

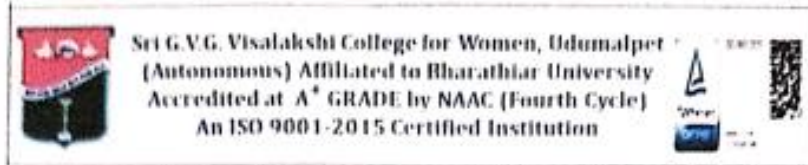


## PROMOTION OF GENDER EQUITY

S.No	Description	Click the Page No. to View the Document
1.	Gender Policy	<a href="#"><u>2</u></a>
2.	Action Plan	<a href="#"><u>3</u></a>
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4.	Activities	<a href="#"><u>5</u></a>



# GENDER POLICY



## GENDER POLICY

Gender equality denotes women having the same opportunities in life as men, including the ability to participate in the public sphere. Gender equity denotes the equivalence in life outcomes for women and men, recognizing their different needs and interests, and requiring a redistribution of power and resources. Both are indispensable and need to be incorporated into the Gender Policy of Sri GVG Visalakshi College for Women recognizes that women's rights are human rights and that women experience injustices solely because of their gender.

### The basic elements of gender policy are

1. To promote equity and equality between men and women
2. To create a gender sensitive and conducive working environment
3. To eliminate harassment and discrimination on the basis of gender
4. To ensure fairness and equity as a right for all in the outcomes of development, through processes of social transformation.

To achieve this, the institution aims to take the following immediate steps;

### Building a Gender Sensitive Workplace

As per the Vishakha recommendations (1997) and the Sexual Harassment at Workplace Act 2013 establish a backdrop for Higher Educational Institutes and make combating sexual harassment as an alternative civic redressal mechanism a need. The institution provides a safe and secure workplace for women teaching faculty and non-teaching staff and also provides safe and secure place for women students free from sexual harassment/discrimination with a Grievance and Appeals Committee in existence to deter and prevent harassment through dissemination of information/rules and also for investigate into cases of sexual harassment/discrimination when they are reported and ensure justice.

*Rajeswari*  
PRINCIPAL  
SRI GVG VISALAKSHI COLLEGE  
FOR WOMEN (AUTONOMOUS)  
VENKATESA HILLS POST,  
UDUMALPET-842128



# ACTION PLAN



**Sri G.V.G. Visalakshi College For Women, Udumalpet- 642128**  
Autonomous and Affiliated to Bharathiar University, Coimbatore  
Accredited at A<sup>+</sup> grade by NAAC (Fourth cycle)  
An ISO 9001:2015 Certified Institution  
Women's Studies Centre

## Action Plan for the Academic Year 2022-2023

### Teaching and Learning

- Revamping NMEC Gender Studies Syllabus
- Certificate Course on Food Processing Technology and Quality Control [6 months]

### Training

- Hands on Training on Cake Preparation and Thanjavore Painting

### Research

- Bringing Home Makers (House Wives) into the workforce and take solution based interventions.

### Field Action and Advocacy

- Conduct Programme on "Legal awareness on Protection of Women Rights".
- Conduct Awareness Programme on "Involving Women in Export Business"

### Extension

- Creating awareness on marketing green products through organizing exhibitions, posters and films.

### Networking and Collaborations

- District Legal Services Authority to enhance safety and security of adolescent girls and women.

### Special Event

- International Women's Day Celebration- Recognizing women as an asset to the nation in the form of mother, sister, teacher, family protector, entrepreneur, valued partners in sustainable development.

  
Convenor



  
Principal  
PRINCIPAL  
SRI G.V.G. VISALAKSHI COLLEGE  
FOR WOMEN (AUTONOMOUS)  
VENKATESA MILLS POST,  
UDUMALPET - 642 128



