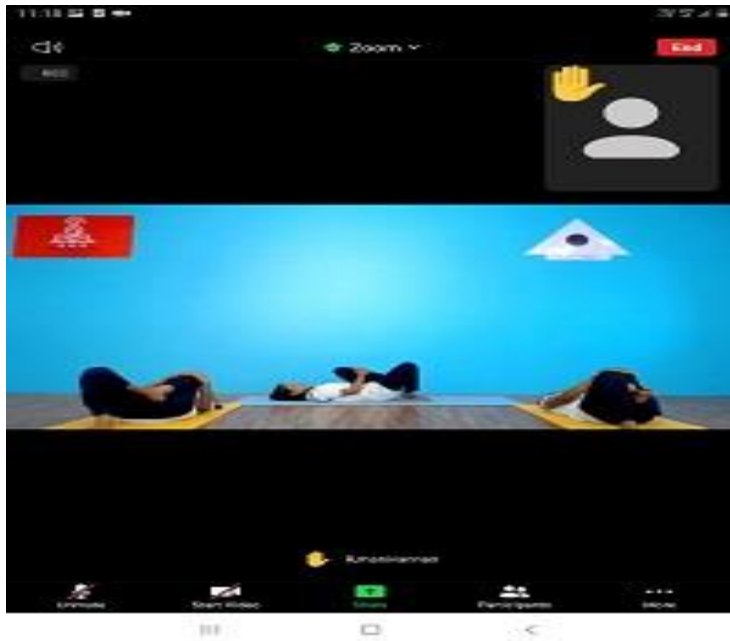
Profile of chief Guest :Sathya Krishnan, M.Sc M.Ed.,

Disciple of Gurumahaan Paranjyothiyar, A live spiritual master , Guru of universal peace foundation, South Kailash, Trimurthy hills, surrendering to the holy feet of Gurumahaan , and travelling with Gurumahaan from age of 13 Has given a deep insight within , ie the experience of the self within , This experience of joy within her has self-motivated her to inspire the minds of kids, teens and adults with the fragrance of yoga and meditation to rejuvenate their lives towards natural true happy living Santhosham.

Screenshots:







Report

Sri. Osva. Visalakshi College for Women, Udumalpet
 [For students admitted during the year 2020-2021]
International Yoga Day Celebration

International yoga day, was organised by the Centre for Value Education on 21-6-2021, to provide awareness about yoga and Meditation for healthy life. A total of 201 participants were attended the programme. The programme started at 11. am with welcome to the resource person, Ms. K. Sathya, M.Sc, M.Ed, Universal Peace Foundation, Thirumuthi Hills, Udumalpet and welcomed the participants by Dr. K. Kaliammal, Associate Professor of Economics [Convener of Value Education Centre] and R. Sathya, Assistant Professor, Department of Commerce introduced the Chief guest.

The speaker demonstrated the various asanas and different types

breathing exercises. She motivated the participants to practice for their daily life. In the interactive session, the clarifications and queries concluding remarks and vote of thanks by Dr. D. Manimozhi Assistant Professor of Economics. The programme was conducted by Dr. N. Sathya Assistant professor of Bcom (SP)

K. Kalu
Convenor

Rajeshwari
Principal

Members

1. Dr. D. Manimozhi - D. Mani
2. Dr. V. Sathya - V. Sathya

Timestamp	Email	Name with Salutation	Name of the Department(Ex: I BA Economics)	The topic
2021/06/21 12:04:22 PM GMT+5:30	dharanisenithilkumar003@gmail.com	S.Dharani Selvi	I B.Sc Chemistry	Excellent
2021/06/21 12:04:25 PM GMT+5:30	jaya9578777407@gmail.com	M.Jayasri	I B.COM (AIDED)	Excellent
2021/06/21 12:04:28 PM GMT+5:30	deepikamurugesan5@gmail.com	Deepika.M	1year B.com(SF)	Excellent
2021/06/21 12:04:32 PM GMT+5:30	kspoojaasree@gmail.com	K. S. Poojaasree	BSc computer science	Very Good
2021/06/21 12:04:33 PM GMT+5:30	anisree0000@gmail.com	S.Anitha	Tamil Department	Excellent
2021/06/21 12:04:34 PM GMT+5:30	alfiyabegam26@gmail.com	Albiya begam A	I BCom SF	Excellent
2021/06/21 12:04:35 PM GMT+5:30	yogapriyapriya3@gmail.com	T.Yogapriya	1st B. ComCa	Excellent
2021/06/21 12:04:37 PM GMT+5:30	pjlakshmi93@gmail.com	Dr.P.Jothilakshmi	Economics	Excellent
2021/06/21 12:04:41 PM GMT+5:30	kaaviyagopal1@gmail.com	G.Kaaviya	1B.com	Excellent
2021/06/21 12:04:41 PM GMT+5:30	kavithaindhu3808@Gmail.com	K.Indhumathi	I-BSC Maths (Aided)	Excellent
2021/06/21 12:04:54	rishikhaayyappan@gmail.com	A.Rishikha	1.B.sc chemistry	Excellent

PM GMT+5:30				
2021/06/21 12:04:55 PM GMT+5:30	monikaselles.k@gmail.com	Monika selles.k	B. Com SF	Excellent
2021/06/21 12:04:56 PM GMT+5:30	chithrabanu8973@gmail.com	R. Chithrabanu	I BA Economics	Very Good
2021/06/21 12:04:58 PM GMT+5:30	sowmiyamuthukannanbsccs20@gmail.com	M.Sowmiya	I B.Sc.Computer Science	Excellent
2021/06/21 12:05:05 PM GMT+5:30	SushmaKannimuthu4@gmail.com	SUSHMA K	1 BCom (sf)	Excellent
2021/06/21 12:05:07 PM GMT+5:30	jeevij042@gmail.com	S.Jeeva	I.BA.Economics	Excellent
2021/06/21 12:05:14 PM GMT+5:30	indhumathisr786@gmail.com	INDHUMATHI. S	I B.SC IT	Excellent
2021/06/21 12:05:15 PM GMT+5:30	dharshanadhandapani222@gmail.com	Dharshana .D	Ba economics	Excellent
2021/06/21 12:05:23 PM GMT+5:30	mvizhi390@gmail.com	P.Malar vizhi	2 nd year Tamil lit.SF	Excellent
2021/06/21 12:05:29 PM GMT+5:30	Srimathisrimathia@gmail.com	Srimathi. A	I B. A. Economic	Excellent
2021/06/21 12:05:35 PM GMT+5:30	rmavitha4@ Gmail.com	Mavitha.R	I B.A Economics	Excellent
2021/06/21 12:05:36 PM GMT+5:30	jayashree.kct@gmail.com	T.Jayasri	1st year B.Com	Excellent
2021/06/21	manishamanisha72457@gmail.com	Ms P . MANISHA	I BSC Chemistry	Excellent

12:05:52 PM GMT+5:30				
2021/06/21 12:05:54 PM GMT+5:30	latha.rr22@gmail.com	R.Pushpalatha	I-Bsc.Chemistry	Excellent
2021/06/21 12:05:57 PM GMT+5:30	tamilmani20208@gmail.com	M.Tamilmani	1st year B.Com (SF)	Excellent
2021/06/21 12:06:01 PM GMT+5:30	mragumath@gmail.com	M.Mohana priya	BA Tamil	Excellent
2021/06/21 12:06:04 PM GMT+5:30	sharanyaramachandran313@gmail.com	Ms SHARANYA R	I BSC Chemistry	Very Good
2021/06/21 12:06:04 PM GMT+5:30	blessyancie9629@gmail.com	Ancie Blessing.B	I B.A Economics	Excellent
2021/06/21 12:06:18 PM GMT+5:30	dhivyasanthini@gmail.com	Dhivyasanthini.S	I B. Com (sf)	Excellent
2021/06/21 12:06:18 PM GMT+5:30	akalyaarumugam871@gmail.com	Akalya.A	1 B.com(aided)	Excellent
2021/06/21 12:06:43 PM GMT+5:30	dharanisenthilkumar003@gmail.com	S.Dharani Selvi	I B.Sc Chemistry	Excellent
2021/06/21 12:06:45 PM GMT+5:30	poviya2003@gmail.com	P.Oviya	I st B.S.C Chemistry	Excellent
2021/06/21 12:06:52 PM GMT+5:30	divyadvi2003@gmail.com	Divya. T	I B. Sc mathematics (A)	Excellent
2021/06/21 12:06:53 PM GMT+5:30	santhiyas6879@gmail.com	Santhiya.s	1 bcom SF	Excellent

2021/06/21 12:06:56 PM GMT+5:30	kowsalyakuppusamy22@gmail.com	Ms.K.Kowsalya	I BA.TAMIL LITERATURE	Excellent
2021/06/21 12:07:03 PM GMT+5:30	yazhini9976@gmail.com	YAZHINI N	I B. Com SF	Excellent
2021/06/21 12:07:08 PM GMT+5:30	kanimozhi.m131@gmail.com	Kanimozhi.M	I Bcom	Excellent
2021/06/21 12:07:12 PM GMT+5:30	shifanaparveen171@gmail.com	Shifana parveen j s	B(com)sf	Excellent
2021/06/21 12:07:15 PM GMT+5:30	kamalivignesh1709vk@gmail.com	I.kamali	BSC (computer Science)	Very Good
2021/06/21 12:07:24 PM GMT+5:30	akalyaarumugam871@gmail.com	Akalya.A	1 b.com (aided)	Excellent
2021/06/21 12:07:31 PM GMT+5:30	varshinis@gmail.com	Varshini. S	I B. Com sf	Excellent
2021/06/21 12:07:36 PM GMT+5:30	abijawahar887@gmail.com	Abirami.J	1 B. Com (sf)	Excellent
2021/06/21 12:07:37 PM GMT+5:30	jothikanattudurai17@gmail.com	N.Jothika	I B.com (aided)	Excellent
2021/06/21 12:07:51 PM GMT+5:30	brundhabalakrishnan2003@gmail.com	Ms.B.Brundha	I Bsc.chemistry	Excellent
2021/06/21 12:04:34 PM GMT+5:30	alfiyabegam26@gmail.com	Albiya begam A	I BCom SF	Excellent
2021/06/21 12:04:35 PM	yogapriyapriya3@gmail.com	T.Yogapriya	1st B. ComCa	Excellent

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2021/06/21 12:04:37 PM				
GMT+5:30	pjlakshmi93@gmail.com	Dr.P.Jothilakshmi	Economics	Excellent
2021/06/21 12:04:41 PM				
GMT+5:30	kaaviyagopal1@gmail.com	G.Kaaviya	1B.com	Excellent
2021/06/21 12:04:41 PM				
GMT+5:30	kavithaindhu3808@Gmail.com	K.Indhumathi	I-BSC Maths (Aided)	Excellent
2021/06/21 12:04:54 PM				
GMT+5:30	rishikhaayyappan@gmail.com	A.Rishikha	1.B.sc chemistry	Excellent
2021/06/21 12:04:55 PM				
GMT+5:30	monikaselles.k@gmail.com	Monika selles.k	B. Com SF	Excellent
2021/06/21 12:04:56 PM				
GMT+5:30	chithrabanu8973@gmail.com	R. Chithrabanu	I BA Economics	Very Good
2021/06/21 12:04:58 PM				
GMT+5:30	sowmiyamuthukannanbsccs20@gmail.com	M.Sowmiya	I B.Sc.Computer Science	Excellent
2021/06/21 12:05:05 PM				
GMT+5:30	SushmaKannimuthu4@gmail.com	SUSHMA K	1 BCom (sf)	Excellent
2021/06/21 12:05:07 PM				
GMT+5:30	jeevij042@gmail.com	S.Jeeva	I.BA.Economics	Excellent
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GMT+5:30	indhumathisr786@gmail.com	INDHUMATHI. S	I B.SC IT	Excellent
2021/06/21 12:05:15 PM				
GMT+5:30	dharshanadhandapani222@gmail.com	Dharshana .D	Ba economics	Excellent
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GMT+5:30	mvizhi390@gmail.com	P.Malar vizhi	2 nd year Tamil lit.SF	Excellent

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2021/06/21 12:05:36 PM GMT+5:30	jayashree.kct@gmail.com	T.Jayasri	1st year B.Com	Excellent
2021/06/21 12:05:52 PM GMT+5:30	manishamanisha72457@gmail.com	Ms P . MANISHA	I BSC Chemistry	Excellent
2021/06/21 12:05:54 PM GMT+5:30	latha.rr22@gmail.com	R.Pushpalatha	I-Bsc.Chemistry	Excellent
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2021/06/21	manishamanisha72457@gmail.com	Ms P. MANISHA	I BSC Chemistry	Excellent

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2021/06/21 12:08:41 PM GMT+5:30	Pp9209887@gamil.com	S. Pavithra	IBA Tamil	Excellent
2021/06/21 12:08:58 PM GMT+5:30	kamalivignesh1709vk@gmail.com	I.kamali	BSC (computer science)	Very Good
2021/06/21 12:09:18 PM GMT+5:30	harithasuresh104@gmail.com	S.haritha	1st year b.com sf	Excellent
2021/06/21 12:09:19 PM GMT+5:30	kaleeshwari3457@gmail.com	R.Kaleeshwari	BA Tamil	Very Good

2021/06/21 12:09:24 PM GMT+5:30	periyasamykavya25@gmail.com	Kavya .P	I B.com	Excellent
2021/06/21 12:09:25 PM GMT+5:30	dharani8793@gmail.com	S. DHARANI	1 Bsc. Chemistry	Excellent
2021/06/21 12:09:27 PM GMT+5:30	fayzalrahim@gmail.com	FEMINA .A	I Bsc Chemistry	Excellent
2021/06/21 12:09:31 PM GMT+5:30	rajavenideepika@gmail.com	R.Deepika	1 B.com(ca)	Excellent
2021/06/21 12:09:33 PM GMT+5:30	divyamaths0303@gmail.com	K.Divya	I B.Sc Mathematics	Excellent
2021/06/21 12:09:35 PM GMT+5:30	shenbagasarumathi@gmail.com	G. Shenbagasarumathi	1 B. COM(SF)	Excellent
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2021/06/21 12:10:00 PM GMT+5:30	manthrakali@gmail.com	K. Manthrasakthi	II BA Tamil	Good
2021/06/21 12:10:02 PM GMT+5:30	mohanapriyas.bsccs20@gmail.com	S.Mohanapriya	I BSc computer science	Excellent
2021/06/21 12:10:08 PM GMT+5:30	mahalakshmiarumugasamy2002@gmail.com	A.Mahalakshmi	1st B.com (SF)	Excellent
2021/06/21 12:10:09 PM GMT+5:30	harivarshinibsc.cs@gmail.com	Ms.K.Sathya Krishnan	BSC(computer science)'B'	Excellent
2021/06/21 12:10:13 PM	karthikarthikarthi80@gmail.com	Vinitha.N	B.com(SF)1 yr	Excellent

GMT+5:30				
2021/06/21 12:10:15 PM GMT+5:30	dhivyathangaraj111@gmail.com	T. Dhivya	II BSc computer science	Excellent
2021/06/21 12:10:20 PM GMT+5:30	vsmanonmani2002@gmail.com	Manonmani.V.S	I B.Com (sf)	Excellent
2021/06/21 12:10:23 PM GMT+5:30	vishnupriyab.bsccs20@gmail.com	B. Vishnupriya	Bsc.cs	Excellent
2021/06/21 12:10:32 PM GMT+5:30	kowsika71@gmail.com	K.kowsika	I B.Sc chemistry	Excellent
2021/06/21 12:10:34 PM GMT+5:30	nafeesajaheer@gmail.com	J.Nafeesa Begum	I B.Sc Maths	Excellent
2021/06/21 12:10:35 PM GMT+5:30	kowsalyakuppusamy22@gmail.com	Ms.K.Kowsalya	I BA.TAMIL LITERATURE	Excellent
2021/06/21 12:10:36 PM GMT+5:30	Sowmi6300@gmail.com	sowmiya.S	I B.COM Commerce)	Very Good
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2021/06/21 12:10:42 PM GMT+5:30	kiruthikakiruthika037@gmail.com	M. Kiruthika	1st B. A. Tamil literature	Excellent
2021/06/21 12:10:44 PM GMT+5:30	narmadhadevi57@gmail.com	Narmadhadevi M	B.Com(CA) I	Excellent
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PM GMT+5:30				
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2021/06/21 12:11:10 PM GMT+5:30	lotus.gal1810@gmail.com	M.Thamaraiselvi	B.Sc(Computer Science)	Excellent
2021/06/21 12:11:18 PM GMT+5:30	Shanmugapriya231120@gmail.com	. Shanmuga Priya S	Ba(tamil)	Excellent
2021/06/21 12:11:24 PM GMT+5:30	skaviskaviya@gmail.com	S.kaviya	BA.Tamil	Excellent
2021/06/21 12:11:29 PM GMT+5:30	Srimathia2003@gmail.com	A.Srimathi	Bsc(IT)	Excellent
2021/06/21 12:11:30 PM GMT+5:30	kk7134663@gmail.com	S.Sandhiya	I B.Com(sf)	Very Good
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2021/06/21 12:11:41 PM GMT+5:30	menaka12042003@gmail.com	Yoga	I B.A Economics	Excellent
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2021/06/21 12:11:47 PM GMT+5:30	arunadeviravichandran2@gmail.com	Arunadevi R B	I B com sf	Excellent
2021/06/21	sr8801881@gmail.com	Sivaranjani.M	I B.Com(sf)	Excellent

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2021/06/21 12:12:07 PM GMT+5:30	dharanisprd1511@gmail.com	S. Dharani	1 St BSC. IT	Excellent
2021/06/21 12:12:14 PM GMT+5:30	kjanani32002@gmail.com	Janani k	1 B.Sc chemistry	Excellent
2021/06/21 12:12:24 PM GMT+5:30	manthrakali@gmail.com	Vannakam	II BA Tamil	Good
2021/06/21 12:12:39 PM GMT+5:30	ramyabba939@gmail.com	Ramya.K	B.com(sf) first year	Excellent
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2021/06/21 12:13:19 PM GMT+5:30	narmathadevigunasekaran@gmail.com	G.Narmathadevi	I BSC Chemistry	Excellent
2021/06/21 12:13:25 PM GMT+5:30	rsnehamani2001@gmail.com	S.Kavisneha	I B.COM	Excellent
2021/06/21 12:13:41 PM GMT+5:30	prithikaduraic@gmail.com	C.prithika	2 BA tamil	Very Good
2021/06/21 12:13:54 PM GMT+5:30	charuleelatamil@gmail.com	P.Charuleela	1 BA Tamil	Excellent

2021/06/21 12:13:57 PM GMT+5:30	Revathi2002varsha@gmail.com	G.Revathi	1 B.Com(sf)	Excellent
2021/06/21 12:14:10 PM GMT+5:30	abiramiselvam55@gmail.com	S. ABIRAMI	II B.Sc (Computer Science)	Very Good
2021/06/21 12:14:16 PM GMT+5:30	keerthanagokul2002@gmail.com	R.keerthana	1st year B.SC.maths(aided)	Good
2021/06/21 12:14:24 PM GMT+5:30	nivethag7778@gmail.com	Nivetha G	I BA English Literature(aided)	Very Good
2021/06/21 12:14:32 PM GMT+5:30	aarthisubaramani@gmail.com	S.Aarthi	BA.Tamil	Excellent
2021/06/21 12:14:51 PM GMT+5:30	dhandapanikalees@gmail.com	D.kaleeswari	1st B.com(CA)	Excellent
2021/06/21 12:15:01 PM GMT+5:30	Kaviya648114@gamil.com	M. Kaviya	I B.SC chemistry	Excellent
2021/06/21 12:15:16 PM GMT+5:30	ranganayagi17p@gmail.com	P.Renganayaki	1B.com(aided)- commerce	Very Good



SRI GVG VISALASKHI COLLEGE FOR WOMEN

Autonomous & Affiliated to Bharathiar University

Accredited at **A⁺** Grade by NAAC (4th Cycle)

An ISO 9001:2015 Certified Institution

Udumalpet - 642 128



International Yoga Day – 21.06.2021 Sri G.V.G Visalakshi College and 5TN Girls BN, Coimbatore Jointly organized Special Yoga Programme

Topic: “Be with Yoga, Be at Home”

Resource Person:

Mr. Manivannan

Assistant Professor,

Department of Yoga,

Paranjothi Yoga College, Thirumoorthi Hills,

Udumalpet

Webinar Invitation

SRI G.V.G. VISALAKSHI COLLEGE FOR WOMEN

(Autonomous) Accredited at A+ Grade by NAAC (4th Cycle)
An ISO Certified institution
Udumalpet - 642 128 Tiruppur District, Tamil Nadu

&

5 TN GIRLS BATTALION - COIMBATORE GROUP
TN, P & AN DIRECTORATE CELEBRATES INTERNATIONAL YOGA DAY

"Be with Yoga, Be at Home"


Resource Person
MR. MANIVANNAN
Assistant Professor,
Department of Yoga,
Shri Paranjothi Yoga College,
Udumalpet.


International day of yoga
21st June

zoom MEETING ID : 898 6943 2954
PASSCODE : GVGNC

Advisor :
Col. BR. Satish
Co - 5 TN - Girls BN - CBE

Convenor
Lt. Dr. P. Karpagavalli
Associate NCC Officer

Patron :
Dr.N. Rajeswari
Principal

❖ **More than 85 cadets participated with their family members.**

Meeting Link:

<https://us02web.zoom.us/j/89869432954?pwd=RGtZcU5zVGE0WDlzcVhXVGZTckdDUT09>

Webinar Report:

13

Sri G.V.G Visalakshi College for Women
(Autonomous), Udumalpet

National Cadet Corps

Date: 21.06.2021

Time: 07.00am to 8.00am

International Yoga Day

Topic :- "Be With Yoga, Be at Home"

Objective:-

Towards the maintenance of proper health care of the students, the National Cadet Corps of Sri G.V.G Visalakshi College for Women and 5TN Girls BN, NCC, Coimbatore jointly organized International Yoga Day with the topic of, "Be With Yoga, Be at Home".

Resource Person:-

Mr. Manivannan
Assistant Professor
Department of Yoga,
Sri Paranjothi Institute
Thirumoothi Hills,
Udumalpet.

The Resource Person performed yoga at different postures and he made all the participants to perform it. He initiated with simple sitting yoga posture to advanced method of yoga. Simultaneously, he explained how to perform the yogic exercise, step by step.

He gave many tips for breathing exercise which will be very useful to the lungs.

More than 85 of our NCC cadets participated with their parents, neighbours, siblings and friends.

The programme went on in an effective way. Finally the Associate NCC officer Lt. Dr. P. Karpagavalli proposed vote of thanks to all the participants and the resource person.

P. Karpagavalli
Lt. Dr. P. KARPAGAVALLI
 NCC/14310115, 5 (FN) Girls Bn.
 Associate NCC Officer,
 Asst. Professor of History,
 Sri GVG Visalakshi College for Women,
 Udumalpet - 642 128.

(Associate NCC Officer)

Rajivarsi. N.
 21.6.21
 Signature of the Principal
PRINCIPAL
SRI-GVG-VISALAKSHI COLLEGE
FOR WOMEN (AUTONOMOUS)
VENKATESA MILLS POST,
UDUMALPET - 642 128

Timestamp	Email	Full Name	Other Identifier	Other Identifier 2	Total Score	Percent Score	Passed?	Certificate ID
10/21/2020 11:16:06	2@gmail.com	2@gmail.com	Mrs. S. Shobana	College for Women	0	100.0%	TRUE	LMKMA4-CE000001
10/21/2020 11:19:48	2@gmail.com	Mrs. S. Shobana	College for Women	Tirupur	0	100.0%	TRUE	LMKMA4-CE000002
10/21/2020 11:35:20	2@gmail.com	Mrs. S. Shobana	College for Women	Tirupur	0	100.0%	TRUE	LMKMA4-CE000003
10/21/2020 11:41:38	2@gmail.com	Mrs. S. Shobana	College for Women	Tirupur	0	100.0%	TRUE	LMKMA4-CE000004
10/21/2020 11:44:14	2@gmail.com	Mrs. S. Shobana	College for Women	Tirupur	0	100.0%	TRUE	LMKMA4-CE000005
10/21/2020 12:24:15	com	Yoga vikashini	fashion technology	Bangalore	0	100.0%	TRUE	LMKMA4-CE000006
10/21/2020 12:37:48	ail.com	Anitha Venkatasamy	College for	Tirupur	0	100.0%	TRUE	LMKMA4-CE000007
10/21/2020 13:12:34	2@gmail.com	Mrs. S. Shobana	College for Women	Tirupur	0	100.0%	TRUE	LMKMA4-CE000008
10/21/2020 17:00:04	l.com	Shobika S	college for women	D3	0	100.0%	TRUE	LMKMA4-CE000009
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10/21/2020 17:05:31	rajndi91@gmail.com	Manisha Kumari	Dyal Singh College	Karnal	0	100.0%	TRUE	LMKMA4-CE000020
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Timestamp	Email	Full Name	Other Identifier	Other Identifier 2	Total Score	Percent Score	Passed?	Certificate ID
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10/21/2020 17:15:58	m	L/cpl Mathumitha S	college for women	Coimbatore	0	100.0%	TRUE	LMKMA4-CE000031
10/21/2020 17:17:07	@gmail.com	M	college for women	Tirupur	0	100.0%	TRUE	LMKMA4-CE000032
10/21/2020 17:21:54	il.com	F/C Chris J. Bernald	Heber College	Trichy	0	100.0%	TRUE	LMKMA4-CE000033
10/21/2020 17:21:53	om	SRI NILA	College For Women.	Tiruppur	0	100.0%	TRUE	LMKMA4-CE000034
10/21/2020 17:25:47	mail.com	Ramdas Bandekar	Kankavi	Sindhudurg	0	100.0%	TRUE	LMKMA4-CE000035
10/21/2020 17:25:50	ail.com	Malathi. C	college for women	Thiruppur	0	100.0%	TRUE	LMKMA4-CE000036
10/21/2020 17:30:59	m	Ramthirisha	college for women	Tiruppur	0	100.0%	TRUE	LMKMA4-CE000037
10/21/2020 17:34:43	m	Pavithra k	VISALAKSHI	Thirupur	0	100.0%	TRUE	LMKMA4-CE000038
10/21/2020 17:47:26	ail.com	R. KEERTHANA	VISALAKSHI college	Tirupur	0	100.0%	TRUE	LMKMA4-CE000039
10/21/2020 17:55:06	gmail.com	B.NANDHINIPRIYA	VISALAKSHI	Thiruppur	0	100.0%	TRUE	LMKMA4-CE000040
10/21/2020 18:06:51	mail.com	Sruthi P	college for women	Thiruppur	0	100.0%	TRUE	LMKMA4-CE000041
10/21/2020 18:13:02	il.com	S.DIVYA	VISALAKSHI	Dindugal	0	100.0%	TRUE	LMKMA4-CE000042
10/21/2020 18:13:25	m	PRIYADHARSHINI	VISALAKSHI	Dindugal	0	100.0%	TRUE	LMKMA4-CE000043
10/21/2020 18:22:29	mail.com	SHIVA DHARSHINI.L	college for women	Thirupur	0	100.0%	TRUE	LMKMA4-CE000044
10/21/2020 18:47:48	@gmail.com	Janani.k	college for women	Tirupur	0	100.0%	TRUE	LMKMA4-CE000045
10/21/2020 21:07:50	gmail.com	Selciya	College for Womens	Dindigul	0	100.0%	TRUE	LMKMA4-CE000046
10/21/2020 21:09:16	om	Asvitha.S	College for Women	Tiruppur	0	100.0%	TRUE	LMKMA4-CE000047
10/21/2020 21:17:56	gmail.com	Deepika R.S	college for women	Thiruppur	0	100.0%	TRUE	LMKMA4-CE000048
10/21/2020 21:20:25	m	R.K.Jayavaishnavi	college for	Tiruppur	0	100.0%	TRUE	LMKMA4-CE000049
10/21/2020 21:40:09	il.com	M Archana	college for women	Thirupur	0	100.0%	TRUE	LMKMA4-CE000050



SRI GVG VISALAKSHI COLLEGE FOR WOMEN

Autonomous & Affiliated to Bharathiar University
Accredited at **A⁺** Grade by NAAC (4th Cycle)
An ISO 9001:2015 Certified Institution
Udumalpet - 642 128



**Sri G.V.G Visalakshi College and 5TN Girls BN,
Coimbatore Jointly organized
One Day National Webinar on
Topic: 'Happy Life is an Art with Yoga'**

**Objective: To create awareness on Yoga and its
benefits**

Resource Person:

**Capt. Kiran Lata Dangwal
63, UP BN NCC
University of Lucknow
Uttarpradesh Directorate**

Webinar Invitation

SRI G.V.G. VISALAKSHI COLLEGE FOR WOMEN



(Autonomous) Accredited at A+ Grade by NAAC (4th Cycle)
An ISO Certified institution
Udumalpet - 642 128 Tiruppur District, Tamil Nadu



&
5 TN Girls Battalion – Coimbatore Group
TN, P & AN Directorate

Jointly organizes one day National Webinar on

“Happy Life is an Art with Yoga”



Resource Person

Capt. KIRAN LATA DANGWAL
63 UP BN NCC
University of Lucknow
Uttar Pradesh Directorate.

E – Certificate will be provided to all the participants

zoom MEETING ID : 880 7114 4576
PASSCODE : GVGNC

Advisor :
Col. BR. Satish
Co - 5 TN - Girls BN - CBE

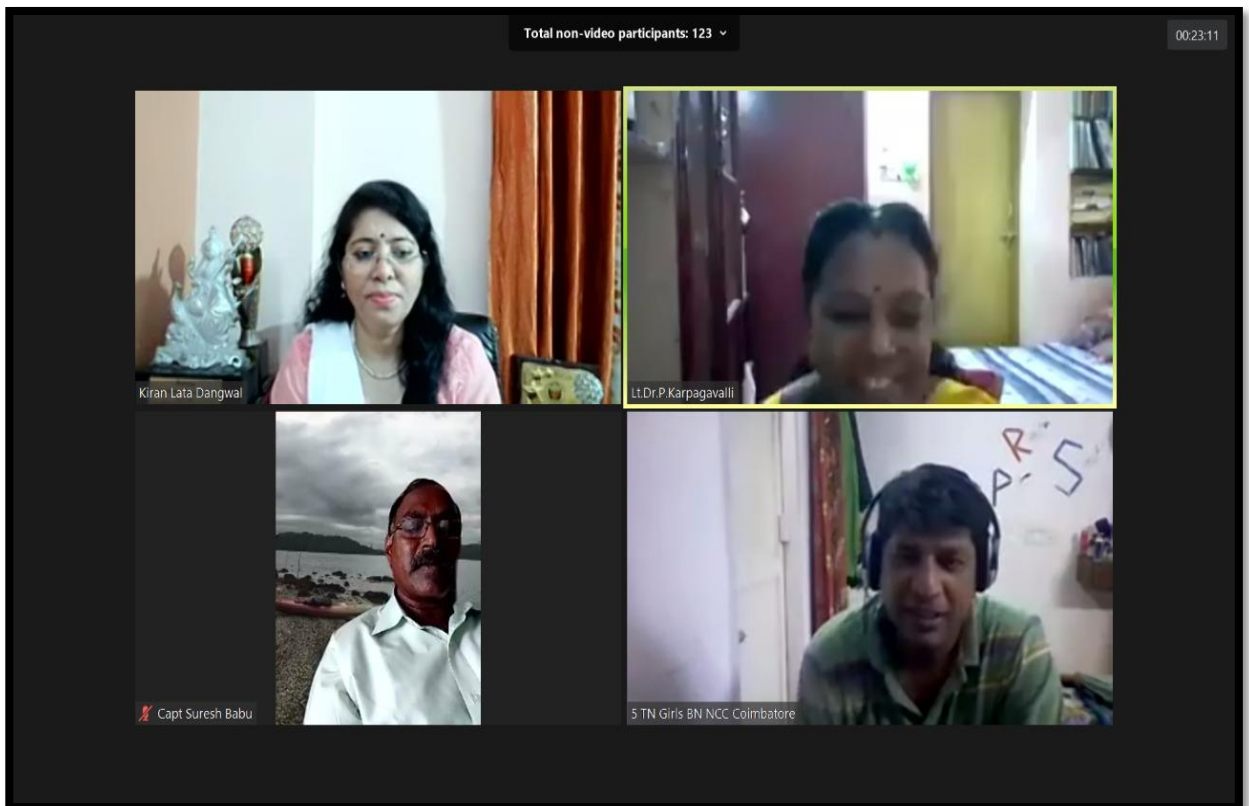
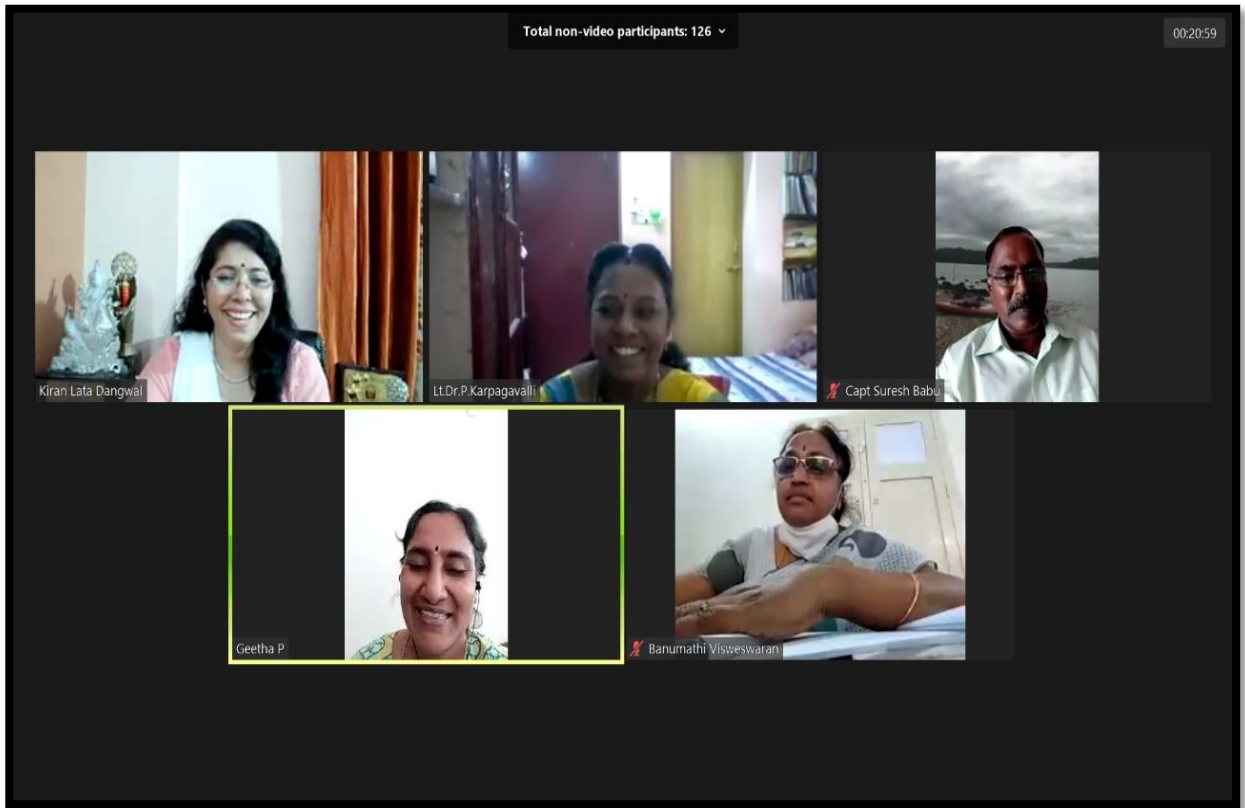
Convenor
Lt. Dr. P Karpagavalli
Associate NCC Officer

Patron :
Dr.N. Rajeswari
Principal

Webinar Screenshots:

This screenshot shows a webinar interface. On the left, a presentation slide titled "Yoga" lists several benefits: "increases flexibility...", "helps you to build strength...", "improves your posture...", "helps to keep your joints healthy...", "is a powerful mindfulness practice...", "reduces stress...", "lowers blood pressure...", and "helps you to make healthier life choices." The slide includes images of a person in a yoga pose and a diagram of the human body. On the right, a video feed shows a woman with glasses and a pink top, identified as Kiran Lata Dangwal, speaking. The top of the screen shows a "Recording" indicator and a timer at 00:06:29.

This screenshot shows a different slide from the webinar. The slide features a collage of images depicting people in various states of joy and activity, with the text "Wish you a very Happy Life....." at the top and "Capt (Dr) Kiran Lata Dangwal" at the bottom. The video feed on the right shows the same woman, Kiran Lata Dangwal, speaking. The top of the screen displays "You are viewing Kiran Lata Dangwal's screen", "View Options", and a timer at 00:19:08. The bottom of the screen shows a control bar with "Unmute", "Start Video", "Participants" (132), "Chat", "Share Screen", "Record", "Reactions", and a "Leave" button.



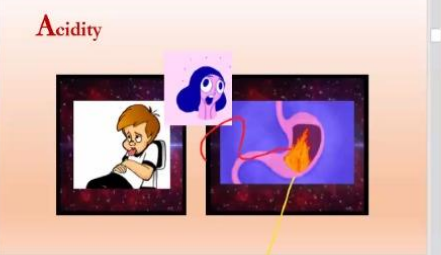
Recording You are viewing Kiran Lata Dangwal's screen View Options 126 00:00:48 Speaker View Exit Full Screen

File Home Insert Design Transitions Animations Slide Show Review View Help Nitro Pro Tell me Share

Help Contact Feedback Show Support Training

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21

Acidity



Slide 12 of 26 Notes Comments 45%

Unmute Start Video Participants 128 Chat Share Screen Record Reactions Leave

Lt.Dr.P.Karpagavalli

Kiran Lata Dangwal

Detailed description: This is a screenshot of a Zoom meeting. The main window shows a presentation slide titled 'Acidity' from a software called Nitro Pro. The slide features two images: a cartoon boy holding his stomach in pain and a diagram of a human stomach with a red flame-like area representing acid. The Zoom interface includes a top bar with 'Recording', 'You are viewing Kiran Lata Dangwal's screen', 'View Options', and '126' participants. The bottom bar has controls for 'Unmute', 'Start Video', 'Participants', 'Chat', 'Share Screen', 'Record', 'Reactions', and a 'Leave' button. Two video thumbnails are visible on the right: one for 'Lt.Dr.P.Karpagavalli' and another for 'Kiran Lata Dangwal'.

Webinar Report

Sri G.V.G. Visalakshi College for Women
(Autonomous), Udumalpet.

National Cadet Corps.

Date: 21.06.2021

Time: 4.00 pm to 5.30 pm

International Yoga Day

Topic :-

"Happy Life is an Art with Yoga"

Objective:-

The main objective of this programme is to create the importance of yoga, and how it is needful for our healthy and happy life. Particularly in this pandemic, how we can adopt this for our peaceful life.

Resource Person:-

Capt. Kiran Lata Dangwal
63, UP BN NCC
University of Lucknow,
Uttar Pradesh Directorate.

The webinar started with formal welcome address given by our NCC officer, Lt. Dr. P. Karpagaralli and she introduced the resource person also.

The Resource Person explained in a simple way as and how yoga will help to maintain proper health, particularly for girl students.

Yoga will help them to solve their many types of menstrual problems and it gives

-them relaxation.

She gave tips on performing yoga amidst of our busy schedule just for 10 minutes.

Finally our Senior Under officer R. Thenmozhi (III yr) proposed vote of thanks.

R. Karpagavalli

Lt. Dr. P. KARPAGAVALLI
NCC44340415, 5 (TN) Girls Bn.
Associate NCC Officer,
Asst. Professor of History,
Sri GVG Visalakshi College for Women,
Udumalpet - 642 128.

(Associate NCC officer)

Rajiswari: Dr. 21.6.21

Signature of the Principal

PRINCIPAL
SRI GVG-VISALAKSHI COLLEGE
FOR WOMEN (AUTONOMOUS)
VENKATESA MILLS POST,
UDUMALPET - 642 128

Responses

The screenshot shows the 'Responses' tab of a Google Form titled 'Untitled form'. The interface includes a navigation bar with 'Questions', 'Responses' (389), and 'Settings'. A summary card displays '389 responses' and a toggle for 'Accepting responses' which is turned on. Below this, there are three tabs: 'Summary', 'Question', and 'Individual'. The 'Summary' tab is active, showing a list of email addresses under the heading 'E-mail l'd'.

E-mail l'd
manisnamanisna/z45@gmail.com
renumugidha@gmail.com
anbuselvibk20@gmail.com
manjurose97@gmail.com
Varshinigac@gmail.com
narmathadevigunasekaran@gmail.com

The screenshot shows the 'Responses' tab of the same Google Form. The 'Summary' tab is active, displaying a pie chart for the question 'Designation'. The chart shows that 85.9% of respondents are 'Student' and 14.1% are 'Faculty'. Below the chart, there is a list of responses for the question 'Name of the Institution (College/University)'. The first two responses are 'Sri GVG Visalakshi College for Women'.

Designation
Student (85.9%)
Faculty (14.1%)

Name of the Institution (College/University)
Sri GVG Visalakshi College for Women
Sri GVG visalakshi college for women

Participants List:

Timestamp	E-mail Id	Name (as per Certificate)	Designation	Name of the Institution (C What's app no)	Any Expectations
6/19/2021 20:32:18	saromoorthi0@gmail.com	K. sarasuvathi	Student	Bharathiyar arts and scie	9344365858
6/19/2021 20:33:01	muthusivapriya18@gmail.com	M. sivapriya	Student	Bharathiyar arts and scie	9994639030
6/19/2021 20:33:43	saromoorthi0@gmail.com	K. sarasuvathi	Student	Bharathiyar arts and scie	9344365858
6/19/2021 20:34:51	saromoorthi0@gmail.com	K. sarasuvathi	Student	Bharathiyar arts and scie	9344365858
6/19/2021 20:35:26	muthusaravanan2002@gmail.com	E. Muthu Saravanan	Student	E. Muthu Saravanan	9025114875 no
6/19/2021 20:36:54	saromoorthi0@gmail.com	K. sarasuvathi	Student	Bharathiyar arts and scie	9344365858
6/19/2021 20:41:24	Vishalikalalathan@gmail.com	K. visaal	Student	Bharthiyar arts and scien	6369934597 No
6/19/2021 20:43:38	idhayavspgm02@gmail.com	Idhaya V	Student	Bharathiyar Arts and Scie	8838565760
6/19/2021 20:49:32	logeshwaribca09@gmail.com	No	Student	Bharathiyar arts and Scie	8015474879 Yes
6/19/2021 20:54:46	menaa312002@gmail.com	S. Menaa	Student	barthivar art and science	9751547489 heloins others

6/20/2021 17:38:16	ksujkarthi1125@gmail.com	cs SUJITHA k	Student	Sri GVG Visalakshi Colle	9597920498 Yes
6/20/2021 17:49:02	kavitha958569@gmail.com	cc S. Kavitha	Student	Sri GVG Vishalakshi Coll	9025636753 Very utilizes the webinar
6/20/2021 18:02:00	anbarasi952@gmail.com	Mrs G. Anbarasi	Faculty	A. D. M. College for Won	9600277881 Useful message
6/20/2021 18:02:19	iswaryalakshmi2002@gmail.com	gn V. Iswarya Lakshmi	Student	Sri GVG Vishalakshi coll	7010667954 It's going to be a useful class
6/20/2021 18:06:04	vimalasaranya123@gmail.com	K. VIMALA	Student	Sri GVG Visalakshi colle	8668061729 No
6/20/2021 18:06:37	praveenamaths2018@gmail.com	gr PRAVEENA T	Student	Sri GVG Visalakshi Colle	9496468204 Peaceful, Calm down, the stress should change
6/20/2021 18:15:54	sangeethamaruthamuthu	SANGEETHA M	Student	SRI GVG VISHALAKSHI	6382755744 The video is useful
6/20/2021 18:16:06	rajenderanthemozhi@gmail.com	g THENMOZHI. R	Student	Sri GVG Visalakshi coll	9384486221 No
6/20/2021 18:23:12	manjurose97@gmail.com	Manuja Esvari s	Student	Gvg visalakshi college	9345524732 Main thing
6/20/2021 18:25:35	tharanava68@gmail.com	coi B. Bhavatharani	Student	Sri GVG visalakshi colle	7502393813 Yes
6/20/2021 18:44:45	manoranjithamthavaman	Manoranjitham. T	Student	Sri gvg vishalakshi colle	7558110336 I am excited to that class
6/20/2021 18:51:35	Chandrasekarsoundarya	M. C. Soundarya	Student	Sri GVG VISHALAKSHI	8870954434
6/20/2021 18:54:43	sumathipanjalngam@gmail.com	gn Sumathi P	Student	Sri GVG visalakshi colle	9361737521 No
6/20/2021 19:13:13	bava832002@gmail.com	Bavatharan D	Student	Sri GVG visalakshi colle	8220937092 Interesting ... With tamil speech also
6/20/2021 19:14:50	shobikaips008@gmail.com	co S. Shobika. S	Student	Sri GVG visalakshi colle	9786838679 Yes
6/20/2021 19:35:34	nandhinimurugessh2001@gmail.com	M. Nandhini	Student	Sri GVG Visalakshi Colle	8668080739 No
6/20/2021 19:57:42	kiruthika282002@gmail.com	c R. kiruthika	Student	Sri Gvg vishalakshi Colle	9786951363 Good experience
6/20/2021 20:05:50	official shruthika@gmail.com	s. shruthika	Student	Sri GVG visalakshi colle	7598762904 No

Untitled form (Responses) Share

Last edit was seconds ago

A1	Timestamp	B	C	D	E	F	G	H
72	6/21/2021 6:51:33	maadhudharshinishanm. Maadhudharshini. S	Student	Sri GVG Visalakshi colle	6369441738			
73	6/21/2021 7:34:16	giftashiny2001@gmail.cc GIFTA SHINY V	Student	SRI GVG VISALAKSHI C	7397190279	Waiting for the session		
74	6/21/2021 7:55:09	keerthananarajpriya@gmz S KEERTHANA	Student	Sri GVG Visalakshi Colle	9790335214			
75	6/21/2021 7:56:26	kalayarasidhakhshana25 Kalayarasi.D	Student	Sri GVG Visalakshi colle	9159474959	None		
76	6/21/2021 7:57:17	pradeepapapa1708@gm P. Pradeepa	Student	Sri Gvg vishalakshi colle	8778531594	No more expectations		
77	6/21/2021 7:57:54	sidselva07@gmail.com K.SELVA BRINDHA	Student	Sri GVG Visalakshi Colle	9361625985			
78	6/21/2021 7:58:32	narmathadevignasekarz G.Narmathadevi	Student	SRI GVG VISALAKSHI C	7639896721	Yes		
79	6/21/2021 8:00:10	abarnapranav4@gmail.c R. Abarna	Student	Sri GVG Visalakshi Colle	9786596894			
80	6/21/2021 8:00:51	rupavenkatachalam@gm V.Gantharupa	Student	Sri GVG Visalakshi colle	6374456188	No		
81	6/21/2021 8:03:42	manishamanisha72457 P.Manisha	Student	Sri GVG Visalakshi colle	6383718467	The session was wonderful . And pls arrange another yog		
82	6/21/2021 8:03:43	deepikaglgchem12@gma G. Deepika	Student	Sri GVG Visalakshi Colle	9843205047	Yes		
83	6/21/2021 8:04:53	kiruthika6534@gmail.cor S.kiruthika	Student	Sri gvg visalakshi for wc	6379986534	Very nice		
84	6/21/2021 8:04:55	deepapalanivel104@gm Deepa p	Student	Sri GVG visalakshi colle	9787405521	no		
85	6/21/2021 8:05:28	yuvashriram2427@gma R.Yuvashri	Student	Sri GVG Visalakshi wom	7603810045	No		
86	6/21/2021 8:06:20	nn9416131@gmail.com Nandhini.T	Student	Sri GVG Visalakshi Colle	9025519359	No		
87	6/21/2021 8:08:35	dhiyageetha2001@gma Dhiyva .M	Student	SRI GVG VISALAKSHI C	9344012947	No		
88	6/21/2021 8:08:53	vijaysweety83@gmail.c Dr.S.Vijaya	Faculty	Sri GVG Visalakshi Colle	9159364105	Useful presentation		
89	6/21/2021 8:09:37	msnriva065@gmail.com M.nrvanka	Student	Sri nvn vishalakshi Colle	7538843402	No		

Form Responses 1 | Sheet2

12:23 PM 12/14/2021

Untitled form (Responses) Share

Last edit was 2 minutes ago

A1	Timestamp	B	C	D	E	F	G	H
321	6/21/2021 17:09:18	estherisrave187@gmail.c ESTHER AKALYA	Student	SRI GVG visalakshi colle	7708048902	No		
322	6/21/2021 17:09:25	dhiyageetha2001@gma M.Dhiyva	Student	SRI GVG VISALAKSHI C	9344012947	NO		
323	6/21/2021 17:09:45	harivarshinibsc.cs@gmail.T.Harivarshini	Student	Sri.GVG.Visalakshi colle	8072907161	It is very useful		
324	6/21/2021 17:09:47	ranganayagi17p@gmail.p.Renganayaki	Student	Sri GVG visalachi colle	6383028398	It is very useful		
325	6/21/2021 17:09:55	harsh.masilamani@gmail Harshini M	Student	Sri GVG Visalakshi Colle	9952195686			
326	6/21/2021 17:09:56	vikashini30cs@gmail.cor Vikashini V	Student	Vikashini V	7810023943	Very good		
327	6/21/2021 17:10:00	20umat13@srcw.ac.in A.Sowmiya Devi	Student	Sri Ramakrishna College	9600620855	The session is very nice.Expect more session like this.		
328	6/21/2021 17:10:04	anbuselvir2@gmail.com Dr. Anbuselvi Ramalinga	Faculty	Anbuselvi Ramalingam	9791217846	Excellent presentation.		
329	6/21/2021 17:10:10	chaimannfed@gmail.cor KVJ. Prof. Dr. R. Ganesa	Faculty	National Foundation for E	7708986032	Nil		
330	6/21/2021 17:10:20	narmathadevignasekarz G.Narmathadevi	Student	SRI GVG VISALAKSHI C	7639896721	No		
331	6/21/2021 17:10:38	ksujikarthi1125@gmail.c SUJITHA K	Student	Sri GVG visalakshi colle	9597920498	Yes		
332	6/21/2021 17:10:59	swarnasrinivasan13@gm. CDT.S.SWARNA LAKSH	Student	SRI SARADA COLLEGE	9789317138	The session was good qnd intresting. Thankyou		
333	6/21/2021 17:11:15	kalayarasidhakhshana25 Kalayarasi.D	Student	Sri GVG Visalakshi colle	9159474959			
334	6/21/2021 17:11:30	muthusivapriya18@gma Cadet M.sivapriya	Student	Bharathiyar arts and scie	9994639030	No		
335	6/21/2021 17:11:41	swethasekar000@gmail. Swetha Sekar	Student	Sri Ramakrishna College	8825946955	Nil		
336	6/21/2021 17:12:31	dhatchaya.bsccs20@gm S.Dhatchaya	Student	Sri Gvg visalakshi colle	9361168493	Nothing		
337	6/21/2021 17:13:28	shreesakkiraj1@gmail.c Gomathishree E	Student	Sri GVG Visalakshi Colle	8523901305			
338	6/21/2021 17:13:35	nivethasivakumar a@nm NIVETHA S.	Student	Sri GVG Visalakshi colle	9344959169	.This session is very useful for me		