## FACILITIES IN CAMPUS

S.No	Description	Link to the Document
1.	CCTV Cameras and Surveillance	<a href="#">VIEW</a>
2.	Security Guard	<a href="#">VIEW</a>
3.	ID Card Checking	<a href="#">VIEW</a>
4.	Recreational Rooms	<a href="#">VIEW</a>
5.	Incinerators	<a href="#">VIEW</a>
6.	Day Care Centre	<a href="#">VIEW</a>
7.	College Bus	<a href="#">VIEW</a>
8.	Residential Life	<a href="#">VIEW</a>
	Health Check-up camp	
	Earn while you learn	
	Soft Skill development Programme	
	Attitude handwriting analysis	
	Awareness Talk Series	
	Counselling to Hostel Students	
9.	Safety Measures	<a href="#">VIEW</a>
	Fire Extinguisher and Sand Bucket	
	Locker	
	Visitor Register, Out Pass Slip	
	Out time and In time Register	
	Purified Drinking Water	
	ATM	
	Canteen	



## ACTIVITIES

S. No	Activities	Page No.
1.	Pledge Against Drugs	<a href="#">6</a>
2.	Breast Feeding Awareness Campaign	<a href="#">7</a>
3.	International Women's Day	<a href="#">8</a>
4.	Women in Information Technology	<a href="#">9</a>
5.	Awareness on Kavalan App	<a href="#">10</a>
6.	Skill Development Training for Economically Backward	<a href="#">11</a>
7.	Cyber Security and Women Safety	<a href="#">12</a>
8.	Creation of awareness programme on Child Abuse	<a href="#">13</a>
9.	Seminar on Cyber Security Awareness	<a href="#">14</a>
10.	Indispensable role of Nutraceuticals in Empowering Women Health	<a href="#">15</a>
11.	Awareness Speech on Sexually Transmitted Disease	<a href="#">16</a>
12.	Awareness Speech on Women's Wellness	<a href="#">17</a>
13.	Sports & Fitness Steps for Living	<a href="#">18</a>
14.	Awareness Programme on Women's Safety and Security	<a href="#">19</a>
15.	Making Sustainable Feminine Hygienic Products	<a href="#">20</a>



Name of the Event : Pledge Against Drugs  
 Date : 28.07.2022  
 Venue : College Campus  
 No of Beneficiaries : 200 NSS Volunteers

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Sri G.V.G. Visalakshi College for Women  
 (Autonomous), Udumalaipettai  
 National Service Scheme (2022-2023)  
 Pledge Against Drugs

Date : 28.07.2022  
 Venue : College Campus  
 Time : 2.30 pm  
 No of Participants : 200 NSS Volunteers

Agenda :  
 \* To raise awareness among NSS Volunteers regarding ill effects of drug abuse and 'Say Yes to Life, No to Drugs'

Report :  
 NSS Volunteers of Sri G.V.G. Visalakshi College for Women took pledge against drugs to create awareness on impact of drug addiction. Principal of the college presiding the pledge taking session and gave a motivational talk on 'Say no to drugs to lead a healthy life'. The programme was invited to organise and telecasted in their channel by TV News.

NSS Programme officers  
 Dr. S. Sathya  
 Dr. P. Srinivasini  
 Dr. S. Geetha  
 Dr. N. Rajapriya