Form Responses 1 | Sheet2

12:24 PM 12/14/2021

CERTIFICATE



SRI G.V.G. VISALAKSHI COLLEGE FOR WOMEN
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Udumalpet - 642 128 Tiruppur District, Tamil Nadu
AND
5 TN Girls Battalion - Coimbatore Group TN, P & AN Directorate

CERTIFICATE OF PARTICIPATION

This is to certify that **A. Madhumitha, II B. Sc. Chemistry**
has Actively participated in the National Webinar on
"Happy Life us an Art with Yoga"
Jointly Organised by Sri G.V.G.Visalakshi College For Women (Autonomous), Udumalpet
& 5TN Girls Battalion - Coimbatore Group TN,P &AN Directorate
held on **21st June, 2021.**

ADVISOR
Col. BR. Satish
Co- 5 TN - Girls BN - CBE

CONVENOR
Lt. Dr. P. Karpagavalli
Associate NCC Officer

PATRON
Dr. N. Rajeswari
Principal

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AND
5 TN Girls Battalion - Coimbatore Group TN, P & AN Directorate

CERTIFICATE OF PARTICIPATION

This is to certify that **K.Ranjitha, II B.Sc Chemistry**
has Actively participated in the National Webinar on
"Happy Life us an Art with Yoga"
Jointly Organised by Sri G.V.G.Visalakshi College For Women (Autonomous), Udumalpet
& 5 TN Girls Battalion - Coimbatore Group TN, P & AN Directorate
held on **21st June, 2021.**

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Col. BR. Satish
Co- 5 TN - Girls BN - CBE

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Associate NCC Officer

PATRON
Dr. N. Rajeswari
Principal

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AND
5 TN Girls Battalion - Coimbatore Group TN, P & AN Directorate

CERTIFICATE OF PARTICIPATION

This is to certify that **S.Kavitha, 2nd BSc Computer Science/ Student**

has Actively participated in the National Webinar on

"Happy Life us an Art with Yoga"

Jointly Organised by Sri G.V.G.Visalakshi College For Women (Autonomous), Udumalpet
& 5 TN Girls Battalion - Coimbatore Group TN, P & AN Directorate

held on **21st June, 2021.**

ADVISOR

Col. BR. Satish

Co- 5 TN - Girls BN - CBE

CONVENOR

Lt. Dr. P. Karpagavalli

Associate NCC Officer

PATRON

Dr. N. Rajeswari

Principal

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AND
5 TN Girls Battalion - Coimbatore Group TN, P & AN Directorate

CERTIFICATE OF PARTICIPATION

This is to certify that **K.Sharubala, Student**

has Actively participated in the National Webinar on

"Happy Life us an Art with Yoga"

Jointly Organised by Sri G.V.G.Visalakshi College For Women (Autonomous), Udumalpet
& 5 TN Girls Battalion - Coimbatore Group TN, P & AN Directorate

held on **21st June, 2021.**

ADVISOR

Col. BR. Satish

Co- 5 TN - Girls BN - CBE

CONVENOR

Lt. Dr. P. Karpagavalli

Associate NCC Officer

PATRON

Dr. N. Rajeswari

Principal

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 Udumalpet - 642 128 Tiruppur District, Tamil Nadu
 AND
 5 TN Girls Battalion - Coimbatore Group TN, P & AN Directorate



CERTIFICATE OF PARTICIPATION


This is to certify that **SANGEETHA M**, Student
 has Actively participated in the National Webinar on
"Happy Life us an Art with Yoga"
 Jointly Organised by Sri G.V.G.Visalakshi College For Women (Autonomous), Udumalpet
 & 5 TN Girls Battalion - Coimbatore Group TN, P & AN Directorate
 held on 21st June, 2021.

ADVISOR
Col. BR. Satish
 Co- 5 TN - Girls BN - CBE


CONVENOR
Lt. Dr. P. Karpagavalli
 Associate NCC Officer

PATRON
Dr. N. Rajeswari
 Principal

This E-certificate requires no signature



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 (Autonomous) Accredited at A+ Grade by NAAC (4th Cycle)
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 Udumalpet - 642 128 Tiruppur District, Tamil Nadu
 AND
 5 TN Girls Battalion - Coimbatore Group TN, P & AN Directorate



CERTIFICATE OF PARTICIPATION

This is to certify that **S.Kavitha, 2nd BSc Computer Science/ Student**
 has Actively participated in the National Webinar on
"Happy Life us an Art with Yoga"
 Jointly Organised by Sri G.V.G.Visalakshi College For Women (Autonomous), Udumalpet
 & 5 TN Girls Battalion - Coimbatore Group TN, P & AN Directorate
 held on 21st June, 2021.

ADVISOR
Col. BR. Satish
 Co- 5 TN - Girls BN - CBE

CONVENOR
Lt. Dr. P. Karpagavalli
 Associate NCC Officer

PATRON
Dr. N. Rajeswari
 Principal

This E-certificate requires no signature



SRI G.V.G. VISALAKSHI COLLEGE FOR WOMEN

(Autonomous) Accredited at A+ Grade by NAAC (4th Cycle)
An ISO Certified Institution

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AND

5 TN Girls Battalion - Coimbatore Group TN, P & AN Directorate



CERTIFICATE OF PARTICIPATION

This is to certify that **K.Sharubala, Student**

has Actively participated in the National Webinar on

"Happy Life us an Art with Yoga"

Jointly Organised by Sri G.V.G.Visalakshi College For Women (Autonomous), Udumalpet
& 5 TN Girls Battalion - Coimbatore Group TN, P & AN Directorate

held on **21st June, 2021.**

ADVISOR

Col. BR. Satish

Co- 5 TN - Girls BN - CBE

CONVENOR

Lt. Dr. P. Karpagavalli

Associate NCC Officer

PATRON

Dr. N. Rajeswari

Principal

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AND

5 TN Girls Battalion - Coimbatore Group TN, P & AN Directorate



CERTIFICATE OF PARTICIPATION

This is to certify that **SANGEETHA M , Student**

has Actively participated in the National Webinar on

"Happy Life us an Art with Yoga"

Jointly Organised by Sri G.V.G.Visalakshi College For Women (Autonomous), Udumalpet
& 5 TN Girls Battalion - Coimbatore Group TN, P & AN Directorate

held on **21st June, 2021.**

ADVISOR

Col. BR. Satish

Co- 5 TN - Girls BN - CBE

CONVENOR

Lt. Dr. P. Karpagavalli

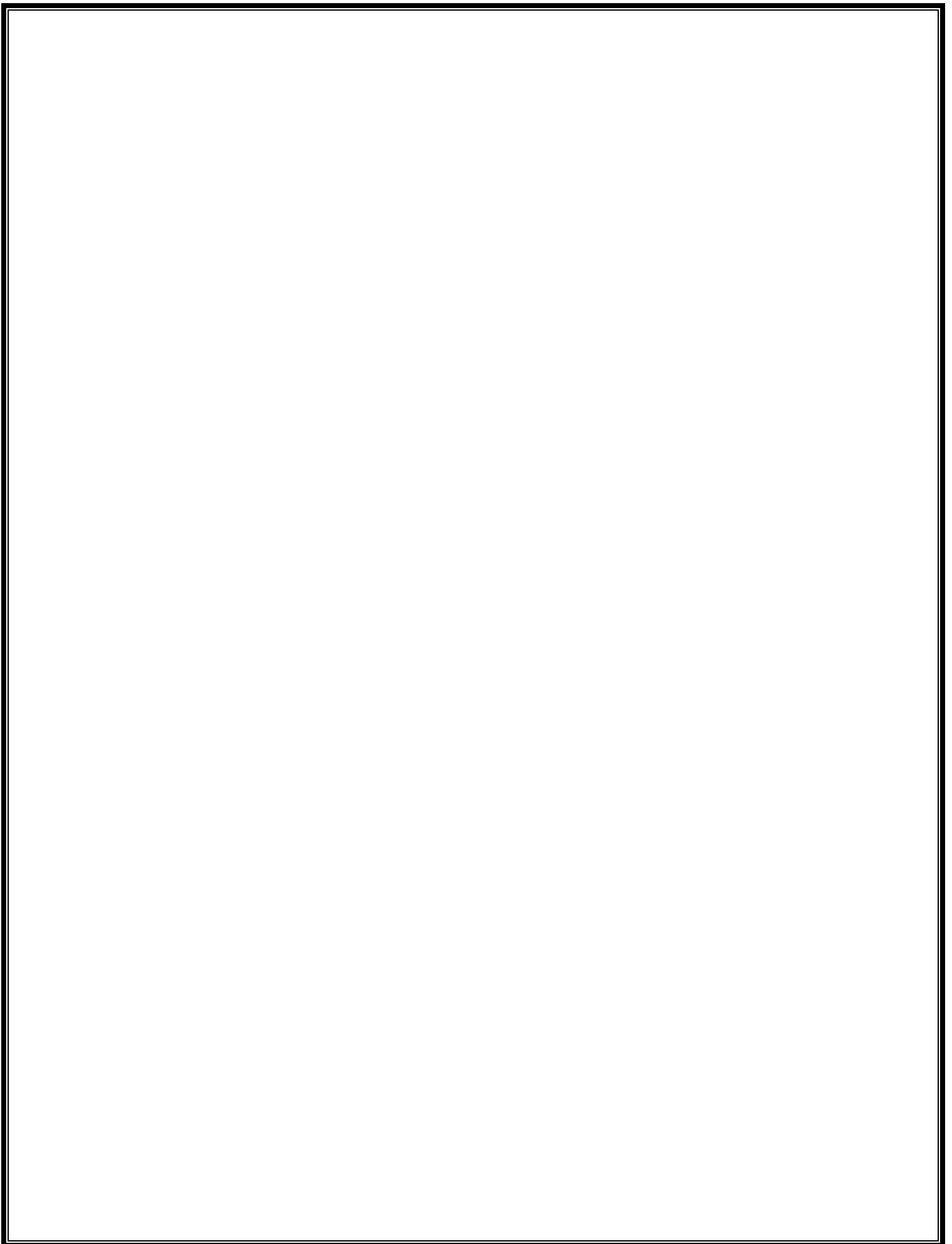
Associate NCC Officer

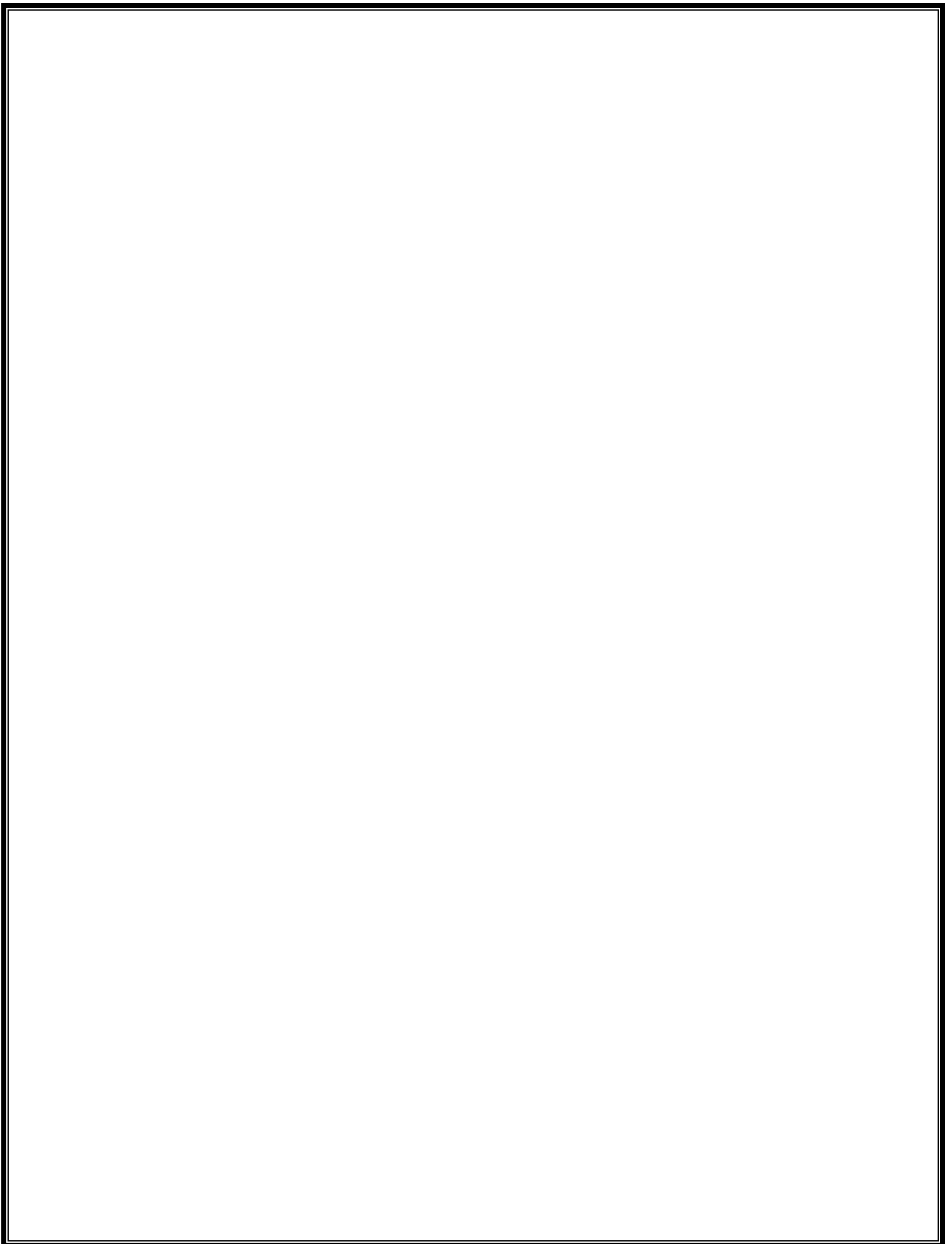
PATRON

Dr. N. Rajeswari

Principal

This E-certificate requires no signature







**SRI GVG VISALAKSHI COLLEGE FOR WOMEN
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Udumalpet - 642 128



International Yoga Day Celebrations

21st June 2021



Webinar on

YOGA AND MEDITATION TO BOOST IMMUNITY

Organized under

STUDENT INDUCTION PROGRAMME

Platform: Video Conferencing through Zoom

Meeting ID: 832 8111 4247 Passcode: GVGVC SIP

Date: 21st June 2021, (2 p.m.- 4 p.m.)


SRI GVG VISALAKSHI COLLEGE FOR WOMEN
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 ISO 9001:2015


STUDENT INDUCTION PROGRAMME
 Webinar
Yoga and Meditation to Boost Immunity
 21st June International Yoga Day
 21-06-2021 - International Yoga Day
 Time: 2 - 4 p.m.


Dr.S.SHIVKUMAR
 Faculty,
 Art of Living International Foundation,
 Bangalore, Karnataka



Zoom link:
 Meeting ID: 832 8111 4247
 Passcode: GVGVCSP

Dr.N.Rajeswari Principal
Dr.C.Susila Programme Organiser
Dr.S.Shenbagavalli SIP Coordinator

Organising Committee: **Dr.B.Rajalakshmi, Dr.M.Karpagadevi**

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 ISO 9001:2015


Certificate of Participation

This is to certify that A . Anitha , I BSC MATHEMATICS , Sri GVG Visalakshi College for Women, Udumalpet has actively participated in the webinar on “**Yoga and Meditation to Boost Immunity** ” organized under **STUDENT INDUCTION PROGRAMME** held on June 21st, 2021.

Dr.S.Shenbagavalli SIP Coordinator
 Dr.C.Susila Programme Organiser
 Dr.N.Rajeswari Principal

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Certificate of Participation

This is to certify that A. Divya, B. Com (e-com)), Sri GVG Visalakshi College for Women, Udumalpet has actively participated in the webinar on “**Yoga and Meditation to Boost Immunity** ” organized under **STUDENT INDUCTION PROGRAMME** held on June 21st, 2021.

Dr.S.Shenbagavalli SIP Coordinator
 Dr.C.Susila Programme Organiser
 Dr.N.Rajeswari Principal

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Link to Certificates:

<https://drive.google.com/drive/folders/14UFtkEXvuykMDsb3AknXsgKF1aKSexpa?usp=sharing>



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STUDENT INDUCTION PROGRAMME

YOGA AND MEDITATION TO BOOST IMMUNITY

Programme Sheet

Date: 21st June, 2021

Time: 2-4 p.m.

Zoom Link:

<https://us02web.zoom.us/j/83281114247?pwd=SjFUQVFHMEliU0h3aFhBbXozenZtQT09>

Meeting ID: 832 8111 4247

Passcode: GVGCSIP

**Welcome Address : Dr.S.Shenbagavalli
SIP Coordinator
Assistant Professor of History**

**Presidential Address : Dr.N.Rajeswari
Principal**

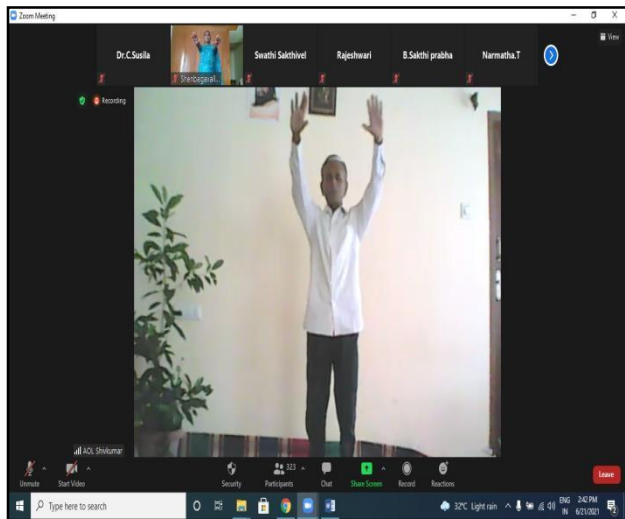
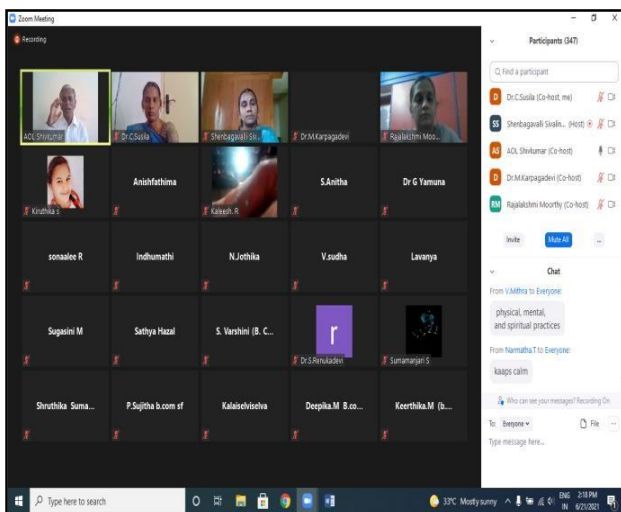
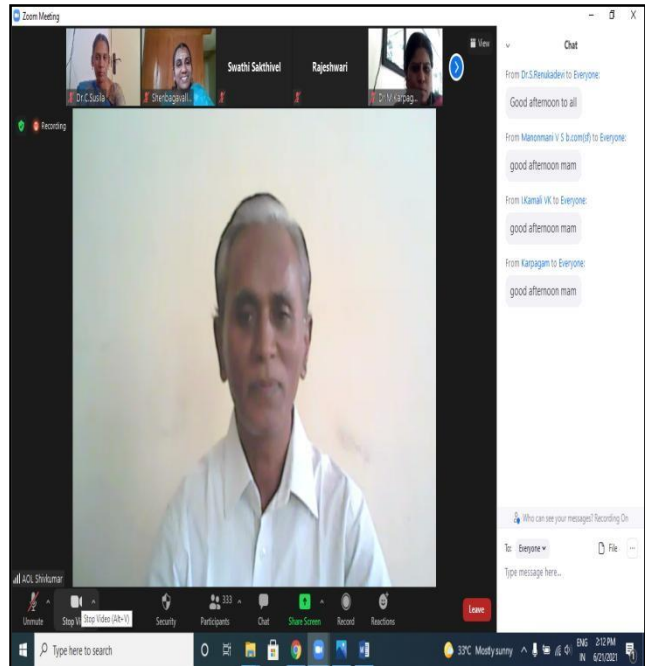
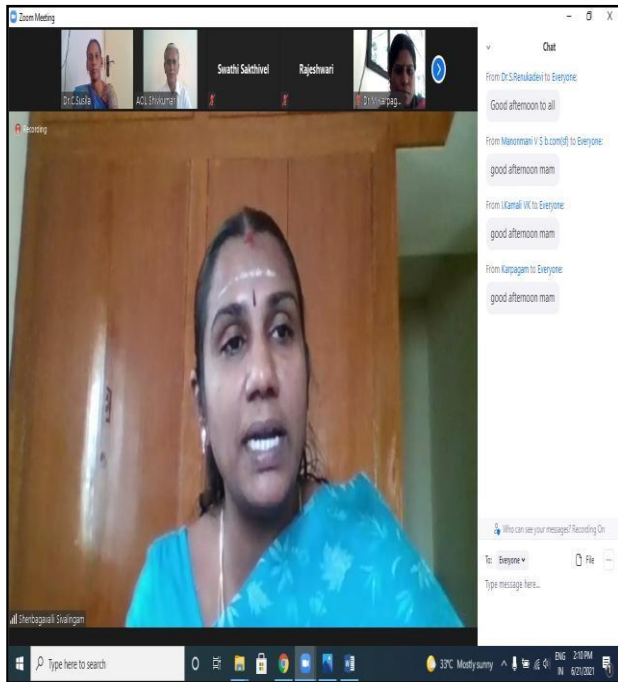
**Keynote Address : Dr. S.Shivkumar
Faculty
Art of Living International**

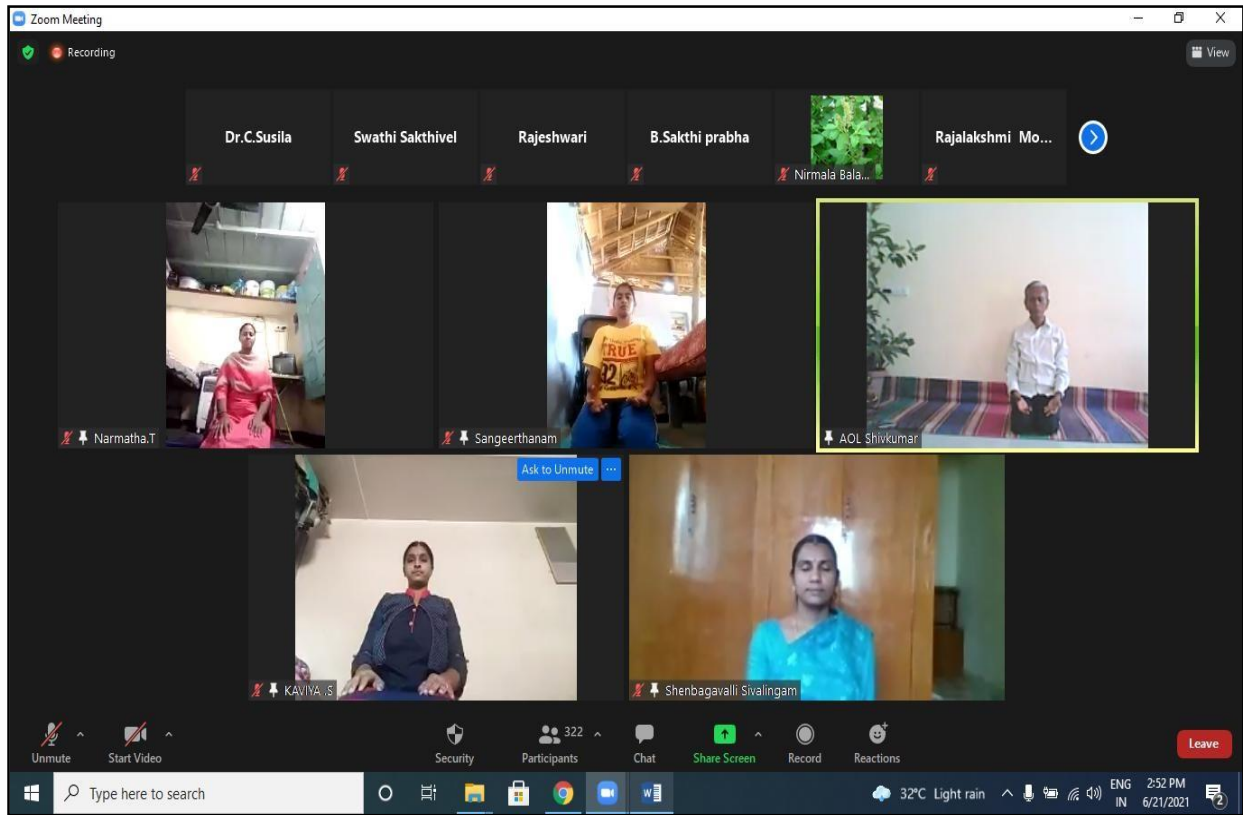
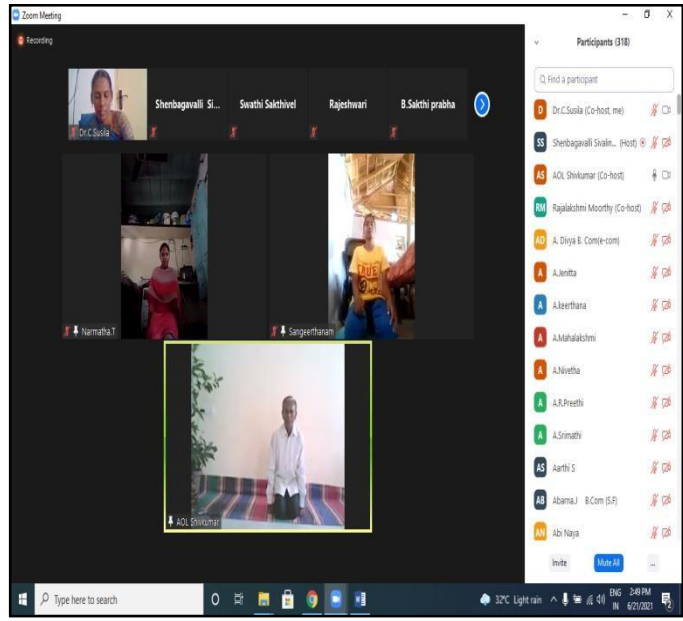
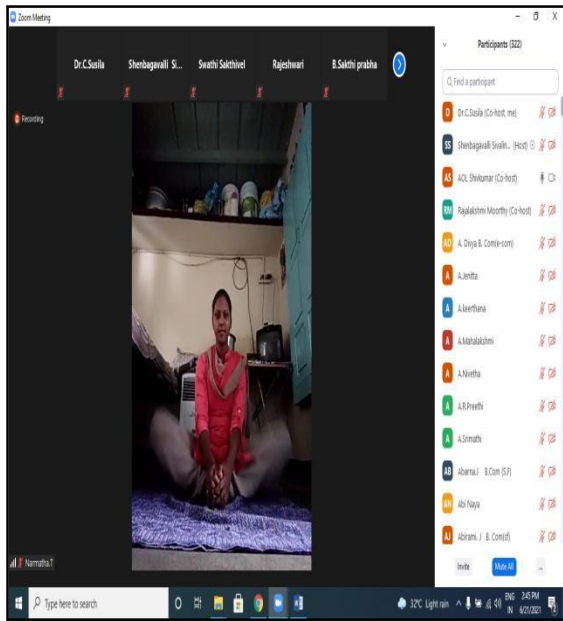
**Foundation
Bangalore, Karnataka**

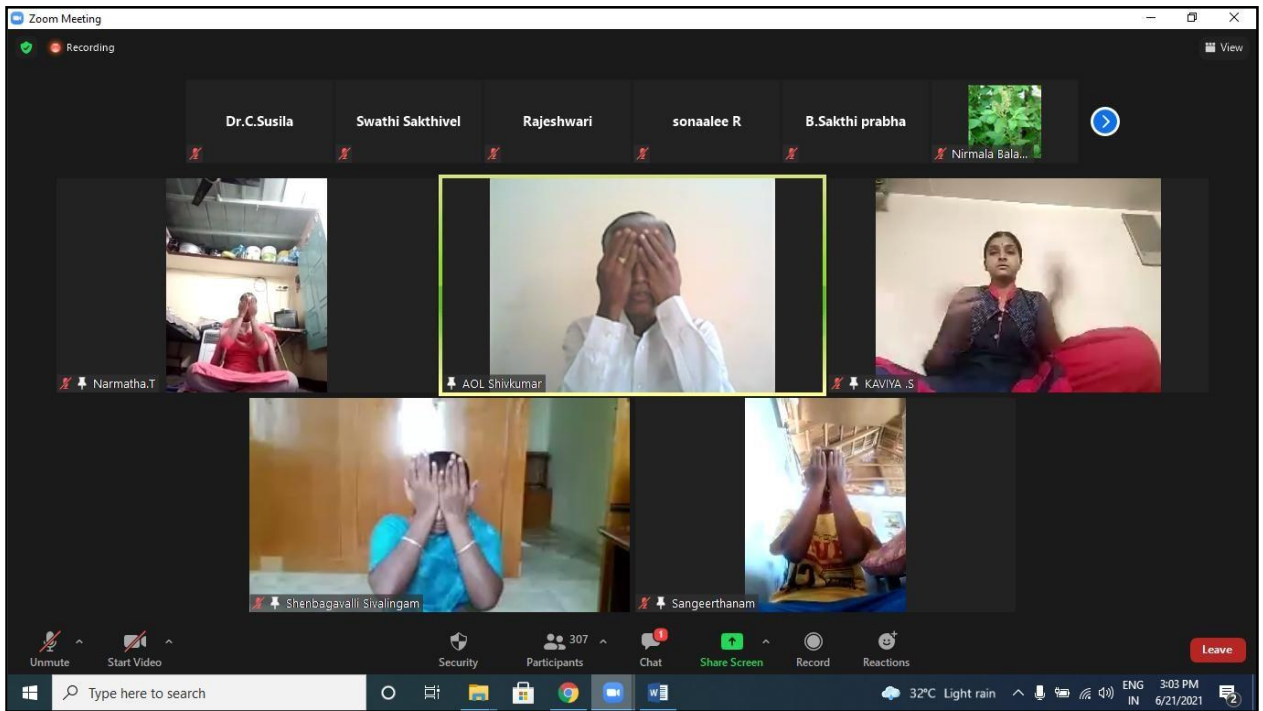
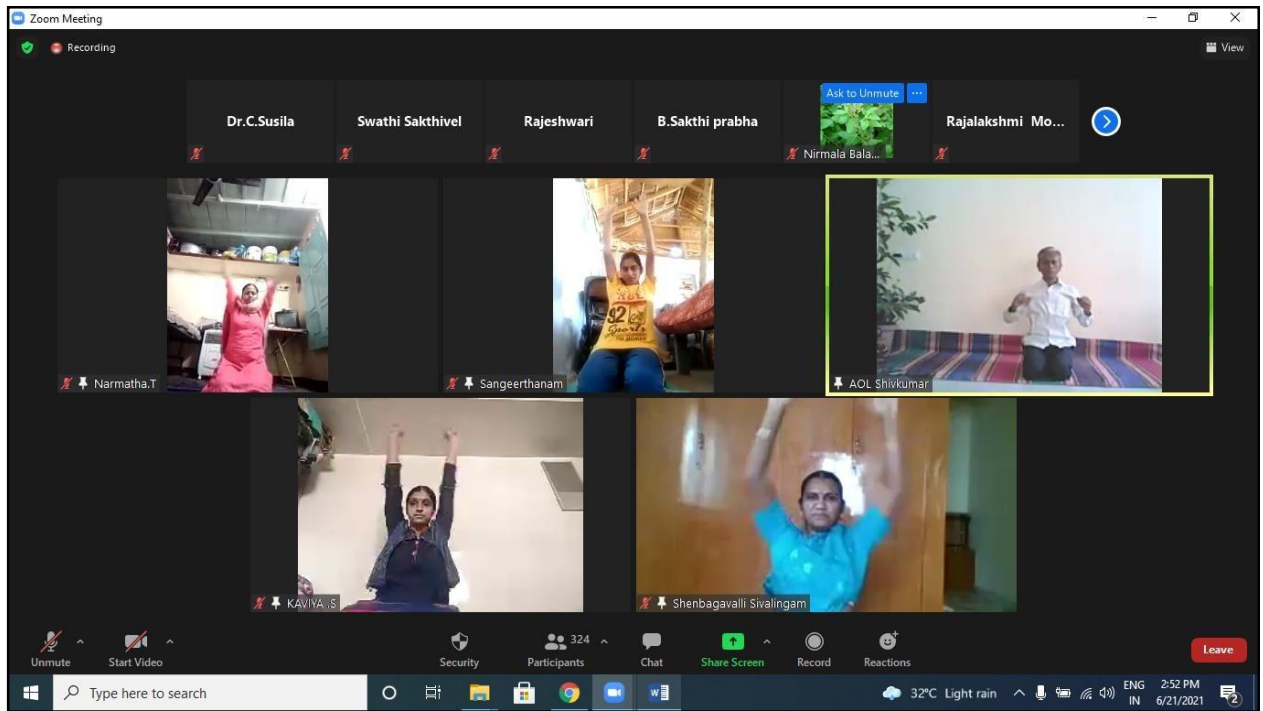
**Vote of Thanks : Dr.C.Susila
Assistant Professor of English**

All are cordially invited

Glimpses of the Event:







Link to video:

https://drive.google.com/file/d/1pBvboypog8LYLjrKZKTMQOU55jb_zPz-/view?usp=sharing

International Yoga Day Celebrations

Student Induction Programme

21st June 2021

Report

On the eve of International Yoga Day a Webinar on “Yoga and Meditation to Boost Immunity” was organized under Student Induction Programme of Sri GVG Visalakshi College for Women (Autonomous) on 21st June 2021 exclusively for the I UG Students through video conferencing using Zoom platform.

Objectives:

- To inculcate the values of yoga in the minds of the young students
- To celebrate International day of Yoga.

The Webinar started at 2 p.m with the welcome address by Dr.S.Shenbagavalli, the Coordinator of SIP. She also introduced the Resource Person. Dr.N.Rajeswari, the Principal delivered the Presidential Address.

Dr.S.Shivkumar clearly explained the importance of yoga education and the need of managing stress in this pandemic situation. He explained the theme for International Day of Yoga (2021) is ‘Yoga for Well-being.’ The COVID-19 pandemic has exacerbated psychological suffering and mental health problems, including depression and anxiety. He practically taught the basic steps of yoga and pranayama to the students.

In the Interactive session, the queries of the students were well answered by the Resource person. The programme came to an end with the concluding remarks and vote of thanks by Dr.C.Susila, Assistant Professor of English.

A total number of 334 people including first year students and faculty members were benefitted.

S. Shenbagavalli
SIP Coordinator

C. Sui
Programme Organiser



Rajeswari D
Principal
PRINCIPAL
SRI GVG VISALAKSHI COLLEGE
FOR WOMEN (AUTONOMOUS)
VENKATESA MILLS POST,
UDUMALPET - 642 128

Profile of the Resource Person



Dr S Shivkumar received his B.E degree in ECE from Kumaraguru College of Technology, Coimbatore in the year 1995. Received M.E degree in Communication Systems and Ph.D. in Information and Communication Engineering from Anna University, Chennai.

He has 24 years of teaching experience as Professor in ECE in reputed Engineering Colleges. He has published more than 50 papers in reputed impact factor journals. He is a reviewer in Journal of Electrical Engineering & Technology, Journal of Computer Science and KSII Transactions on Internet & Information systems. His area of interest includes Wireless Networks, Network Security, VLSI and Embedded Systems. He is a member of ISTE, CSI and IAENG.

He is a faculty of Art of Living International Foundation, handling Stress Management & Capacity Building workshops in Schools and Colleges. Happy to serve in this cadre as the programs of the Art of Living bring Inner Peace & Outer Dynamism (IPOD) in every individual that it reaches.

Following programs are handled by him for Students and Faculty Members in Colleges.

Youth Empowerment and Skills workshop (YES!+ - for Students)

A powerful life-skills program, that charges the youth with a fresh breath of vigour, enthusiasm, excellence and responsibility. YES!+ enables participants to absorb the freshness, the repose and all the positivity around them, and helps to discharge stress, inhibitions, bad habits, and barriers.

Students Excellence and Learning Program (SELP)

Art of Living's Student Excellence & Learning Program (SELP) is a World Bank sponsored program which is exclusively designed for TEQIP-III institutes in collaboration with NPIU-MHRD to empower students enhance their learning abilities and decision-making skills.

Productivity Enhancement Program (PEP For Faculty Members)

The PEP is a 12-hour team building and change management program for organizational development spread over 4 days. The program deals with large scale change efforts to enhance organizational vision that inspire and empower employees.

All these programs are a brilliant mix of antiquity and the contemporary. It is a smooth blend of ancient wisdom, yoga, pranayama (breath control),and meditation fused with contemporary intellectual exchanges, music and games. And of-course it includes *His Holiness Sri Sri Ravi Shankar's powerful and famous breathing technique, the Sudarshan Kriya.*

Dr S.Shivkumar

drsshivkumar@gmail.com

+91 944 233 9862

Feed Back and Attendance

The screenshot displays a web interface for a course titled "Feedback for certificates-Yoga & Meditation". The main content area shows the "Responses" tab with 334 responses and a total score of 0. A red banner indicates "Not accepting responses" with a message for respondents: "This exam is not currently accepting submissions. Please check back again later." Below this, there are tabs for "Summary", "Question", and "Individual". The "Insights" section provides summary statistics: Average (0 / 0 points), Median (0 / 0 points), and Range (0 - 0 points). A bar chart titled "Total points distribution" shows a single bar at 0 points with a height of approximately 350, representing the number of respondents.

Feedback for certificates-Yoga & Meditation

Questions Responses **334** Total points: 0

334 responses

Not accepting responses

Message for respondents
This exam is not currently accepting submissions. Please check back again later.

Summary Question Individual

Insights

Average 0 / 0 points Median 0 / 0 points Range 0 - 0 points

Total points distribution

of respondents

400
300
200
100
0

0

11:15 AM 9/1/2021

Timestamp	Username	Name	Class (for student ex: I BA Economics)\ Designation(for staff ex: Assistant Professor,Associate Professor)				
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2021/06/21 3:09:50 PM GMT+5:30	kamalivignesh1709vk@gmail.com	I.kamali	BSC (computer Science)	Extremely Informative	Excellent	Excellent	Sri GVG visalakshi college for women
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2021/06/21 3:10:01 PM GMT+5:30	swarnaniranjana@gmail.com	Swarnamugi R	I BA History	Extremely Informative	Excellent	Excellent	Sri GVG visalakshi college for women
2021/06/21 3:10:03 PM GMT+5:30	sangeerthanamloganathan02@gmail.com	M.L.Sangeerthanam	1 st Bsc.Physics	Extremely Informative	Excellent	Excellent	Sri GVG Visalakshi College for women
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2021/06/21 3:10:16 PM GMT+5:30	birundha130@gmail.com	N.Birundha	II Bsc physics	Extremely Informative	Excellent	Excellent	Sri gvg vishalakshi college for women
2021/06/21 3:10:21	jaya9578777407@gmail.com	M.Jayasri	I B.COM(AIDED)	Extremely Informative	Excellent	Excellent	Gvg visalakshi college for women

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2021/06/21 3:10:34 PM GMT+5:30	kowsalyakanagaraj66@gmail.com	K.Kowsalya	IBCom e-commerce	Extremely Informative	Very Good	Excellent	Sri G.V.G Visalakshi College for women
2021/06/21 3:10:34 PM GMT+5:30	swathyswathy598@gmail.com	Swathy D	II BA English literature (SF)	Extremely Informative	Excellent	Excellent	Sri GVG Visalakshi College for women, Udumalpet
2021/06/21 3:10:34 PM GMT+5:30	shifananazeerqueen@gmail.com	N.shifana	I B.COM AIDED	Extremely Informative	Excellent	Excellent	SRI GVG VISALAKSHI COLLEGE FOR WOMEN
2021/06/21 3:10:36 PM GMT+5:30	vpv137901@gmail.com	Vishnupriya.p	I B.sc zoology	Extremely Informative	Excellent	Excellent	Sri GVG Visalakshi College for women
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2021/06/21 3:10:38	skaviyarsm@gmail.com	KAVIYA. S	B. Com(Aided)	Extremely Informative	Excellent	Excellent	Sri G. V. G. Visalakshi College For Women

PM GMT+5:30				ve			
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2021/06/21 3:10:43 PM GMT+5:30	santhyas6879@gmail.com	Santhiya.s	1Bcom(SF)	Extremely Informative	Very Good	Very Good	Sri gvg visalakshi college for women
2021/06/21 3:10:43 PM GMT+5:30	harsh.masilamani@gmail.com	Harshini M	1 BSc Zoology	Extremely Informative	Excellent	Excellent	Sri GVG Visalakshi College for women
2021/06/21 3:10:44 PM GMT+5:30	jothikanattudurai17@gmail.com	N.Jothika	1 B.com (aided)	Extremely Informative	Excellent	Excellent	Sri GVG Visalakshi college for women , udumalpet
2021/06/21 3:10:45 PM GMT+5:30	maneesraj27@gmail.com	Maneesha. R	1B.SC Zoology	Extremely Informative	Excellent	Excellent	Sri GVG Visalakshi College for Women.
2021/06/21 3:10:46 PM GMT+5:30	jayashree.kct@gmail.com	T.Jayasri	1st year B.Com	Very Informative	Excellent	Excellent	Sri g.v.g. visalakshi college for women, udumalpettai
2021/06/21 3:10:47 PM GMT+5:30	kaviyaeswaran71@gmail.com	R.E.kaviya	BS.c(IT)	Very Informative	Very Good	Very Good	Sri GVG visalakshi college for women's
2021/06/21 3:10:47 PM GMT+5:30	padnasathees74@gmail.com	P. Padmavathi	Assistant Professor	Extremely Informative	Excellent	Excellent	Sri GVG Visalakshi College for Women Udumalpet
2021/06/21 3:10:47 PM GMT+5:30	sharanyaramachandran313@gmail.com	Sharanya R	1 BSc Chemistry	Very Informative	Excellent	Excellent	Sri GVG Vishalakshi College for Women , Udumalaipt
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2021/06/21 3:10:48 PM GMT+5:30	manishamanisha72457@gmail.com	P.Manisha	I BSC Chemistry	Extremely Informative	Excellent	Excellent	Sri GVG Visalakshi college for women
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2021/06/21 3:10:55 PM GMT+5:30	anithamallika08@gmail.com	ANITHA.A	I BSC MATHEMATICS (AIDED)	Extremely Informative	Excellent	Very Good	SRI GVG VISALAKSHI COLLEGE FOR WOMEN
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2021/06/21 3:11:02	preethiramesh916@gmail.com	A.R.Preethi	II-B.Sc physics	Extremely Informative	Excellent	Excellent	Sri Gvg Visalakshi College For Women,

PM GMT+5:30				ve			udumalpet.
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2021/06/21 3:11:08 PM GMT+5:30	kowsika71@gmail.com	K.kowsika	Student, I B.Sc chemistry.	Extremely Informative	Excellent	Excellent	Sri Gvg vishalakshi collage for women, udumalpet
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2021/06/21 3:11:10 PM GMT+5:30	sakthivelswathi2003@gmail.com	Swatgi.s	I B.Sc maths aided	Extremely Informative	Excellent	Excellent	Sri GVG Vishalakshi college for women udamelpet
2021/06/21 3:11:12 PM GMT+5:30	sakthipriyab3@gmail.com	B.Sakthipriya	Student	Extremely Informative	Excellent	Excellent	sri gvg visalakshni college for women's
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2021/06/21 3:11:13 PM GMT+5:30	thangaraasu1971@gmail.com	T. Vijaya Dharshini	1st B. Sc Mathematics	Extremely Informative	Excellent	Excellent	Sri GVG Visalakshi college for women (autonomous)
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2021/06/21 3:11:14 PM GMT+5:30	kamalivignesh1709vk@gmail.com	I.kamali	BSC (computer Science)	Extremely Informative	Excellent	Excellent	Sri GVG visalakshi college for women
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2021/06/21 3:11:19 PM GMT+5:30	vishnupriyab.bsccs20@gmail.com	B. Vishnupriya	Bsc.cs	Moderately Informative	Excellent	Excellent	Sri Gvg Vishalakshi clg for womens
2021/06/21 3:11:23 PM GMT+5:30	vsmanonmani2002@gmail.com	Manonmani V.S	I B.com(sf)	Extremely Informative	Excellent	Excellent	Sri Gvg Vishalakshi college for women, udumalpet
2021/06/21 3:11:23 PM GMT+5:30	dharanisprd1511@gmail.com	S. Dharani	1st BSC. IT	Extremely Informative	Excellent	Excellent	Sri GvG Visalakshi college for women
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2021/06/21 3:11:27 PM GMT+5:30	nirmala2730@gmail.com	Mrs. B. Nirmala	Associate Professor	Extremely Informative	Excellent	Excellent	Sri GVG Visalakshi College
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2021/06/21 3:11:29 PM GMT+5:30	anisree0000@gmail.com	S.Anitha	Student	Extremely Informative	Excellent	Excellent	SRI GVG VISHALAKSHI COLLEGE FOR WOMEN
2021/06/21 3:11:29 PM GMT+5:30	aabi01203@gmail.com	D.Abitha	II-B.Sc physics	Very Informative	Very Good	Very Good	Sri GVG visalakshi college for women,udumalpet
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2021/06/21 3:14:25 PM GMT+5:30	skaviyarsm@gmail.com	KAVIYA. S	B. Com/Student	Extremely Informati ve	Excell ent	Excell ent	Sri G. V. G. Visalakshi College For Women
2021/06/21 3:14:26 PM GMT+5:30	mohanapriyas.bsccs20@gmail.com	S.Mohanapriya	I BSC computer science	Extremely Informati ve	Excell ent	Excell ent	Sri GVG visalakshi college for women, udumalpet
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2021/06/21 3:14:28 PM GMT+5:30	shruthivivek08@gmail.com	V.Shruthi	B.Sc.Physics	Extremely Informati ve	Very Good	Very Good	Sri G.V.G Vishalkshi college for women's, Udumalpet
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2021/06/21 3:14:51 PM GMT+5:30	shobika.saravanan42@gmail.com	S.Shobika	1 st B.Sc Physics	Very Informati ve	Very Good	Very Good	Sri GVG Visalakshi college for women
2021/06/21 3:14:54 PM GMT+5:30	soundharyaselvaraj2003@gmail.com	S. Soundharya	Class : 1st B. Sc IT \ Designation : Student	Extremely Informati ve	Excell ent	Excell ent	Sri GVG Visalakshi college for women's Udumalpet
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2021/06/21 3:15:20 PM GMT+5:30	vaishnavimuthusamy18@gmail.com	Vaishnavi Muthusamy	I B.Com (Aided)	Extremely Informati ve	Excell ent	Excell ent	SRI GVG VISALAKSHI COLLEGE FOR WOMEN
2021/06/21 3:15:23 PM GMT+5:30	kaviyanjali002@gmail.com	D.kaviya	1st B.SC chemistry	Extremely Informati ve	Very Good	Very Good	Sri GVG vishalakshi college for women
2021/06/21 3:15:26 PM GMT+5:30	Safanaparveen191@gmail.com	M.safanaparveen	1st B. Sc IT	Extremely Informati ve	Very Good	Very Good	Sri gvg visalakshi college for women
2021/06/21 3:15:30 PM GMT+5:30	divyadevaraj86@gmail.com	D.M.DIVYA	I B.com (aided)	Extremely Informati ve	Excell ent	Very Good	Sri GVG Visalakshi College For Women
2021/06/21	psoundhu2002@gmail.com	Soundharya.p	Bcom SF	Very	Excell	Excell	Sri GvG visalakshi college

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2021/06/21 3:15:40 PM GMT+5:30	champarevathi@gmail.com	K.Champakavarni	I B.Com	Extremely Informati ve	Excell ent	Excell ent	Sri gvg vishalakshi college for women udamelpet
2021/06/21 3:15:48 PM GMT+5:30	mahalakshmiarumugasamy2002@gmail.com	A.Mahalakshmi	1 B.com(SF)/student	Extremely Informati ve	Excell ent	Excell ent	Sri Gvg Visalakshi College for women
2021/06/21 3:15:52 PM GMT+5:30	anishfathimaaa@gmail.com	F.Anishfathima	2 BA English literature sf	Extremely Informati ve	Very Good	Very Good	Sri GVG visalakshi college for women
2021/06/21 3:15:56 PM GMT+5:30	thangaraasu1971@gmail.com	T. Vijaya Dharshini	1st B. Sc Mathematics	Extremely Informati ve	Excell ent	Excell ent	Sri GVG Visalakshi college for women (autonomous)
2021/06/21 3:15:58 PM GMT+5:30	tmahalakshmi262020@gmail.com	T.Mahalakshmi	B.com(e-com)	Extremely Informati ve	Excell ent	Excell ent	Shivkumar
2021/06/21 3:16:00 PM GMT+5:30	Kaviyapriyas29@gmail.com	KAVIYAPRIYA S	Class:(COMMERCE) 1 B.com (Aided) ; DESIGNATION :STUDENT	Extremely Informati ve	Excell ent	Excell ent	SRI GVG VISALAKSHI COLLEGE FOR WOMAN, UDUMALPET.
2021/06/21 3:16:01 PM GMT+5:30	anivethabca@gmail.com	A.Nivetha	Class	Extremely Informati ve	Excell ent	Excell ent	Sri Gvg visalakshi college for women
2021/06/21 3:16:07 PM GMT+5:30	abijawahar887@gamil.com	J. Abirami	B. Com (sf)	Extremely Informati ve	Excell ent	Excell ent	Sri G. V. G Visalakashi College For Women
2021/06/21 3:16:12 PM GMT+5:30	aabi01203@gmail.com	D.Abitha	II-B.Sc physics	Very Informati ve	Very Good	Very Good	Sri GVG visalakshi college for women udumalpet
2021/06/21	skaviskaviya@gmail.com	S. Kaviya	BA.Tamil	Extremely	Excell	Excell	GVG vishalakshi collage