Rajiswari  
 Principal

S. Srinivasini  
 M. Rajapriya

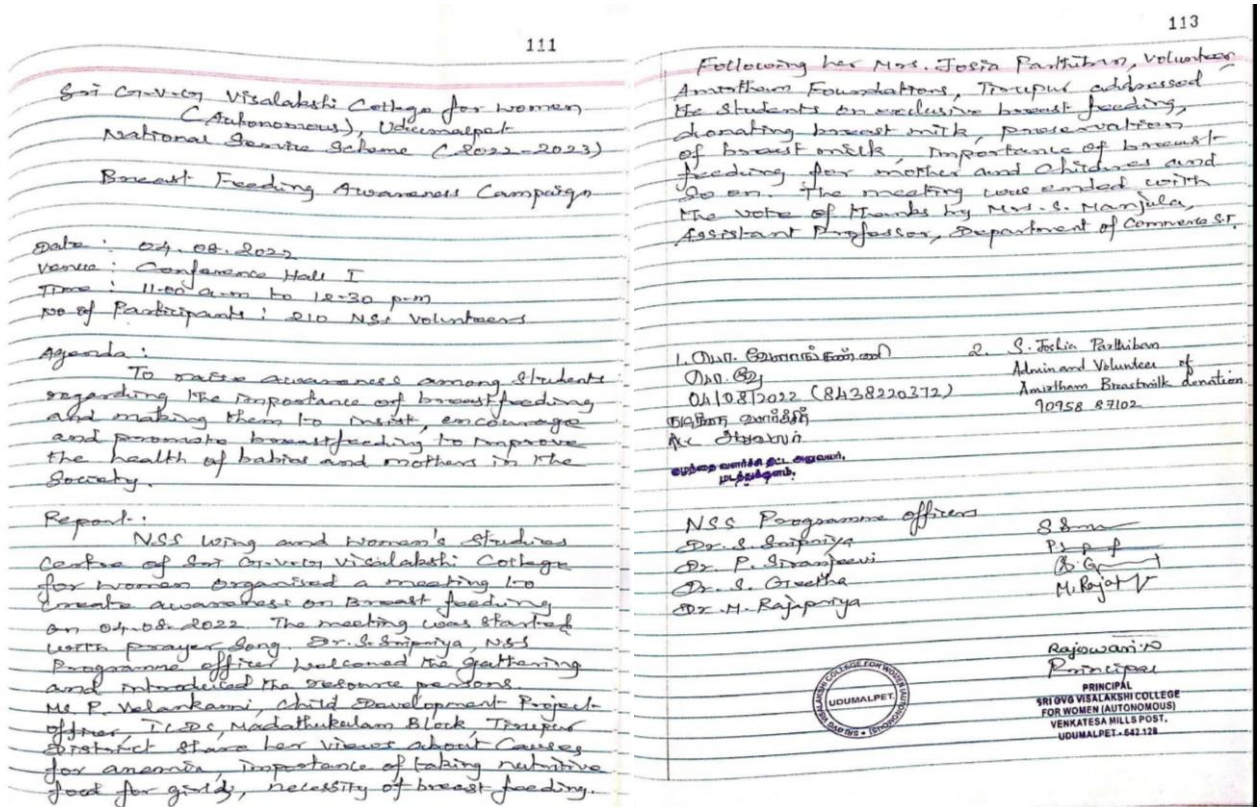
### ACTIVITY REPORT



### PLEDGE AGAINST DRUGS - 28.07.2022



Name of the Event : Breast Feeding Awareness Campaign  
 Date : 04.08.2022  
 Venue : Conference Hall –I  
 No of Beneficiaries : 210 NSS Volunteers



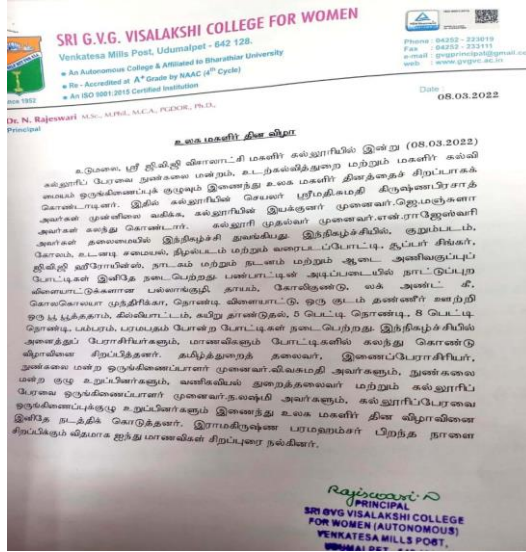
ACTIVITY REPORT



BREAST FEEDING AWARENESS CAMPAIGN – 04.08.2022



Name of the Event : International Women’s Day  
Date : 08.03.2022  
Venue : College Campus



ACTIVITY REPORT



உடுமலை ஜி.வி.ஜி.விசாலட்சி மகளிர் கல்லூரியில் மகளிர் தினத்தையொட்டி மாணவிகளுக்கு சமையல் போட்டி நடந்தது. இதில் கல்லூரி செயலாளர் சுமதி கிருஷ்ணபிரசாத், இயக்குனர் மஞ்சளா, முதல்வர் ராஜேஸ்வரி மற்றும் பேராசிரியர்கள் பலர் கலந்து கொண்டனர்.