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2021/06/21 3:16:14 PM GMT+5:30	dhanalakshmidl2002@gmail.com	K.Dhanalakshmi	2nd BA english literature sf	Extremely Informati ve	Excell ent	Very Good	Sri gvg visalakshi college for women
2021/06/21 3:16:16 PM GMT+5:30	srmathi487@gmail.com	S.srimathi	I bcom	Extremely Informati ve	Excell ent	Excell ent	Sri gvg visalakshi college for women
2021/06/21 3:16:21 PM GMT+5:30	kaaviyagopal1@gmail.com	G.Kaaviyq	1B.com	Extremely Informati ve	Excell ent	Excell ent	SRI GVG VISALAKSHI COLLEGE OF ARTS AND SCIENCE FOR WOMEN
2021/06/21 3:16:31 PM GMT+5:30	arunadeviravichandran2@gmail.com	Arunadevi R B	I B com	Very Informati ve	Excell ent	Excell ent	SRI GVG VISALAKSHI COLLEGE FOR WOMEN'S
2021/06/21 3:16:32 PM GMT+5:30	mohanapriyavijay1011@gmail.com	P.Mohanapriya	II-Bsc Physics	Extremely Informati ve	Excell ent	Excell ent	Sri GVG Visalakshi College For Women, Udumalpet.
2021/06/21 3:16:33 PM GMT+5:30	poovizhim.p11@gmail.com	P. Poovizhi	I B.com(e-commerce)	Extremely Informati ve	Excell ent	Excell ent	Sri GVG Visalakshi College for Women
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2021/06/21 3:16:36 PM GMT+5:30	birundha130@gmail.com	N.Birundha	II bsc physics	Extremely Informati ve	Excell ent	Excell ent	Sri gvg vishalakshi college for women
2021/06/21 3:16:37 PM GMT+5:30	pp1063700@gmail.com	R.Parvathi	BA Tamil	Very Informati ve	Excell ent	Excell ent	Sri GVG visalakshi college
2021/06/21	vijyalakshmism99@gmail.com	Vijyalakshmi	Student	Extremely	Excell	Excell	Sri Gvg Visalakshi

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2021/06/21 3:16:48 PM GMT+5:30	sanjeevipa@gmail.com	Dr.P.SIRANJEEVI	Assistant Professor of History	Extremely Informati ve	Excell ent	Excell ent	Sri GvG Visalakshi College for women Udumalpet
2021/06/21 3:16:56 PM GMT+5:30	gayu9761@gmail.com	s.gayathri	1 Bsc computer science	Extremely Informati ve	Excell ent	Excell ent	sri gvg visalakshi college for women,udumalpet
2021/06/21 3:16:57 PM GMT+5:30	kavyaramachandran02@gmail.co m	Kavya. R	1st B. SC zoology	Very Informati ve	Excell ent	Very Good	Sri GVG Visalakshi college for women
2021/06/21 3:17:01 PM GMT+5:30	narmadhadevi@gmail.com	Narmadhadevi M	B.Com(CA) I	Extremely Informati ve	Excell ent	Excell ent	Sri GVG visalakshi college for women
2021/06/21 3:17:04 PM GMT+5:30	gowrinavakodi2020@gmail.com	Gowri.N	1 B.sc physics	Extremely Informati ve	Excell ent	Excell ent	Sri G.V.G visalakshi college for womens
2021/06/21 3:17:04 PM GMT+5:30	kaviyanjali002@gmail.com	D.kaviya	1st B.SC Chemistry	Extremely Informati ve	Very Good	Very Good	Sri GVG vishalakshi college for women
2021/06/21 3:17:06 PM GMT+5:30	selvapriyar184@gmail.com	Selva priya. R	I st year B. Sc computer science	Extremely Informati ve	Excell ent	Excell ent	Bharathiyar institution
2021/06/21 3:17:07 PM GMT+5:30	rupavenkatachalam@gmail.com	V.Gantharupa	BSc Chemistry	Extremely Informati ve	Excell ent	Excell ent	Sri GVG Visalakshi college for women
2021/06/21 3:17:07 PM GMT+5:30	hemamayil2001@gmail.com	D.Hemalatha	Student 2BA Tamil literature	Very Informati ve	Excell ent	Excell ent	Sri GVG visalakshi college for women's Udumalpet
2021/06/21	snekasubramani0509@gmail.com	S Sneka	I BSc Physics	Extremely	Excell	Excell	Sri GVG Vishalakshi

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2021/06/21 3:17:10 PM GMT+5:30	sowmisowmiya2002s@gmail.com	S sowmiya	I BSC Chemistry	Extremely Informati ve	Excell ent	Excell ent	Sri Gvg visalakshi college for womens
2021/06/21 3:17:19 PM GMT+5:30	elamathibca2002@gmail.com	P. Elamathi	I BCA	Extremely Informati ve	Excell ent	Excell ent	Sri GVG vishalakshi college for women
2021/06/21 3:17:21 PM GMT+5:30	abinayap.bsccs20@gmail.com	P.Abinaya	I bsc cs A	Very Informati ve	Excell ent	Excell ent	Sri gvg vishalakshi College for women
2021/06/21 3:17:21 PM GMT+5:30	nandhinikathiravan10@gmail.com	Nandhini.k	B.com e-commerce	Extremely Informati ve	Excell ent	Excell ent	Sri GVG visalakshi college for women
2021/06/21 3:17:28 PM GMT+5:30	narmathadevigunasekaran@gmail.com	G.Narmathadevi	I BSC Chemistry	Extremely Informati ve	Excell ent	Excell ent	SRI GVG VISALAKSHI COLLEGE FOR WOMEN, UDUMALPET
2021/06/21 3:17:35 PM GMT+5:30	dhandapanikalees@gmail.com	D.kaleeswari	1st B.com(CA)	Extremely Informati ve	Excell ent	Excell ent	Sri GVG Visalakshi College For Women
2021/06/21 3:17:40 PM GMT+5:30	shanmathisaravan3561@gmail.com	SHANMATHI. S	Bcom CA	Extremely Informati ve	Excell ent	Very Good	Sri gvg vishalakshi college for women
2021/06/21 3:17:40 PM GMT+5:30	sajeenas03438@gmail.com	Sajeena.S	II-B.Com(Aided)	Extremely Informati ve	Excell ent	Excell ent	Sri GVG Vishalakshi College for Women Udumalpet
2021/06/21 3:17:43 PM GMT+5:30	rishikhaayyappan@gmail.com	A.Rishikha	1 B.sc chemistry	Extremely Informati ve	Excell ent	Excell ent	Sri G.V.G VISHALAKSHI CLG FOR WOMENS UDUMALPET
2021/06/21	kumuthavanimanoharan63@gmail.com	M.kumuthavani	I Bcom (e-commerce)	Extremely	Very	Very	Sri GVG Visalakshi

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2021/06/21 3:18:01 PM GMT+5:30	swethas02032@gmail.com	Swetha. S	Computer science	Extremely Informati ve	Excell ent	Very Good	Sri gvg visalakshi college for women's
2021/06/21 3:18:03 PM GMT+5:30	preethiramesh916@gmail.com	A.R.Preethi	II-B.Sc physics	Extremely Informati ve	Excell ent	Excell ent	Sri Gvg Visalakshi College For Women , Udumalpet.
2021/06/21 3:18:10 PM GMT+5:30	ab5045014@gmail.com	M.I.Ayesha Banu	(II BSC Physics)	Extremely Informati ve	Excell ent	Excell ent	Sri GVG Visalakshi College for women
2021/06/21 3:18:16 PM GMT+5:30	dharani8793@gmail.com	S. DHARANI	1st Bsc. Chemistry	Extremely Informati ve	Excell ent	Excell ent	Sri Gvg Visalakshi college for women
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2021/06/21 3:18:30 PM GMT+5:30	anbusasikumar2001@gmail.com	Anbarasi.S	II B.A. English Literature SF	Extremely Informati ve	Excell ent	Excell ent	Bharathiar University
2021/06/21 3:18:33 PM GMT+5:30	karthikarthikarthi80@gmail.com	Vinitha.N	B.com(SF)1 st yr	Extremely Informati ve	Excell ent	Excell ent	Sri gvg visalakshi college for women
2021/06/21 3:18:43 PM GMT+5:30	subasripalanisamy343@gmail.com	P.SUBASRI	I-B.SC(chemistry)	Extremely Informati ve	Very Good	Very Good	SRI GVG VISHALAKSHI COLLEGE FOR WOMEN, UDUMALPET
2021/06/21 3:18:45 PM GMT+5:30	abarnaj24@gmail.com	Abarna.J	1 B.Com(S.F)	Extremely Informati ve	Excell ent	Excell ent	Sri G.V.G Visalakshi College For Women
2021/06/21	Chandrasanthini@gmail.com	G.Santhini	I B.sc.chemistry	Extremely	Excell	Excell	Sri Gvg Visalakshi college

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2021/06/21 3:19:04 PM GMT+5:30	nivethasivakumar.a@gmail.com	Nivetha.S	I B.Sc Zoology	Very Informati ve	Very Good	Very Good	Sri GVG Visalakshi college for women
2021/06/21 3:19:13 PM GMT+5:30	niveathakannapiran.2002@gmail.com	NIVEATHA.KL	1ST B.COM(E- COMMERCE)	Very Informati ve	Very Good	Very Good	SRI G.V.G VISALAKSHI COLLEGE FOR WOMEN'S UDUMALPET
2021/06/21 3:19:41 PM GMT+5:30	salmaparveen0976@gmail.com	A.salma parveen	I b.com(ca)/sf	Extremely Informati ve	Excell ent	Excell ent	Sri GVG visalakshi college for women
2021/06/21 3:19:42 PM GMT+5:30	lavanya200383@gmail.com	S. B. Lavanya	1 BSc.Matj	Extremely Informati ve	Excell ent	Excell ent	Sri GVG Vishalakshi College for women
2021/06/21 3:19:51 PM GMT+5:30	sonaaleerengaraj2810@gmail.com	sonaalee R	II BA English literature SF	Extremely Informati ve	Excell ent	Excell ent	sri GVG visalakshi college for women
2021/06/21 3:20:08 PM GMT+5:30	tamilmani20208@gmail.com	M.Tamilmani	1st year B.Com (SF)	Extremely Informati ve	Excell ent	Excell ent	Sri GVG Visalakshi College For Women, Udumalpet
2021/06/21 3:20:18 PM GMT+5:30	spavithrapln@gmail.com	S.Pavithra	3rd BSc Physics	Extremely Informati ve	Excell ent	Excell ent	Sri GVG Vishalakshi college for women
2021/06/21 3:20:45 PM GMT+5:30	anishfathimaaa@gmail.com	F.Anishfathima	2 BA English literature sf	Extremely Informati ve	Excell ent	Excell ent	Sri GVG visalakshi college for women
2021/06/21	aarthisubaramani@gmail.com	S. Aarthi	BA.Tamil	Extremely	Excell	Excell	GVG vishalakshi collage

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2021/06/21 3:20:50 PM GMT+5:30	nithyameena3545@gmail.com	E. Nithyameena	B. Com	Very Informati ve	Very Good	Excell ent	Gvg
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2021/06/21 3:21:17 PM GMT+5:30	subae.bsccs20@gmail.com	E.Suba	I Bsc Computer science	Extremely Informati ve	Excell ent	Excell ent	SRI GVG VISALAKSHI COLLEGE FOR WOMEN
2021/06/21 3:21:21 PM GMT+5:30	suji21246@gmil.com	Sujitha. P	B.com ecommerce	Extremely Informati ve	Very Good	Very Good	Sri gvg vishalakshi college for women
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2021/06/21 3:21:58 PM GMT+5:30	jeni2746@gmail.com	A.Jenitta	II BA English Literature (SF)	Moderatel y Informati ve	Excell ent	Very Good	Sri GVG Visalakshi College for Women
2021/06/21 3:22:02 PM GMT+5:30	mgayathridevi2003@gmail.com	M. Gayathridevi	I BBA CA	Extremely Informati ve	Excell ent	Excell ent	Sri gvg vishlakshi collage for women udumalpet
2021/06/21 3:22:08 PM GMT+5:30	vidhyabalu44@gmail.com	B.Vidhya	1B.A English Literature	Extremely Informati ve	Excell ent	Excell ent	Sri Gvg visalakshi college for women
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2021/06/21	subae.bsccs20@gmail.com	E.Suba	I Bsc.Computer	Extremely	Excell	Excell	SRI GVG VISALAKSHI

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2021/06/21 3:22:35 PM GMT+5:30	desika168@gmail.com	Desika.M	I BSc Chemistry	Extremely Informati ve	Excell ent	Excell ent	Sri GVG Visalakshi College for Women
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2021/06/21 3:23:24 PM GMT+5:30	ishwaryajayashankar847@gmail.com	Ishwaryaj	B.com sf	Extremely Informati ve	Excell ent	Excell ent	Sri Gvg vishalakshi college for women in udumalpet
2021/06/21 3:23:45 PM GMT+5:30	yogarani450@gmail.com	Yogarani.S	B.Com SF	Extremely Informati ve	Excell ent	Excell ent	GVG Vishalakshi college of women
2021/06/21 3:24:25 PM GMT+5:30	gharishma01@gmail.com	G.Harishma	II BA ENGLISH LITERATURE SF	Extremely Informati ve	Excell ent	Excell ent	SRI GVG VISALAKSHI COLLEGE FOR WOMEN
2021/06/21 3:24:29 PM GMT+5:30	Kaviyapriyas@29gmail.com	KAVIYAPRIYA S	CLASS: (COMMERCE) I B.COM(AIDED) ; DESIGNATION : STUDENT	Extremely Informati ve	Excell ent	Excell ent	SRI GVG VISALAKSHI COLLEGE FOR WOMEN, UDUMALPET.
2021/06/21 3:24:31 PM GMT+5:30	yogarani450@gmail.com	Yogarani.S	B.com sf	Extremely Informati ve	Excell ent	Excell ent	GVG Vishalakshi college of women
2021/06/21 3:24:49 PM GMT+5:30	pp1063700@gmail.com	R.Parvathi	BA Tamil	Extremely Informati ve	Excell ent	Excell ent	Sri GVG visalakshi college
2021/06/21 3:24:53 PM GMT+5:30	vijayalakshmism99@gmail.com	Vijayalakshmi Saravanan	2ed B.Sc mathematics student	Extremely Informati ve	Excell ent	Excell ent	Sri Gvg Visalakshi College For Women

2021/06/21 3:25:14 PM GMT+5:30	kavip244@gmail.com	S. Kavi priya	I B. Sc maths	Extremely Informative	Excellent	Excellent	G. V. G. Visalakshi college for woman
2021/06/21 3:25:21 PM GMT+5:30	sujithasubramanipln@gmail.com	S.Sujitha	B.com (sf)	Extremely Informative	Excellent	Excellent	Sri GVG Visalakshi College for women
2021/06/21 3:25:35 PM GMT+5:30	abijawahar887@gmail.com	J. Abirami	B.com(sf)	Extremely Informative	Excellent	Excellent	Sri G. V. G Visalakshi College for women
2021/06/21 3:26:05 PM GMT+5:30	gd8707086@gmail.com	K.Gangadevi	11 BA English literature SF	Extremely Informative	Excellent	Excellent	sri GVG visalakshi college for women
2021/06/21 3:26:08 PM GMT+5:30	annapooranishanmugam02@gmail.com	Annapoorani.S	BA English literature	Extremely Informative	Excellent	Excellent	Sri GVG Visalakshi college for women
2021/06/21 3:26:54 PM GMT+5:30	ndharshni29@gmail.com	N.Dharshni	I BCom (A)	Extremely Informative	Excellent	Excellent	Sri GVG visalakshi college for women
2021/06/21 3:26:57 PM GMT+5:30	akilaramalingam24@gmail.com	R.Akila Visali	I B.Sc Mathematics	Extremely Informative	Excellent	Excellent	Sri G.V.G Visalakshi College for Womens
2021/06/21 3:27:05 PM GMT+5:30	prabasenthil0720@gmail.com	Prabavathi SenthilKumar	II B.A.ENGLISH LITERATURE (sf)	Extremely Informative	Very Good	Very Good	SRI GVG VISALAKSHI COLLEGE FOR WOMEN
2021/06/21 3:27:20 PM GMT+5:30	hamsag2003@gmail.com	G.Hamsawarthini	BBA CA	Extremely Informative	Excellent	Very Good	Sri G.V.G Visalakshi for women
2021/06/21 3:29:15 PM GMT+5:30	gnanadharshinibsc@gmail.com	N. Gnanadharshini	1 bsc mathematics (sf)	Extremely Informative	Excellent	Excellent	GVG visalakshi collage for women., udumalpet

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2021/06/21 3:30:47 PM GMT+5:30	tmrpsr@gmail.com	T.Priyadharshini	I Bsc maths sf	Moderately Informative	Excellent	Excellent	Sri GVG collage for women
2021/06/21 3:30:47 PM GMT+5:30	keerthikam8403@yahoo.com	M.keerthika	I B.com sf	Extremely Informative	Excellent	Excellent	sri gvg visalakshi college for women.
2021/06/21 3:31:09 PM GMT+5:30	pp9209887@gamil.com	S. Pavithra	Student	Extremely Informative	Excellent	Excellent	Sri gvg visalakshi college for women
2021/06/21 3:31:36 PM GMT+5:30	rishikhaayyappan@gmail.com	A.Rishikha	1 B.Sc chemistry	Extremely Informative	Excellent	Excellent	Sri G.V .G vishalakshinclg for womens udumalpet
2021/06/21 3:31:54 PM GMT+5:30	gayathrik.bsccs20@gmail.com	K.Gayathri	I-B.Sc,CS -A	Moderately Informative	Excellent	Excellent	Sri GVG Visalakshi college for women, udumalpet
2021/06/21 3:32:34 PM GMT+5:30	akilasakthi4@gmail.com	Shakthi	1year bcom	Extremely Informative	Excellent	Excellent	Gvg vishalakshi clg
2021/06/21 3:32:42 PM GMT+5:30	manjularulkavi711@gmail.com	A.MANJULA	1B.COM(AIDED)	Extremely Informative	Very Good	Excellent	SRI GVG VISALAKSHI COLLEGE FOR WOMEN
2021/06/21 3:32:51 PM GMT+5:30	ss6107765@gmail.com	S.Gokila	I B.SC Mathematics	Very Informative	Very Good	Very Good	Sri GVG Vishalakshi for women's college
2021/06/21 3:33:31 PM GMT+5:30	keerthikam8403@yahoo.com	keerthikam8403@yahoo.com	I B.com sf	Extremely Informative	Excellent	Excellent	sri gvg visalakshi college for women

2021/06/21 3:33:48 PM GMT+5:30	chithrabanu8973@gmail.com	R. Chithrabanu	I BA Economics	Extremely Informative	Very Good	Excellent	Sri GVG Visalakshi college for women
2021/06/21 3:34:54 PM GMT+5:30	keerthikam8403@yahoo.com	M.keerthika	I B.com sf	Extremely Informative	Excellent	Excellent	Sri gvg visalakshi college for women
2021/06/21 3:35:12 PM GMT+5:30	kalaiselviselva3@gmail.com	S.Kalaiselvi	II BA English Literature Sf	Extremely Informative	Excellent	Excellent	Sri GVG Visalakshi College for women
2021/06/21 3:35:42 PM GMT+5:30	saranyashamugam43125@gmail.com	S. Saranya	1 BBA CA	Very Informative	Good	Very Good	SRI GVG VISALAKSHI COLLEGE FOR WOMEN
2021/06/21 3:36:38 PM GMT+5:30	salini3007@gmail.com	Salini.k	B.com(sf) 1st UG	Extremely Informative	Excellent	Excellent	Sir GVG visalaeshi College for women's udumalpet
2021/06/21 3:40:40 PM GMT+5:30	sowmi6300@gmail.com	Sowmiya.S	I B.COM commerce	Extremely Informative	Very Good	Excellent	Sri Gvg visalakshi College for women.
2021/06/21 3:40:54 PM GMT+5:30	palanisamyapriya@gmail.com	P.Anupriya	II BA English literature (SF)	Extremely Informative	Excellent	Excellent	Sri gvg visalakshi collage for women
2021/06/21 3:41:34 PM GMT+5:30	madhumithakasinathan2003@gmail.com	K. Madhumitha	I Bsc mathematics	Extremely Informative	Very Good	Very Good	Sri GVG visalakshi college for womans
2021/06/21 3:42:43 PM GMT+5:30	monikaselles.k@gmail.com	K.Monika selles	B.com SF	Extremely Informative	Excellent	Excellent	GVG visalakshi college of women's udumalpet
2021/06/21 3:43:41 PM GMT+5:30	devadharshini643@gmail.com	M.L.Devadharshini	1 B.com(aided)	Extremely Informative	Excellent	Excellent	Sri G.V.G visalakshi college for women, udumalpet.

2021/06/21 3:44:25 PM GMT+5:30	prithikaduraic@gmail.Com	C.prithika	2 BA tamil	Very Informative	Very Good	Very Good	Sri
2021/06/21 3:44:49 PM GMT+5:30	hijeni20@gmail.com	S. Jenitha	Maths sf	Moderately Informative	Very Good	Very Good	SRI GVG VISALAKSHI COLLEGE FKR WOMENS
2021/06/21 3:46:28 PM GMT+5:30	devimm03@gmail.com	Mahadevi M	1 BSc zoology	Extremely Informative	Excellent	Excellent	Sri GVG vishalakshi college for women
2021/06/21 3:50:44 PM GMT+5:30	s.Nanthiyas.Nanthiyadarshan@gmail.com	S.Nanthiya	IBSc Maths(sf)	Extremely Informative	Excellent	Excellent	Sri GVG visalakshi collage for women, Udumalpet
2021/06/21 3:52:51 PM GMT+5:30	priyarajalingam83@gmail.com	R. priyadharshini	II BA English literature sf	Extremely Informative	Excellent	Excellent	sri gvg vishalakshi college for women
2021/06/21 3:53:18 PM GMT+5:30	mubeenabegam70@gmail.com	S. Mubeena Begam	B. SC.Maths (sf)	Very Informative	Very Good	Very Good	Sri GVG visalakshi college for women
2021/06/21 3:55:02 PM GMT+5:30	julfiaudt@gmail.com	H.Julfia	IBSc maths aided	Extremely Informative	Very Good	Very Good	Gvg
2021/06/21 3:55:19 PM GMT+5:30	kirthikakirthikakutty@gmail.com	K. Kiruthika	B. a English Literature	Extremely Informative	Excellent	Excellent	Sri GVG Visalakshi college for womens
2021/06/21 3:56:03 PM GMT+5:30	vsudha084@gmail.com	V.Sudha	BA.English literature sf	Extremely Informative	Excellent	Very Good	Sri Gvg visalakshi college for women
2021/06/21 3:58:16 PM GMT+5:30	maneesraj27@gmail.com	maneesraj27@gmail.com	1 B.sc Zoology	Extremely Informative	Excellent	Excellent	Sri GVG Visalakshi College for Women

2021/06/21 4:00:55 PM GMT+5:30	lavanyag2210@gmail.com	Lavanya.G	2 BA English literature (s.f)	Extremely Informative	Excellent	Excellent	Sri GVG Visalakshi college for women
2021/06/21 4:02:41 PM GMT+5:30	kamuthai.bsccs20@gmail.com	Kamuthai V	1Bsc cs	Extremely Informative	Excellent	Excellent	Sri GVG visalakshi college for women
2021/06/21 4:11:01 PM GMT+5:30	ramyabba939@gmail.com	Ramya.K	B.com(sf) first year	Extremely Informative	Excellent	Excellent	Sri Gvg vishalakshi college for women
2021/06/21 4:35:24 PM GMT+5:30	suvethapalanisamy00@gmail.com	P.SUVETHA	II BSc Physics	Moderately Informative	Very Good	Very Good	Sri gvg vishalakshi college for women
2021/06/21 4:38:54 PM GMT+5:30	roobikae2019@gmail.com	Roobika E	2nd BA English Literature SF	Extremely Informative	Excellent	Excellent	Sri GVG Visalakshi College for Women
2021/06/21 4:39:24 PM GMT+5:30	keerthanakeerthu0109@gmail.com	U.Keerthana	II B.Com	Extremely Informative	Excellent	Excellent	Sri GVG Visalakshi College For Women
2021/06/21 4:44:40 PM GMT+5:30	abirami.absccs20@gmail.com	A. Abirami	Bsc. Computer science	Extremely Informative	Excellent	Excellent	Sri gvg visalakshi college for women's
2021/06/21 4:45:39 PM GMT+5:30	darshini.1077@gmail.com	Sri Dharshini. A	II BA English Literature	Extremely Informative	Excellent	Very Good	Sri GVG vishalakshi college for women's
2021/06/21 4:51:06 PM GMT+5:30	gowthaminithyanantham@gmail.com	N. Gowthami	1 B. Sc Physics	Extremely Informative	Excellent	Excellent	Sri G. V. G Visalakshi college for women
2021/06/21 4:51:23 PM GMT+5:30	rizwanashajahan02@gmail.com	Rizwana fathima. S	2nd BA English	Very Informative	Very Good	Very Good	Bharathiyar

2021/06/21 5:05:16 PM GMT+5:30	ramyalavanya8883@gmail.com	S.Ramya	BBA(CA)				
2021/06/21 5:12:22 PM GMT+5:30	raksithasrees.bsccs20@gmail.com	Raksitha sree.S	B.sc computer science				
2021/06/21 5:20:19 PM GMT+5:30	yogapriyapriya3@gmail.com	T. Yogapriya	1st B.comca				
2021/06/21 5:22:20 PM GMT+5:30	vaishnavibscs20@gmail.com	Vaishnavi. S	I BSc. Computer Science				
2021/06/21 5:25:55 PM GMT+5:30	priyadharshini211001@gmail.com	Priyadharshini.R	II BBA(CA)				
2021/06/21 5:26:25 PM GMT+5:30	Kaviyanbca2002@gmail.com	N. Kaviya	I BCA				
2021/06/21 5:27:22 PM GMT+5:30	www.samipuji2002@gmail.com	Samipujitha	BSC computer science				
2021/06/21 5:27:39 PM GMT+5:30	atchayab.bsccs20@gmail.com	B.Atchaya	I Bsc Computer Science				
2021/06/21 5:27:50 PM GMT+5:30	mhansiha1422@gmail.com	M.Hansiha	I BSc Computer Science-B				
2021/06/21 5:30:12 PM GMT+5:30	snehapriyarbsccs@gmail.com	r.snehapriya	1st bsc(computer science)				

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2021/06/21 5:37:29 PM GMT+5:30	Padmavathi022001@mail.com	A.Padmavathi	B.A English				
2021/06/21 5:41:50 PM GMT+5:30	sowmiyar.bsccs20@gmail.com	R. Sowmiya	I BSC CS - B				
2021/06/21 5:45:33 PM GMT+5:30	kowsikak.bsccs20@gmail.com	Kowsika.K	1st BSC computer science				
2021/06/21 5:46:56 PM GMT+5:30	varshinivarsu7@gmail.com	Varshini. S	I bsc computer science				
2021/06/21 5:49:01 PM GMT+5:30	priyadharshini.chandran871@gmail.com	Priyadharshini.c	1-bsc computer science -"B"				
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2021/06/21 6:04:50 PM GMT+5:30	yogeswaripalanivel29@gmail.com	P.yogeswari	IBBA(CA)				
2021/06/21 6:21:05 PM GMT+5:30	pradheepa.adv@gmail.com	D.pradeepa	Students b.com				
2021/06/21 6:21:55 PM GMT+5:30	mahalakshmichithra2020@gmail.com	Mahalakshmi.s	Student				

2021/06/21 6:26:13 PM GMT+5:30	shrenithik.bsccs33@gmail.com	Shreenithi.k	1 B.sc computer science			
2021/06/21 6:32:32 PM GMT+5:30	sandhiyabcaapp@gmail.com	K. Sandhiya	1 BCA			
2021/06/21 6:47:48 PM GMT+5:30	selvapriyar184@gmail.com	Selva priya R	1 st year B. Sc computer science			
2021/06/21 6:52:13 PM GMT+5:30	anusuyadevi365@gmail.com	A.Anusuyadevi	Bsc Computer Science_B			
2021/06/21 6:59:01 PM GMT+5:30	kk7134663@gmail.com	S.Sandhiya	I B.Com(sf)			
2021/06/21 7:10:04 PM GMT+5:30	abinaya7904@gmail.com	Abinaya.C	II BA English literature sf			
2021/06/21 7:39:32 PM GMT+5:30	kabinandha63@gmail.com	K.Abinandha	I B.sc Maths			
2021/06/21 7:42:49 PM GMT+5:30	sonaaleerengaraj2810@gmail.com	Sonaalee R	II BA English literature SF			
2021/06/21 7:51:06 PM GMT+5:30	ajibunisha.ibsccs20@gmail.com	Ajibunisha.i	1_bsc.cs			
2021/06/21 9:53:14 PM GMT+5:30	kalpana.thangavel.1192000@gmail.com	Kalpana.T	II BBA (CA)			

2021/06/21 10:32:50 PM GMT+5:30	kaviyapriyas29@gmail.com	KAVIYAPRIYA S	I UG B. COM(AIDED)				
2021/06/22 7:10:14 AM GMT+5:30	swathiselvaraj1811@gmail.com	S.Swathi	1 B.Sc Physics				
2021/06/22 1:48:41 PM GMT+5:30	ilakkiyathangavel1824@gmail.com	T.Ilakkiya	B.Com aided				
2021/06/22 2:05:57 PM GMT+5:30	naveenanallasamy2802@gmail.com	N.Naveena	B.COM(AIDED)				
2021/06/22 8:32:40 PM GMT+5:30	kalpana.thangavel.1192000@gmail.com	Kalpana.T	II BBA (CA)				

SRI G.V.G VISALAKSHI COLLEGE FOR WOMEN (AUTONOMOUS)

Department of Computer Applications

Part – IV: Value Education

I BCA Yoga Posture



A. Nivetha
20BK9477



B. ArunaDevi
20BK9459



D. Janani
20BK9467



E. Durgadevi
20BK9462



E. Sowmiya
20BK9485



J.kaviyadharshini
20BK9471



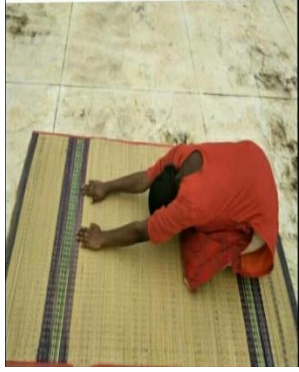
K. Sandhiya
20BK9480



M. Irfanasabreen
20BK9465



M. Jeevitha
20BK9468



M. Mahalakshmi
20BK9475



M. Manibharathi
20BK9476



M. Reshman Masvudha
20BK9479



M. V. Gokilavani
20BK9464



N. Kaviya
20BK9472



N. Saratha
20BK9483



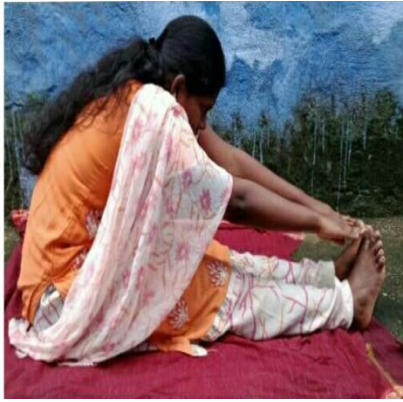
P. Elamathi
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P. Iswarya
20BK9466



P. Jeevitha
20BK9469



R. Arthiselvi
20BK9458



R. Deepika
20BK9461



R. Madhumitha
20BK9474



R. Sivalakshmi
20BK9484



S. Kaviarasi
20BK9470



S. Lavanya
20BK9473



S. Pavithra
20BK9478



S. Sarammal
20BK9481



S. Saranya
20BK9482



T. Balasoundharya
20BK9460



V. Viveka
20BK9486

SRI GVG VISALAKSHI COLLEGE FOR WOMEN, UDUMALPET
DEPARTMENT OF ENGLISH (SF)
I BA ENGLISH LITERATURE (SF)
PART IV – VALUE EDUCATION
YOGA POSTURE IMAGES



SRI GVG VISALAKSHI COLLEGE FOR WOMEN

DEPARTMENT OF BBA(CA) - I BBA(CA)

YOGA PHOTOS (2020-2021)



ABIRAMI.V
20BV9487



AMBIKAMAHALAKSHMI.K
20BV9488



ANUSHA.V
20BV9489



ANUSHIYADEVI.R
20BV9490



AZHAGUMANGAISELVI.N
20BV9491



GAYATHRIDEVI.M
20BV9493



HAMSAWARTHINI.G
20BV9494

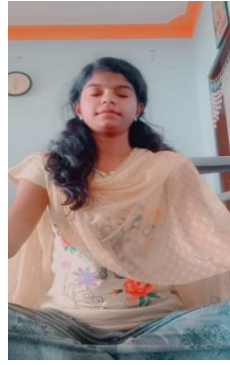


HARMITHA.G
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KAVIYA.C

20BV9496



KIRUTHIKA.K

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KRISHNA.N

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NITHYA.K

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RAJESWARI.R

20BV9500



RAMYA.S

20BV9501



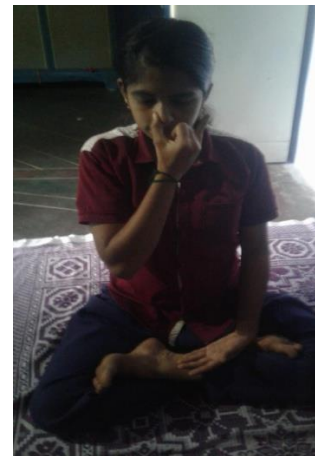
ROSANSAPIHA.B.A

20BV9502



SAKTHIPRIYA.A

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SARANYA.S

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SELVAPRIYA.C

20BV9506



SOWNDHARYA.D

20BV9507



SUNSHINE SAMEENA.A

20BV9508



VAISHNAVI.D

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VARSHA.V

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VARSHINI.M

20BV9511



VEERAMANI.S

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VIJAYADHARSHINI. I



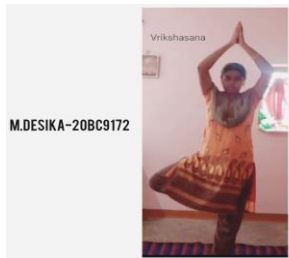
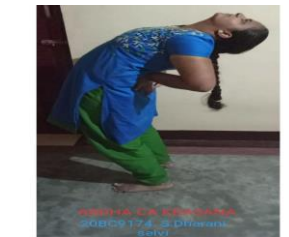

20BV9513



YOGESWARI.P

20BV9514

Yoga postures. I-Bsc Chemistry

S.no	Reg.no	Name	Yoga posture
1.	20BC9170	Abirami.S	
2.	20BC9171	Bruntha.B	
3.	20BC9172	Desika.M	
4.	20BC9173	Dharani.S	
5.	20BC9174	Dharani Selvi.S	
6.	20BC9175	Femina.A	

Yoga postures. I-Bsc Chemistry

7.	20BC9176	Ganharupa.V	
8.	20BC9177	Harivarsha.S	
9.	20BC9178	Janani.K	
10.	20BC9179	Jeevitha.V	
11.	20BC9180	Karthiyayini.V	
12.	20BC9181	Kaviya.D	




Yoga postures. I-Bsc Chemistry

13.	20BC9182	Kaviya.M	 <p>20BC9182- M.kaviya</p>
14.	20BC9183	Kowsika.K	 <p>20BC9183-k.kowsika</p>
15.	20BC9184	Manisha.P	 <p>20BC9184-MANISHA</p> <p>MANISHA</p>
16.	20BC9185	Miruthula.P	 <p>20BC9185-Miruthula.P</p> <p>vajrasana</p>
17.	20BC9186	Naramatha.E	 <p>E.Narmadha 20BC9186</p>
18.	20BC9187	Naramtha.T	 <p>T.Narmadha - 20BC9187</p>
19.	20BC9188	Narmathadevi.G	 <p>20BC9188 - G.Narmatha devi</p>


Yoga postures. I-Bsc Chemistry

20.	20BC9189	Naveena.V.G	
21.	20BC9190	Oviya.P	
22.	20BC9191	Priyadarshini.M	<p>20BC9191-M.priyadarshini</p> 
23.	20BC9192	Pushpalatha.R	
24.	20BC9193	Rathe Priyaa.K.G	<p>20BC9193 - K.G.Rathe Priyaa</p> 
25.	20BC9194	Rishika.A	
26.	20BC9195	Shanthini.G	<p>20 BC9195-G.Santhini</p> 
27.	20BC9196	Sathyavathana	Long absent

Yoga postures. I-Bsc Chemistry

28.	20BC9197	Sharanya.R	 <p>20BC9197- Sharanya.R</p>
29.	20BC9198	Sowmiya.S	 <p>20BC9198. S.Sowmiya</p>
30.	20BC9199	Srinithi.C	 <p>20BC9199 C.Srinithi</p>
31.	20BC9200	Subanethra.R	 <p>Subanethra-20BC9200</p>
32.	20BC9201	Subasri.P	 <p>Subasri.P-20BC9201</p>
33.	20BC9202	Suvadharshini.N	 <p>N. SUVADHARSHINI 20BC9202 PATHMASARAM</p>
34.	20BC9203	Vidya.K	 <p>20BC9203-vidya</p>

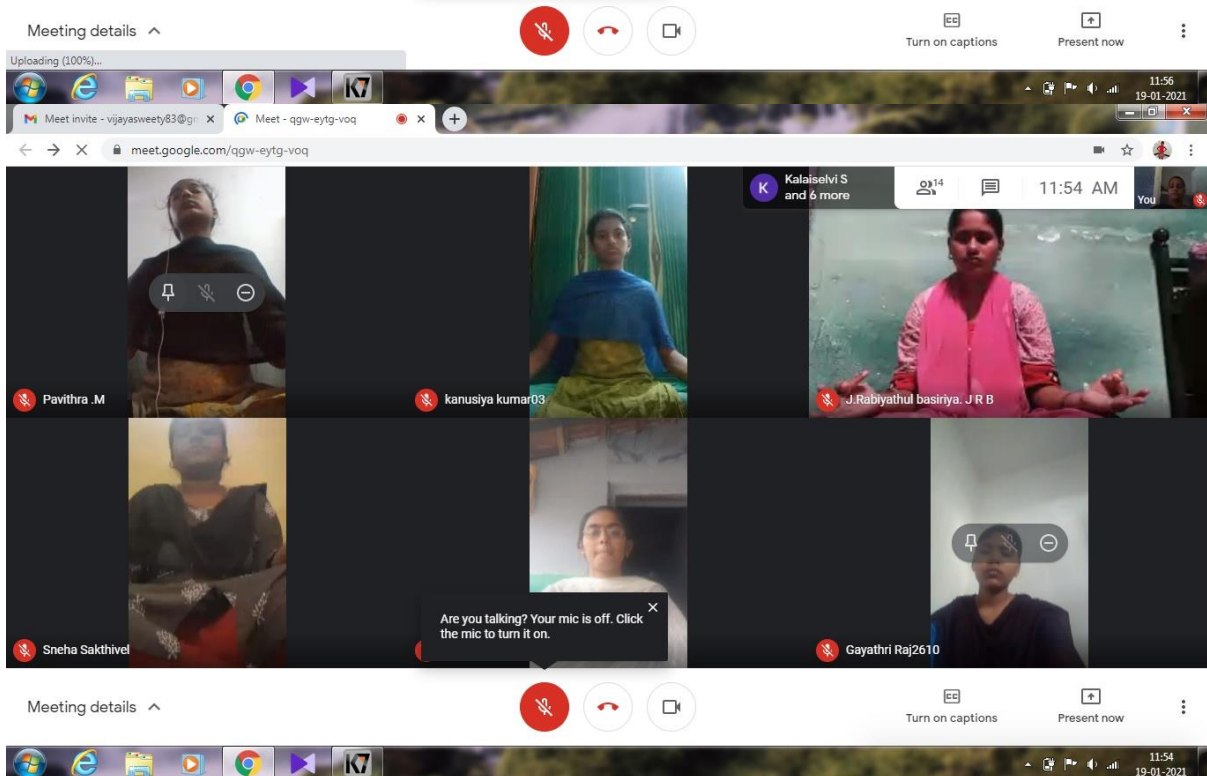
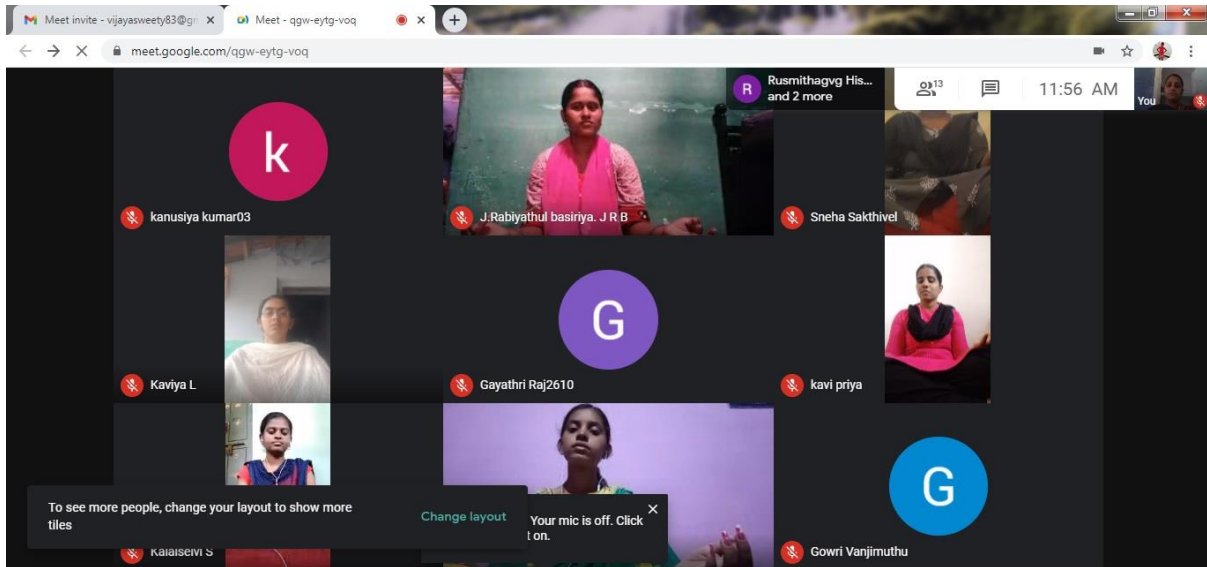
Yoga postures. I-Bsc Chemistry

35.	20BC9204	Vinothini.K	
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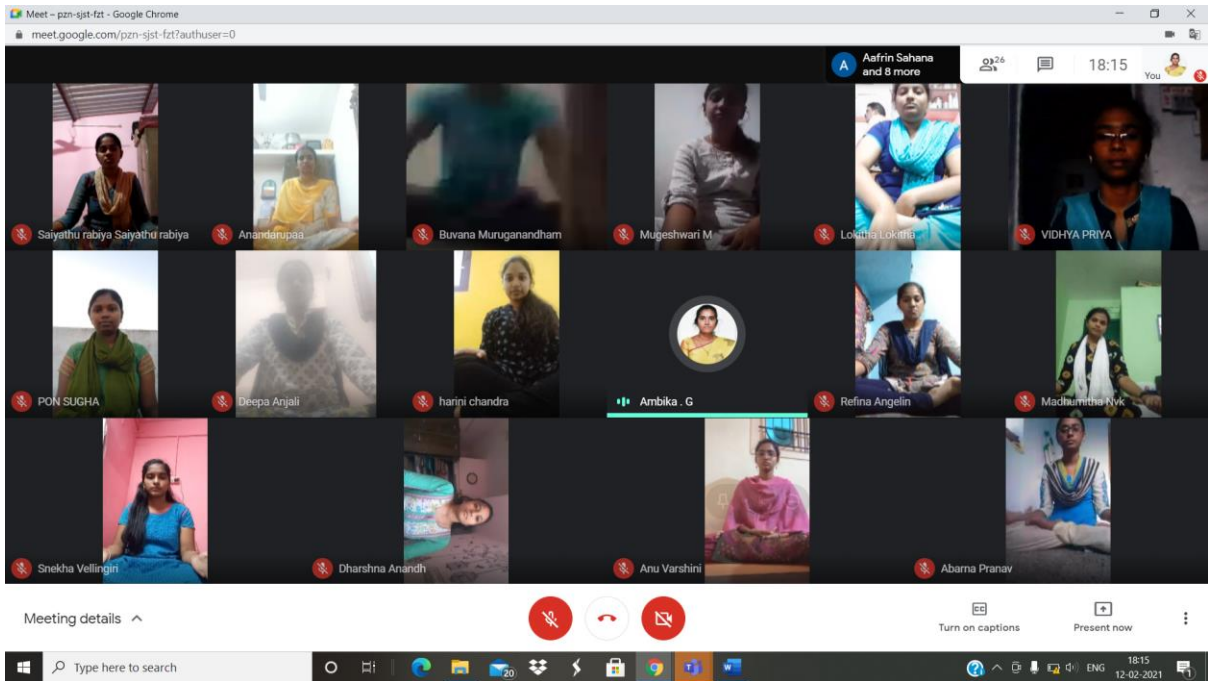
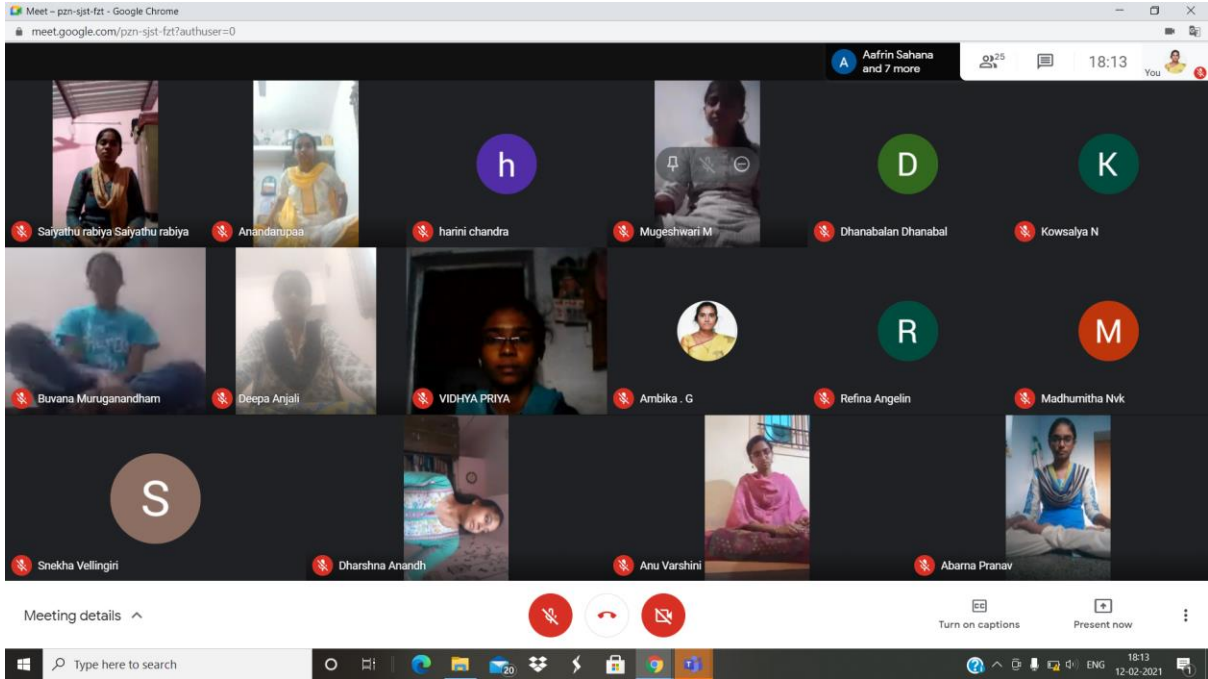
Department of History