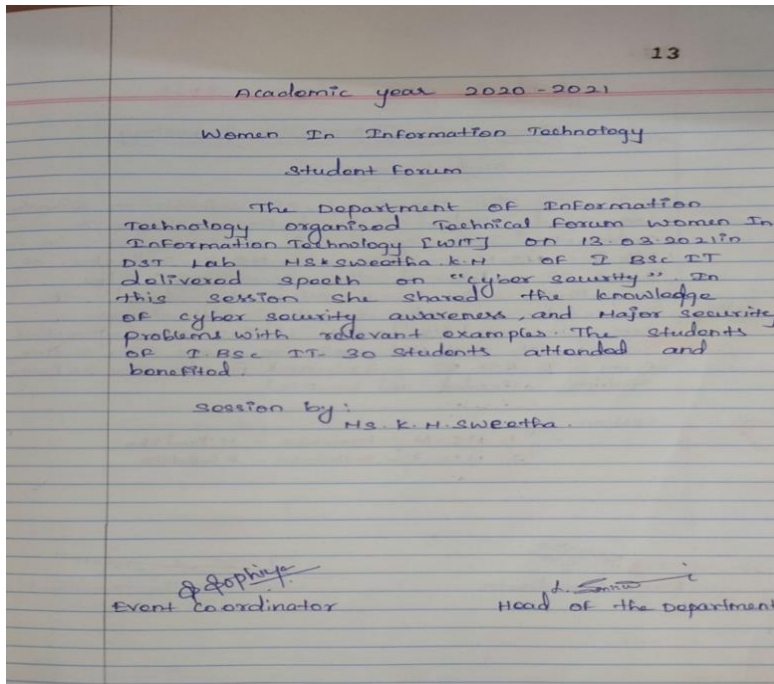
H7H7+CQX, Udumalaipettai, Tamil Nadu 642128, India  
Latitude 10.577903333333332 Longitude 77.26508333333332°  
Local 11:13:06 AM GMT 05:43:06 AM Altitude 379.7 meters Tuesday, 05-08-2022

INTERNATIONAL WOMEN’S DAY – 08.03.2022

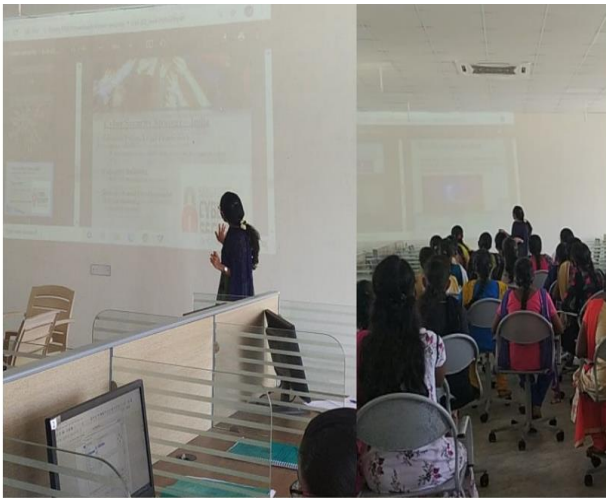




Name of the Event : Women in Information Technology  
Date : 13.03.2022  
Venue : Lab - VII  
No. Of Beneficiaries : 30



**ACTIVITY REPORT**



**WOMEN IN INFORMATION TECHNOLOGY – 13.03.2022**



Name of the Event : Awareness on Kavalan App  
 Date : 23.11.2022  
 Venue : Victus Garments, Myvadi  
 No. Of Beneficiaries : 25

Department of Computer Applications  
 In Association with  
 Taluk Legal Services Committee  
 and  
 Dr. Abdul Kalam Makkal Padhukappu Sevai  
 Ariakkattalai  
 Extension Activity on  
 " Awareness on Kavalan App"  
 Date :- 23-11-2022  
 Class :- III - BCA  
 Venue :- Victus Garments, Myvadi.  
 Theme :- Awareness on Kavalan App.  
 No of students involved in Activity :- 28

Department of Computer Applications has organized an Extension Activity at Victus Garments, Myvadi on 23-11-2022 at 2:00pm in association with Udumalpet Taluk legal Service Committee and Dr. Abdul Kalam Makkal Padhukappu Sevai Ariakkattalai 28 Students from III BCA participated in this event. A team of members from Udumalpet Taluk legal Service Committee explained the working process of Kavalan App. Students from Computer Applications department demonstrated

the installation process of kavalan app to the women workers in Victus Garments. With the help of the app, Tamil Nadu people can instantly request police aid in cases of physical emergencies, eve teasing, kidnapping, and other emergencies such as floods and earthquake

For VICTUS DYEINGS (Garment Division)  
 Authorised Signatory

For உடும்பட்டி கல்வித்துறை மக்கள் பாதுகாப்பு சேவை குழுக்கேட்டுரை  
 தலைவர்  
 R. Rajeswari  
 மக்டி. கஜநாயகம்

Signature of the HOD :-  
 M. Anandhan 23/11/2022

Rajeswari  
 Signature of the Principal

ACTIVITY REPORT



PHOTO



NEWSPAPER CUTTING

AWARENESS ON KAVALAN APP – 23.11.2022



Name of the Event : Skill Development Training for Economically Backward  
 Date : 05.01.2023  
 Venue : Pappankulam  
 No. Of Beneficiaries : Pappankulam Village Women People

Sri G.V.G. Visalakshi College for Women  
Extension Activity 2022-2023

Department of Zoology, Sri G.V.G. Visalakshi College for Women Udumalpet in association with Abdul kalam People Secure Service Trust Udumalpet Organized extension activity "Skill Development training for Economically Backward women under the Central government Scheme "Craftsmen Training Scheme".

We appreciate the extraordinary service of skill development programme in association with Abdul kalam People Secure Service Trust Udumalpet at Pappankulam Village on 5/1/2023.

Nearly 100 women were participated and benefited.

K. Ravi  
 K. Srinivasan  
 K. N. Srinivasan  
 K. Kalimuthu

Kanchay. K. K  
 Madathukulam  
 Union Chairman

05/01/2023  
 12. மயங்குடையாறு  
 மடத்துக்குளம்  
 திருப்பூர் மாவட்டம்

Sri G.V.G. Visalakshi College For Women, Udumalpet-642128  
 Autonomous and Affiliated to Bharathiar University, Coimbatore  
 Accredited at 'A' grade by NAAC (Fourth cycle)  
 An ISO 9001:2015 Certified Institution  
 www.svkvsc.ac.in; gvscprincipal@gmail.com Ph:04252-223019 Fax: 04252-233111

**Extension Activity (2022-2023)**

Date: 05-01-2023  
 Venue: Pappankulam  
 Time: 10am-3pm

India has implemented Skill Development Training Scheme to facilitate the Common norms enclosed for the upgradation of technical and entrepreneurial skills amidst low-community individuals. A Woman Training under Ministry of Skill Development & Entrepreneurship takes care of providing skill development training to the women in the country which aims at stimulating employment opportunities among women of various socio-economic levels and different age groups.

In this regard, Department of Zoology, Sri G.V.G Visalakshi College for Women, Udumalpet in association with Abdul Kalam People Secure Service Trust Udumalpet organized Extension activity on Skill Development Training for Economically Backward Women under the Central Government Scheme "Craftsmen Training Scheme"

22 students of III B.Sc Zoology took part in the programme Craftsmen Training Scheme accompanied by Dr. R. Bhanumathi, Assistant Professor and Ms. Reshma Radhakrishnan, Assistant Professor Department of Zoology. The women of Pappankulam village participated in the training programme and developed their skills in embroidery, bouquet making and craft making. Nearly 100 economically backward women attended the programme and got benefited.

Dr. R. Bhanumathi  
 Department Charge  
 Signature of the Extension Coordinator

Signature of HOD

Signature of NGO  
 For L.A.L.R. வினாயகன்  
 கல்வி மற்றும் தொழில்நுட்ப அமைதி  
 கல்வி மற்றும் தொழில்நுட்ப அமைதி  
 தலைவர்  
 டீ.ஆர். க.நந்தராஜன்

Signature of Principal

**ACTIVITY REPORT**

**மடத்துக்குளம் வட்டம் பாப்பாங்குளம் பகுதியில் கைவினைப் பொருள் பயிற்சி முகாம்:**



**திருப்பூர்**

மடத்துக்குளம் வட்டம் பாப்பாங்குளம் பகுதியில் விசாலட்சி மகளிர் கல்லூரி மற்றும் டாக்டர் அப்துல் கலாம் மக்கள் பாதுகாப்பு சேவை அறக்கட்டளை, பாப்பாங்குளம் ஊராட்சி மற்றும்

இணைந்து ஏற்பாடு செய்த பெண்களுக்கான கைவினைப் பொருள் செய்யும் பயிற்சி முகாம் நடைபெற்றது.