I B.A History

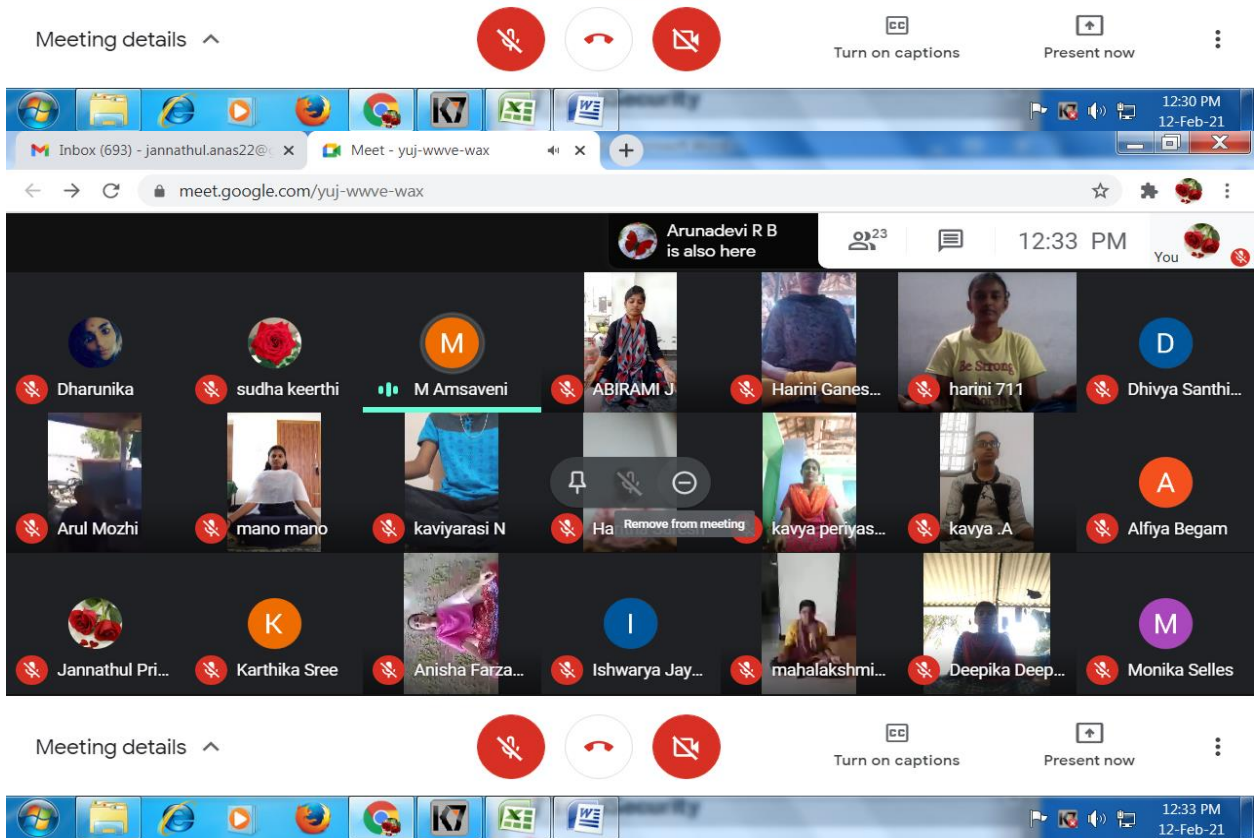
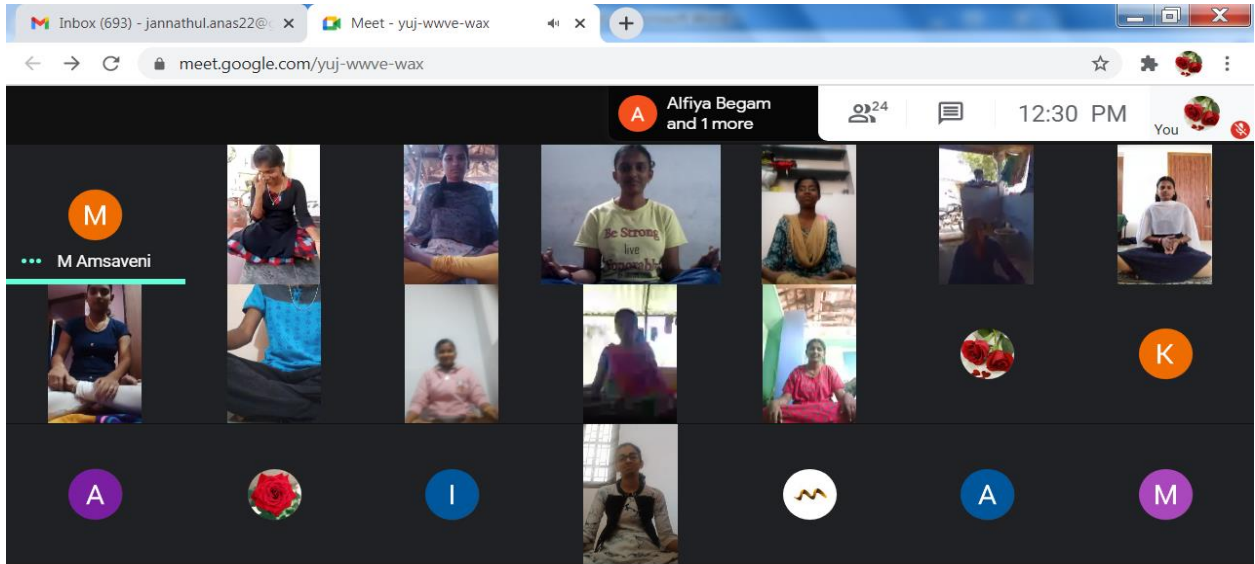
Value Education -Yoga Practical

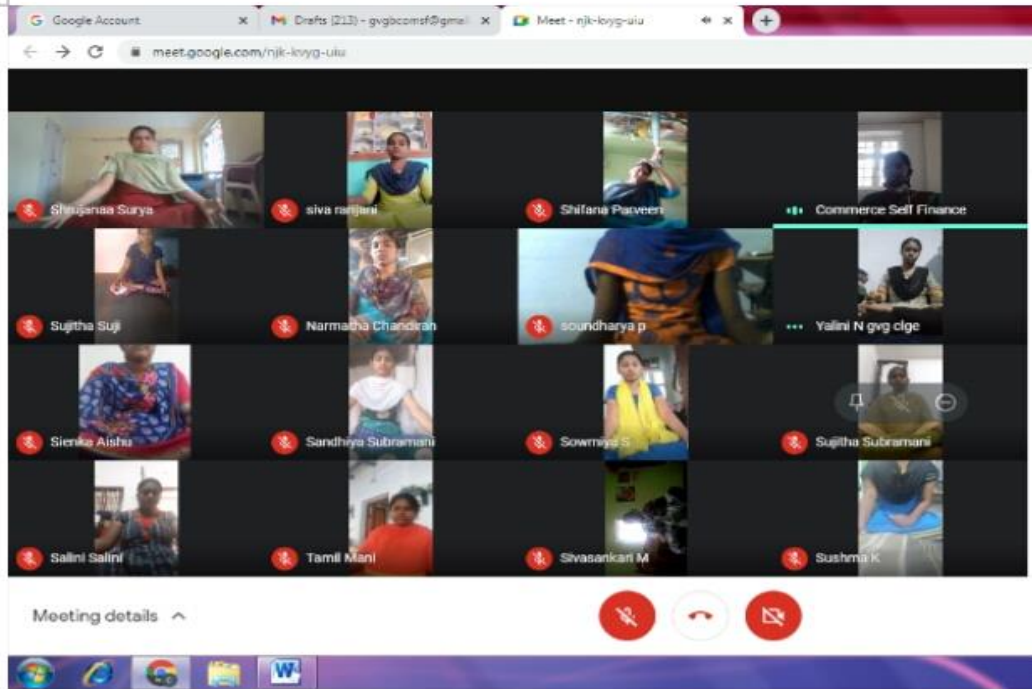


I BA English Literature (Aided)



Department of Commerce-SF
Part IV-Value Education
I B.Com – SF
Students Yoga photos





SRI G.V.G VISALAKSHI COLLEGE FOR WOMEN, UDUMALPET
DEPARTMENT OF B.COM (E-COMMERCE)
I B.COM (E-COMMERCE)
PART IV – VALUE EDUCATION
YOGA POSTURE IMAGES



20BN9625
V.R ABINAYA



20BN9626
M.AMIRTHAVARSHINI



20BN9627
N.ANJALI



20BN9628
E.ASMITHA



20BN9629
A.DIVYA



20BN9630
J.DURGADEVI



20BN9632
K.GOWSALYADEVI



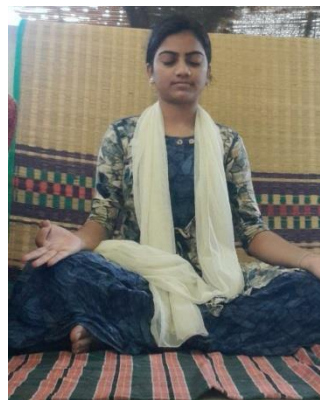
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D.JERLIN



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S.KALAISELVI



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M.KARANCIA
SWEETY MARY



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P.KARTHIKA DEVI



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D.MADHUMITHA



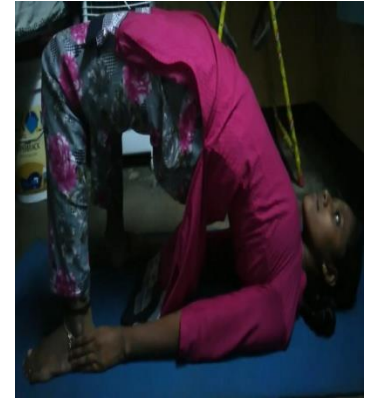
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K.NANDHINI



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NARMATHA



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K.L. NIVEATHA



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K.PAVITHRA



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P.POOVIZHI



20BN9649
A.RAMZAN BEGAM



20BN9650
M.SARUDHARSHINI



20BN9651
M.SAYADEVI



20BN9652
M.SHALINI



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N.SIVA SREE SINDHU



20BN9654
J.SOWMIYA



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P.TAMILSELVI



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M.THENILA



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M.VARSHINI



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E.VEENA

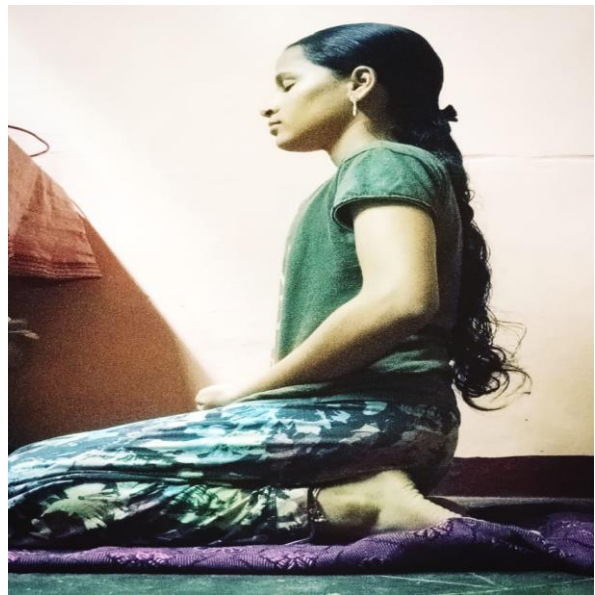


20BN9660
N.VENGADALAKSHMI



20BN9661
S.VENI

Sri GVG VISALAKSHI COLLEGE FOR WOMEN, UDUMALPET
PART – IV VALUE EDUCATION – YOGA PROGRAMME 2020-2021
I B.A ECONOMICS



Sri GVG VISALAKSHI COLLEGE FOR WOMEN, UDUMALPET
PART – IV VALUE EDUCATION – YOGA PROGRAMME 2020-2021
I B.A ECONOMICS



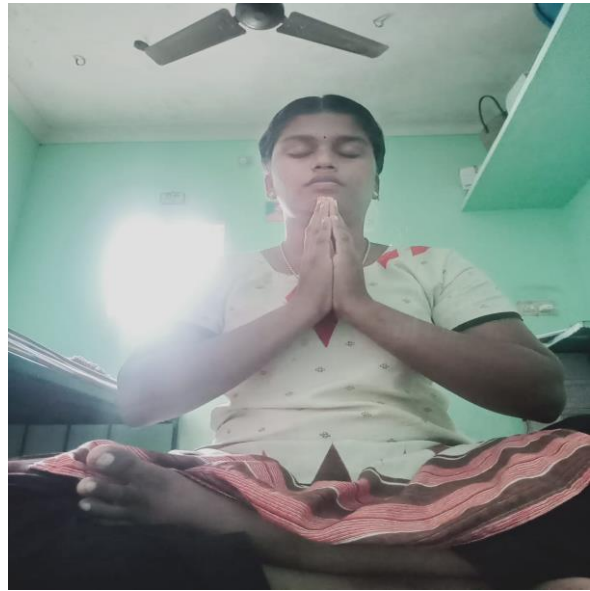
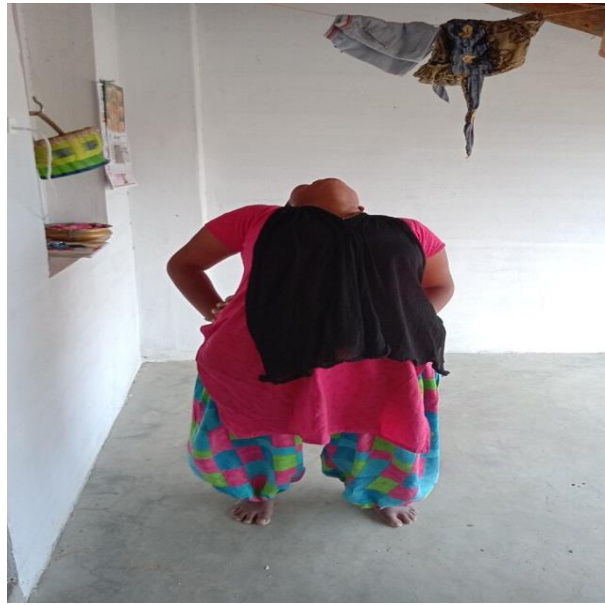
Sri GVG VISALAKSHI COLLEGE FOR WOMEN, UDUMALPET
PART – IV VALUE EDUCATION – YOGA PROGRAMME 2020-2021
I B.A ECONOMICS



Sri GVG VISALAKSHI COLLEGE FOR WOMEN, UDUMALPET
PART – IV VALUE EDUCATION – YOGA PROGRAMME 2020-2021
I B.A ECONOMICS



Sri GVG VISALAKSHI COLLEGE FOR WOMEN, UDUMALPET
PART – IV VALUE EDUCATION – YOGA PROGRAMME 2020-2021
I B.A ECONOMICS



Sri GVG VISALAKSHI COLLEGE FOR WOMEN, UDUMALPET
PART – IV VALUE EDUCATION – YOGA PROGRAMME 2020-2021
I B.A ECONOMICS



Sri GVG VISALAKSHI COLLEGE FOR WOMEN, UDUMALPET
PART – IV VALUE EDUCATION – YOGA PROGRAMME 2020-2021
I B.A ECONOMICS



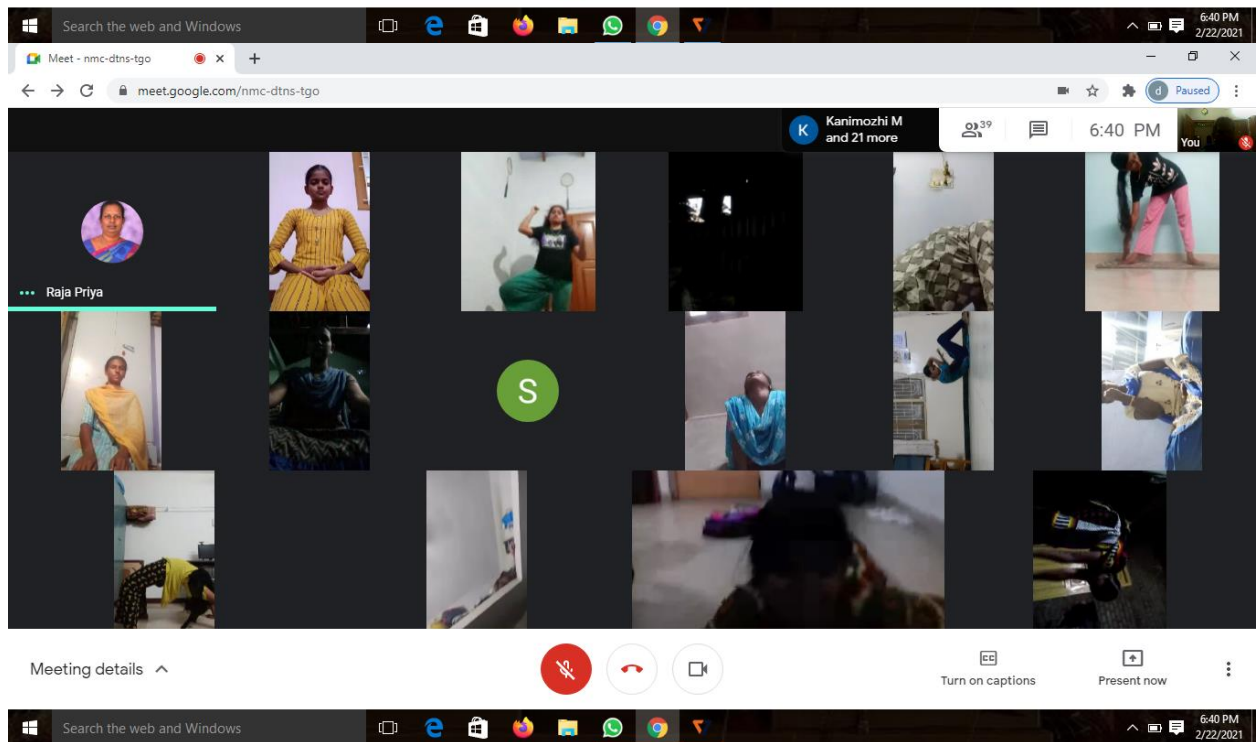
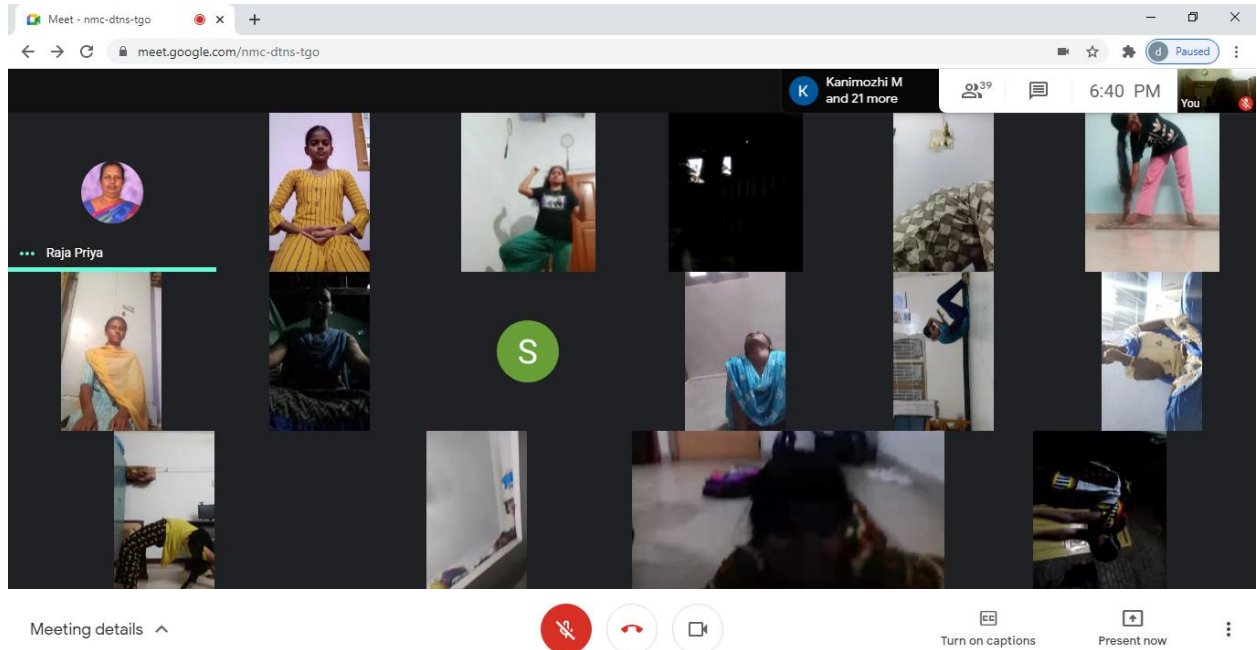
Sri GVG VISALAKSHI COLLEGE FOR WOMEN, UDUMALPET
PART – IV VALUE EDUCATION – YOGA PROGRAMME 2020-2021
I B.A ECONOMICS

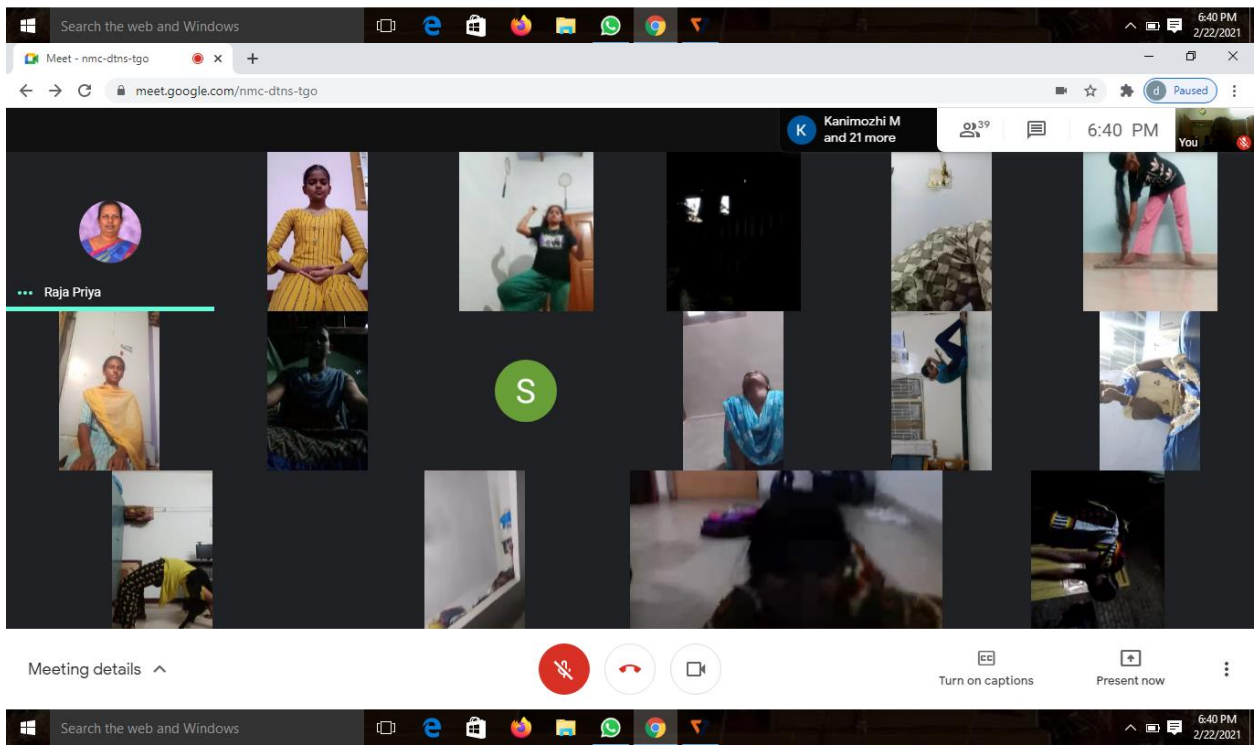
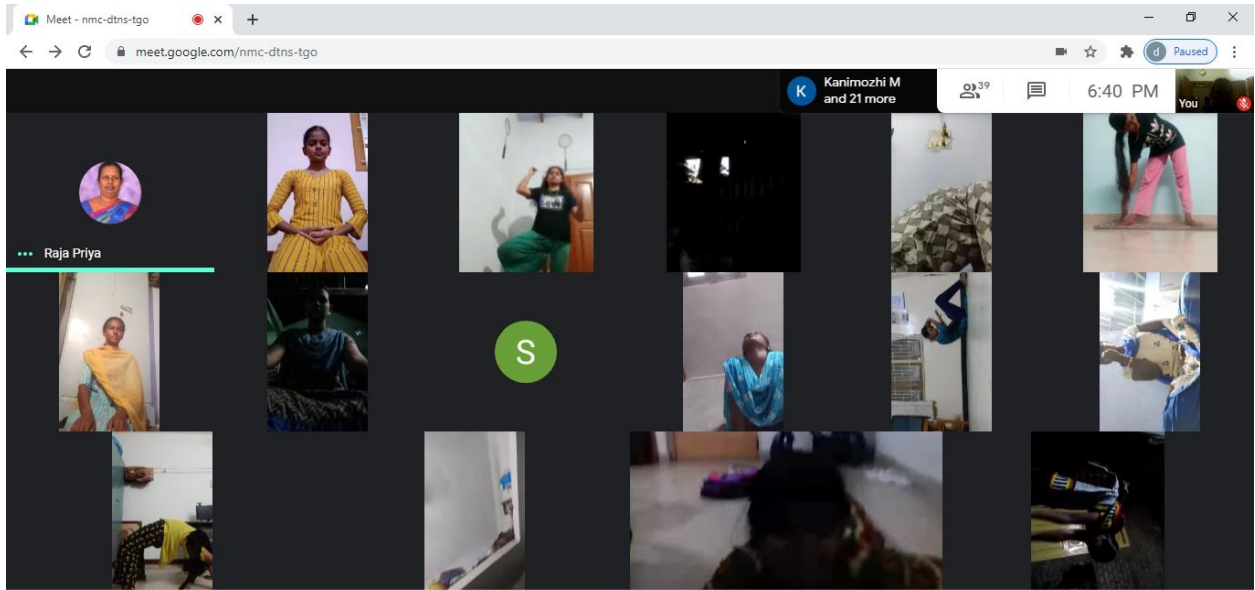