கல்யாண மாலை, மணப்பெண் அலங்காரம், கல்யாண பூச்செண்டு, தலையாட்டும் பொம்மை, கம்மல், வளையல் எம்ராய்டிங் போன்ற கைவினைப் பொருட்கள் செய்யுமாறு பயிற்சியினை விசாலட்சி மகளிர் கல்லூரி விலங்கியல் துறை மூன்றாம் ஆண்டு மாணவிகள் வழங்கினர். இந்நிகழ்வில் முன்னாள் மடத்துக்குளம் சட்டமன்ற உறுப்பினர் ஜெயராமகிருஷ்ணன், ஊராட்சி ஒன்றிய குழு தலைவர் காவியா ஜயப்பன், ஊராட்சி ஒன்றிய குழு துணைத் தலைவர் சஸ்வரசாமி, ஊராட்சி ஒன்றிய உறுப்பினர் சாமிதுரை, வார்டு கவுன்சிலர் லதா, விசாலட்சி மகளிர் கல்லூரியின் விலங்கியல் துறை பேராசிரியர்கள் பானுமதி, ரேஸமா ராதா கிருஷ்ணன் மற்றும் பொதுமக்கள் கலந்து கொண்டனர்.



Pappankulam, Tamil Nadu, India  
 G8FF+WXG, Pappankulam, Tamil Nadu 642204, India  
 Lat 10.524799°  
 Long 77.324647°  
 05/01/23 03:04 PM GMT +05:30

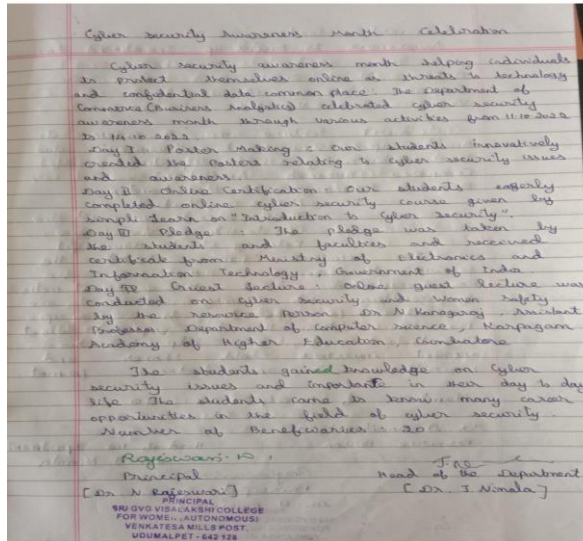
**NEWS PAPER CUTTING**

**PHOTO**

**SKILL DEVELOPMENT TRAINING FOR ECONOMICALLY BACKWARD – 05.01.2023**



Name of the Event : Cyber Security and Women Safety  
 Date : 14.10.2022  
 Venue : Online Mode – Google Meet  
 No. Of Beneficiaries : 18



### ACTIVITY REPORT

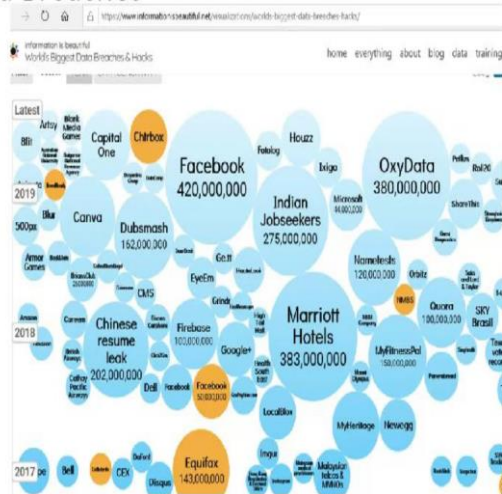
#### Cyber Threats



10/14/2022

24

#### Data Breaches



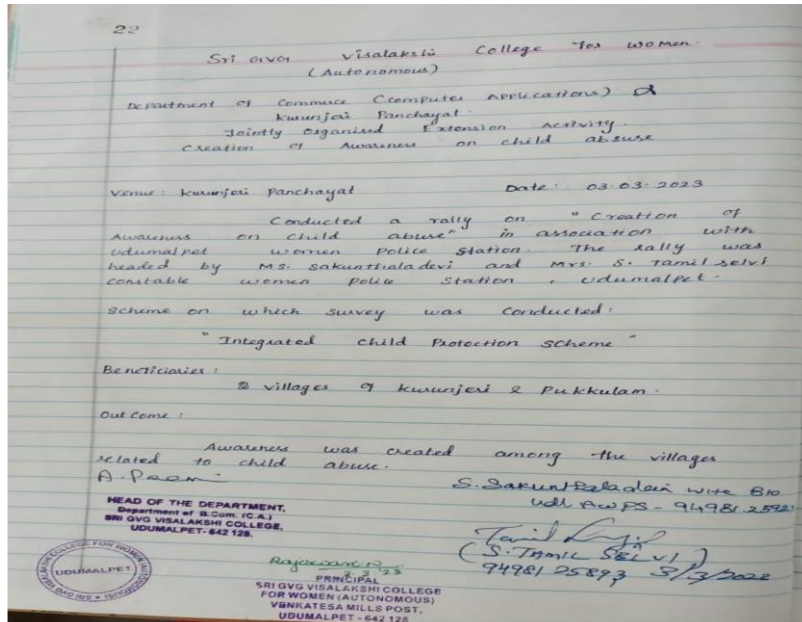
10/14/2022

23

### CYBER SECURITY AND WOMEN SAFETY – 14.10.2022



Name of the Event : Creation of Awareness Programme on Child Abuse  
 Date : 03.03.2023  
 Venue : Kurunjeri Panchayat  
 No. Of Beneficiaries : Kurunjeri & Pukkulam Village People



**ACTIVITY REPORT**



**CREATION OF AWARENESS PROGRAMME ON CHILD ABUSE – 03.03.2023**



Name of the Event : Seminar on Cyber Security Awareness  
 Date : 06.10.2022  
 Venue : Lab – VI  
 No. Of Beneficiaries : 53

**SEMINAR ON CYBER SECURITY AWARENESS**  
 Date : 06.10.2022  
 Time : 2.30 - 3.30 PM  
 Venue : Lab VI

The Department of Computer Science organized a seminar on "Cyber Security Awareness" on commemorating Cyber Security Awareness week. 53 of III B.Sc Computer Science students got benefited through this programme. Ms.P.Abinaya of III B.Sc Computer Science presented the gathering with cyber security threats, types and ways to protect from cyber crimes. The students gained knowledge on cyber crimes and protection methods.

**Objective:**  
 To provide awareness on cyber crimes and ways to protect.

**Event:**  
 Presentation - Ms. P. Abinaya  
 III B.Sc CS 'A'

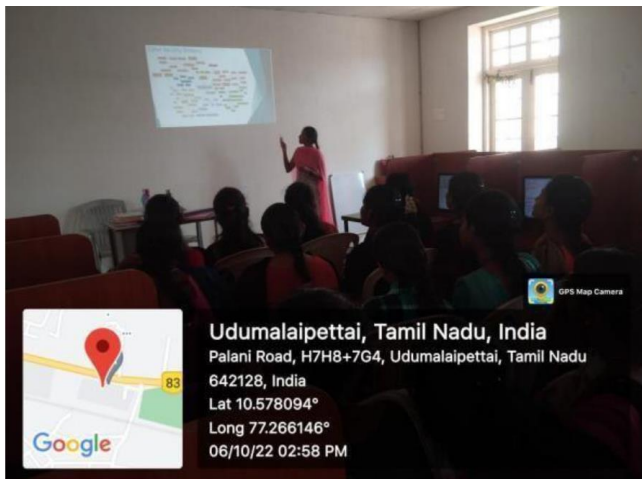
**Outcome:**  
 Students gained knowledge on cyber threats, types and methods to

protect from cyber crimes.  
 Student Coordinator: Ms. S. Jayasakthi  
 III B.Sc 'A'

Faculty Coordinator: Mrs. N. Sathyaajaya  
 Assistant Professor

Signature of the HOD  
 Rajivaram P.  
 Principal  
 SRI G.V.G. VISALAKSHI COLLEGE  
 FOR WOMEN (AUTONOMOUS)  
 VENKATESA HILLS POST,  
 UDUMALPET - 642 128.