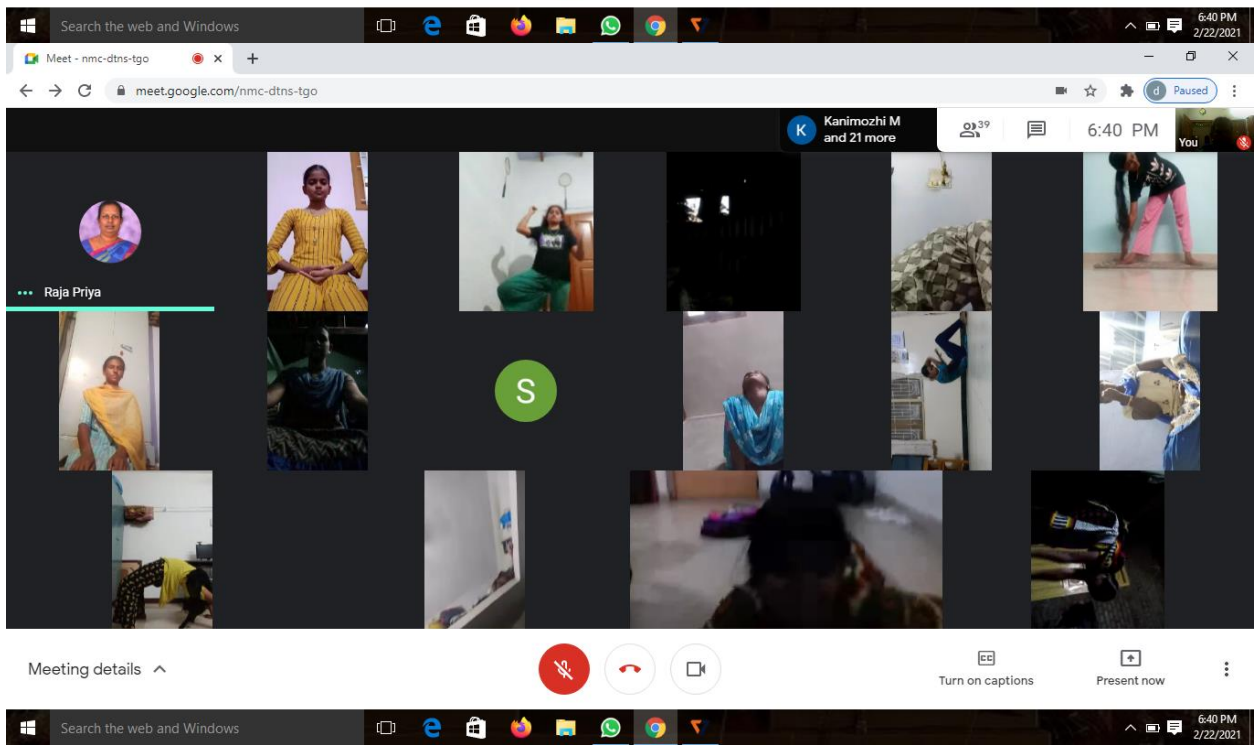
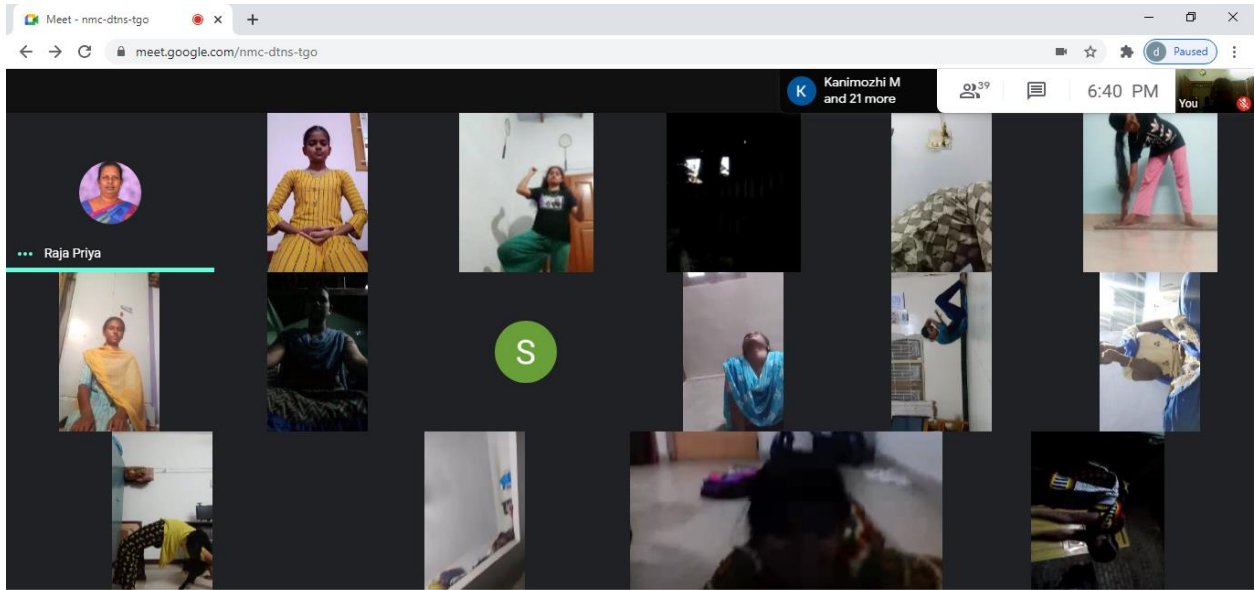
Sri GVG Visalakshi College for Women

Department of Commerce (Aided)

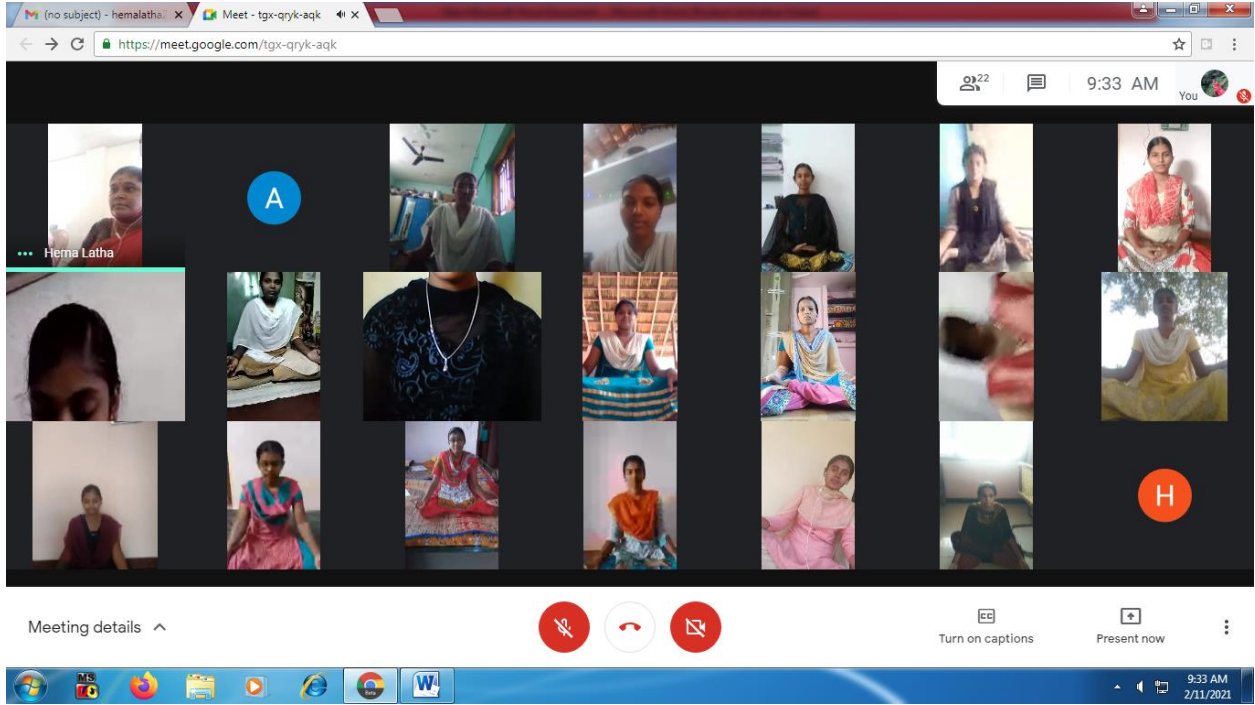
Value Education (Yoga Postures)







Department of B.Com(CA)
I B.Com (CA)-Value Education Screenshot



Exam link Group II - gygbcma X Meet - agi-kfrik-ueb

meet.google.com

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Prema sundar monisha Nandhini Nataraj Pavithra Pavi Priyatharshini Pfiyad... maheswari p Ponram S

Ramya P Poovizhi Poovi P.kowsalya P.kowsalya MIRUTHULA ANBAZ... R Ramya Rakkiyannan Kowsalya K Krishnaveni L

Ragavi P Ramya Sivakumar Raghavi Suresh Ranjitha C Pongodi p Narmadha devi lavaniya

Meeting details Meeting controls: Mute, Unmute, Video, Present now, Turn on captions

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22 You

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Meeting details Meeting controls: Mute, Unmute, Video, Present now, Turn on captions

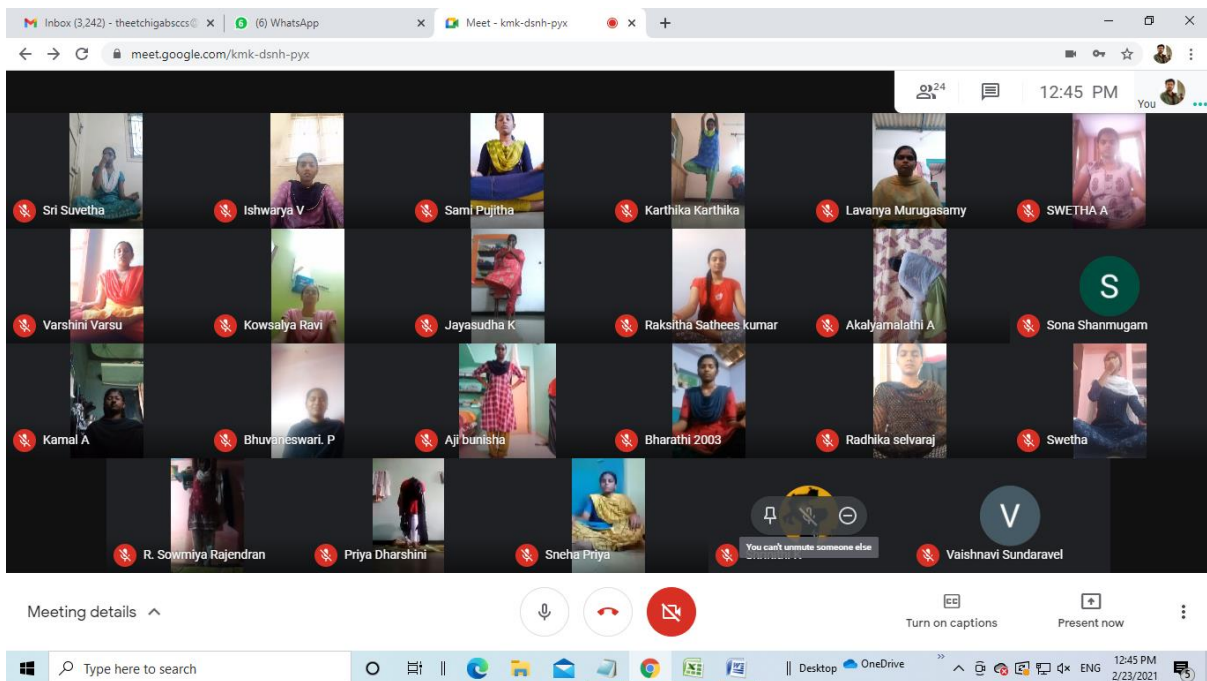
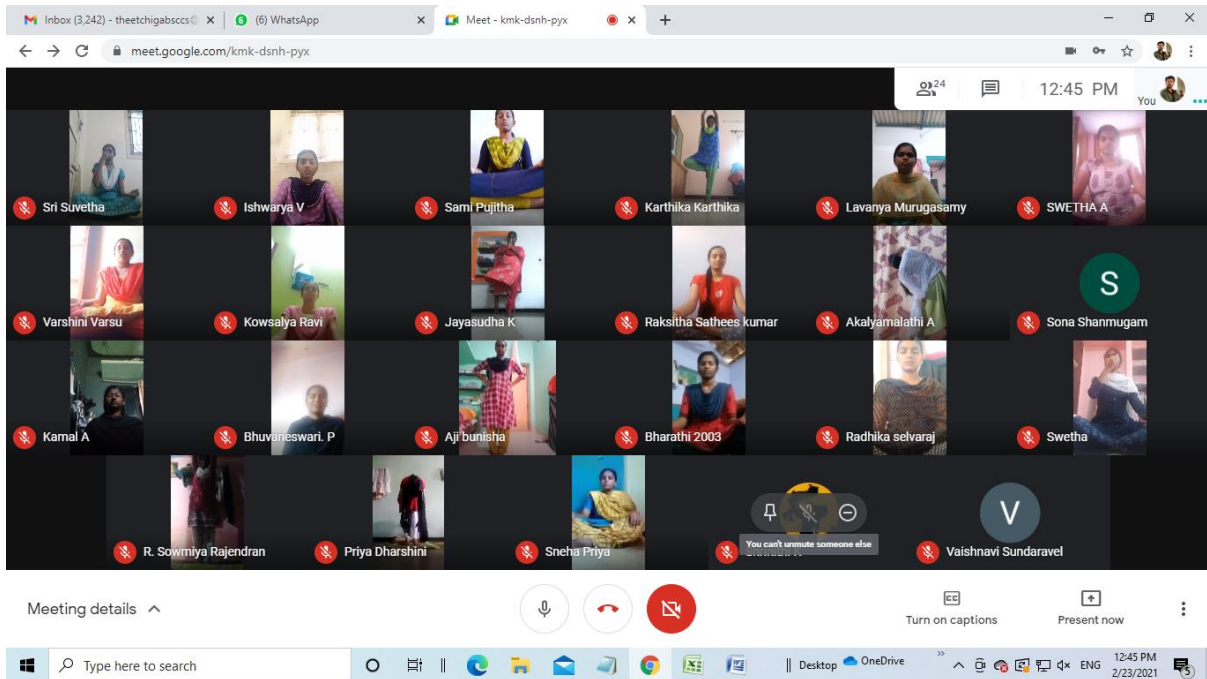
SRI G.V.G VISALAKSHI COLLEGE FOR WOMEN (AUTONOMOUS),

Department of Computer Science

I B.Sc Computer Science A & B

Part IV – Value Education

Yoga Posture Images



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Meeting details

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Meeting details

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SRI G.V.G VISALAKSHI
COLLEGE FOR WOMEN UDUMALPET
DEPARTMENT OF BA TAMIL LITERATURE (1 BA TAMIL
LITERATURE)
PART - 4
VALUE EDUCATION YOGA POSTURE IMAGES








Sri GVG Visalakshi College for women, (Autonomous),
Department of Economics with Logistics and freight management,

I BA Logistics


Value Education Yoga Photo






Nivyadharshini sivapraka... 



Karthika Muthusamy 



Favithra.A 



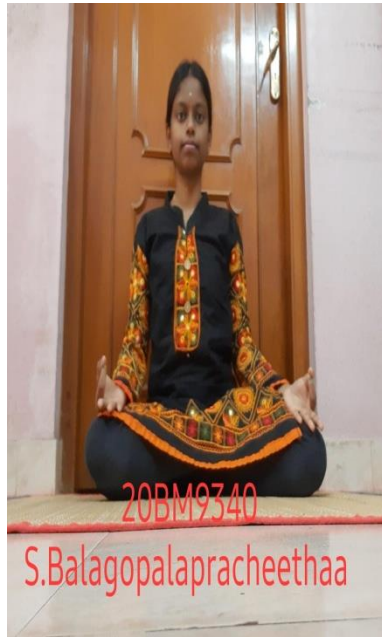
Nathiya .T 

SRI G.V.G VISALAKSHI COLLEGE FOR WOMEN,UDUMALPET
DEPARTMENT OF MATHEMATICS(SF)
I-B.Sc MATHEMATICS(SF)
PART IV – VALUE EDUCATION
YOGA POSTURE IMAGES



20BM9339
R. AKILA VISALI

R.AKILA VISALI
(20BM9339)



20BM9340
S.Balagopalapracheethaa

S.BALAGOPALARACHEETHAA
(20BM9340)



20BM9341
N. Gnanadharshini

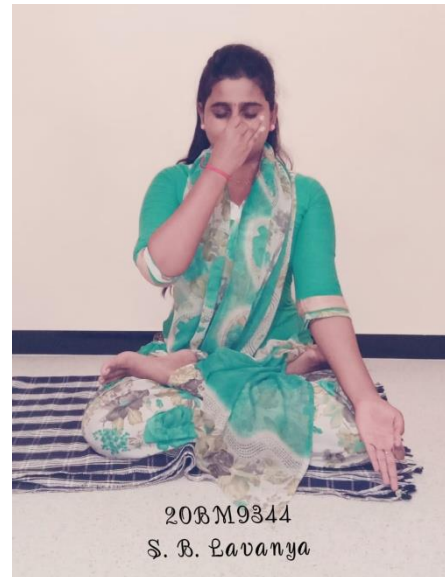
N.GNANADHARSHINI
(20BM9341)



S.JENITHA
(20BM9342)



S.KAVIPRIYA
(20BM9343)



20BM9344
S. B. Lavanya

S.B.LAVANYA
(20BM9344)



K.MADHUMITHA
(20BM9345)



S.MUBEENABEGAM
(20BM9346)



S. NANTHIYA
(20BM9347)



T.PRIYADHARSHINI
(20BM9348)



S.KAVIPRIYA
(20BM9343)



S.KAVIPRIYA
(20BM9343)



S.KAVIPRIYA
(20BM9343)

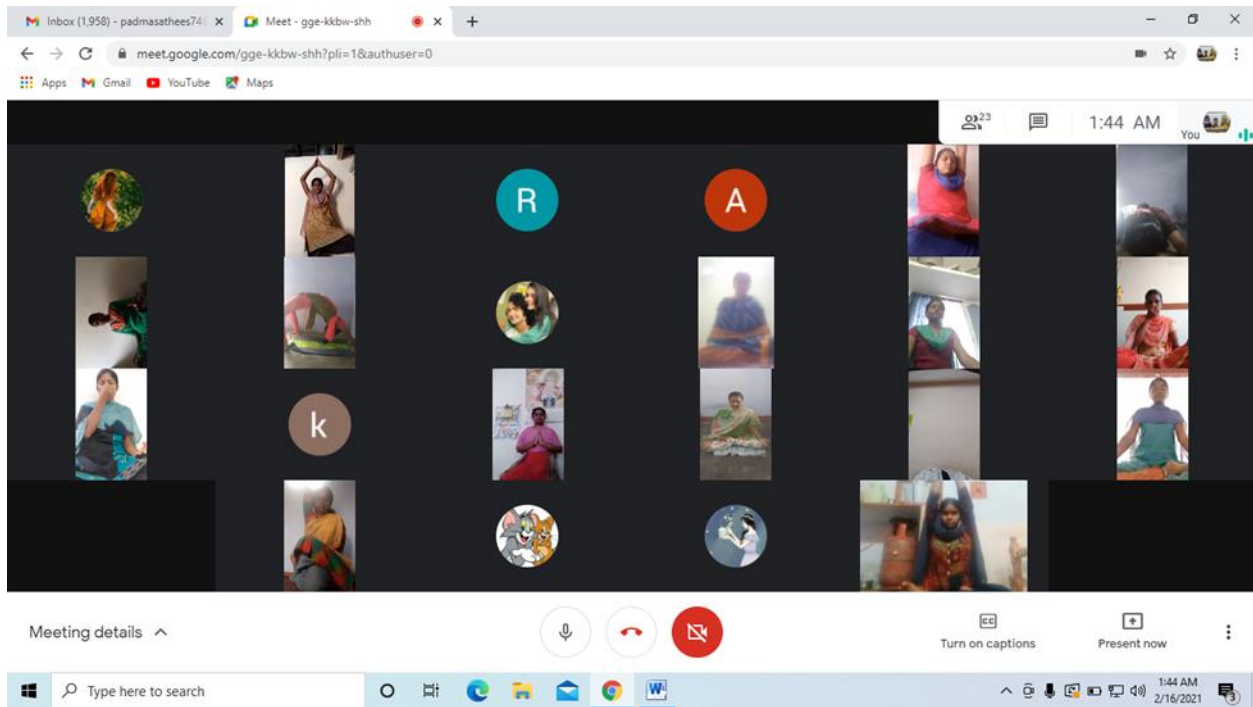
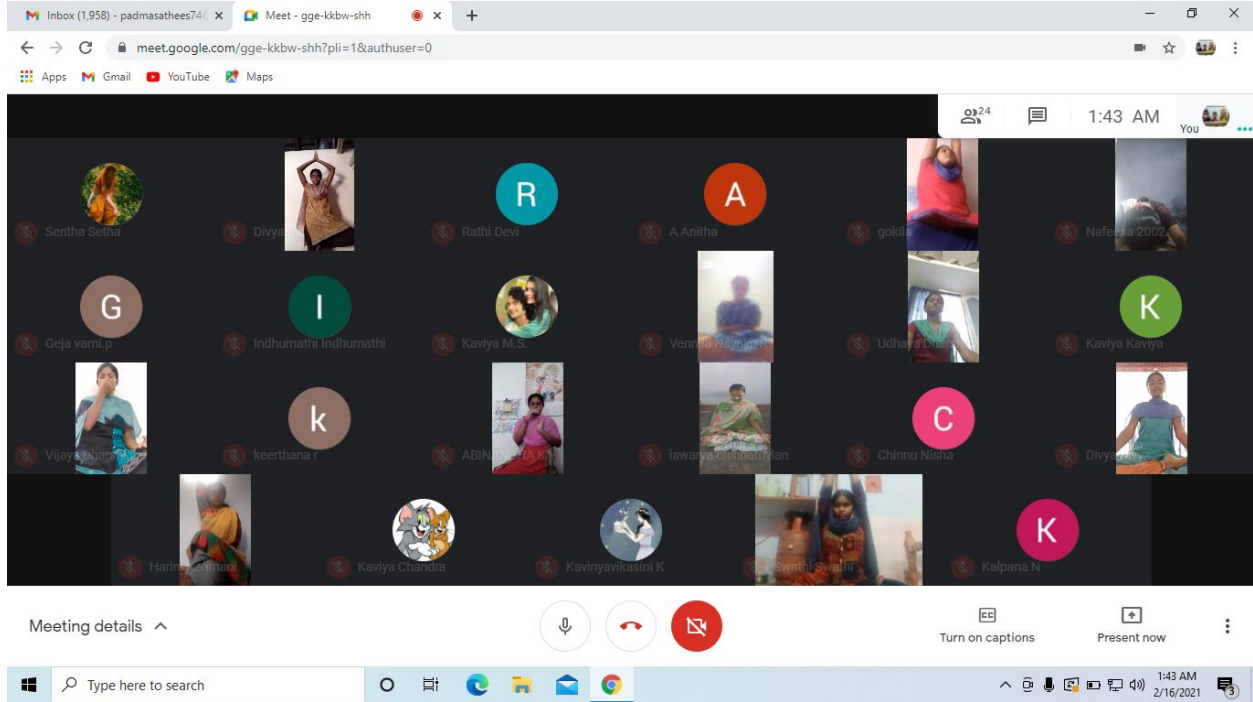


S.KAVIPRIYA
(20BM9343)



S.KAVIPRIYA
(20BM9343)

Department of Mathematics
I B.Sc Mathematics (2020-2021)
Value Education- Yoga Photos



24 1:44 AM You

Senthia Setha Divya Rathi Devi A Anitha gokila Nafesa 2002
Geja varni.p Indhumathi Indhumathi Kaviya M.S. Vennila Nayaki. R Udhaya Dharshini Kaviya Kaviya
Vijaya Dharshini keerthana r ABINANDHA K iswarya chinnamylan Chinnu Nisha Divya Divya
Harini Kanimani Kaviya Chandra Kavinyavikasini K Swathi Swathi Kalpana N

SRI G.V.G VISALAKSHI COLLEGE FOR WOMEN, UDUMALPET

[AUTONOMOUS]

VALUE EDUCATION - I B.SC PHYSICS

YOGA POSTURES



V.Shruthi

20BP9162



A.Gayathiri

20BP9150



S.Shobika

20BP9161



A.Divya

20BP9149



N.Gowthami

20BP9152



M L Sangeerthanam

20BP9160



V.Mithra
20PB9156



S.Mathumithra
20BP9155



M.Sneha
20BP9163



S B Karthikeyani Sebi
20BP9153



S Nirmala
20BP9157



S P Priya Dharshini
20BP9159



M R Syed Nurkees

20BP9169



S Sumamanjari

20BP9167



N Gowri

20BP9151



S Sneka

20BP9165



S Swathi

20BP9168

SRI G.V.G VISALAKSHI COLLEGE FOR WOMEN,UDUMALPET
DEPARTMENT OF STATISTICS
I-B.Sc STATISTICS
PART IV – VALUE EDUCATION
YOGA POSTURE IMAGES



K.BRINDHA
(20BW9451)



S. JAYASURIYA
(20BW9452)



D. JAYALAKSHMI
(20BW9453)



MADHUMITHS.J
(20BW9454)



G.REVATHI
(20BW9455)



R.SAVITHA
(20BW9456)



M.TAMILSELVI
(20BW9457)

SRI G.V.G VISALAKSHI COLLEGE FOR WOMEN, UDUMALPET.

VALUE EDUCATION

YOGA

Goole meet id: <https://meet.google.com/bot-rhaw-sac>

Date and time Department of Zoology

Staff Incharge : R.Gomathi

Total students : 23