### ACTIVITY REPORT



### SEMINAR ON CYBER SECURITY AWARENESS – 06.10.2022



Name of the Event : Indispensable role of Nutraceuticals in Empowering Women Health  
Date : 22.11.2022  
Venue : Conference Hall

29

Green Initiatives & Environmental Club  
Academic Year 2022-2023

Date : 22.11.2022  
Event : Webinar on "Indispensable Role of Nutraceuticals in Empowering Women's Health".

The webinar started with prayer by Mrs. B. Umaa nondhuri III BA Tamil Literature. Mrs. T. Ilakkiya III B.Com aided welcomed the participants.

Resource Person Dr. T. Shri Vijaya Kirubha  
Rt Director  
Dept of Pharmacognosy  
Pottiyon College of Pharmacy  
Trichy.

was introduced by Dr. G. Yamuna Associate professor, Department of Economics.

Resource person delivered about the Nutrition Values required for Women's health and discussed the following

- Women have Unique nutritional needs, such as the need of iron, calcium & folate, which can be met through the consumption of nutraceuticals.
- \* Iron rich like Spirulina and Vitamin D rich nutraceutical like

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milk thistle and luscine help to maintain bone health.

\* Turmeric, an Anti-Inflammatory properties help to reduce redness from blemishes and calm skin conditions like eczema.

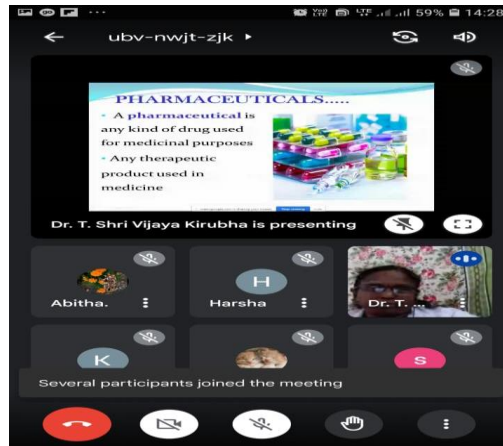
The program came to an end by vote of thanks by R. Saprasyasini III B.Com(A).

*P. Anitha*  
Convener

*Rajowarni D.*  
Principal

Members  
1. Dr. Gomathi P. Goudi  
2. Mrs. Pishma Radhakrishnan *Pishma*

### ACTIVITY REPORT



## INDISPENSABLE ROLE OF NUTRACEUTICALS IN EMPOWERING WOMEN HEALTH - 22.11.2022



Name of the Event : Awareness Speech on Sexually Transmitted Disease  
 Date : 14.02.2023  
 Venue : Conference Hall I  
 No. Of Beneficiaries : 260

SRI G.V.G. VISALAKSHI COLLEGE FOR WOMEN (Autonomous)  
 UDUMALPET

HEALTH AND HYGIENE CLUB 2022-23 93

ACTIVITY :  
 Awareness Speech on Sexually Transmitted Disease  
 VENUE : Conference Hall I 14.02.2023  
 BENEFICIARIES : 260 students  
 JOINTLY ORGANISED BY : Indian Medical Association,  
 Udumalpet.

AGENDA :  
 ↳ To create awareness among the students  
 adolescent on sexually transmitted diseases.  
 ↳ To provide counselling for the various  
 health problems.  
 ↳ To know better hygiene leads to better  
 health, confidence and overall growth.

MINUTES :  
 ↳ Health and Hygiene Club organised  
 an awareness speech on 14.02.2023 at Conference  
 hall I.  
 ↳ The program started with the prayer  
 song of Tamilthaivazhthai.  
 ↳ Dr. N. Rajeswari, the principal presided  
 over the program.  
 ↳ Mrs. M.C. Karthika, Convenor welcomed the  
 gathering.  
 ↳ Dr. K. Chandra Vadhana MBBS, DCH, M.S(OA)  
 and Dr. S. Anilkumar MBBS, DSO, DIP. Lab delivered  
 the speech on Sexual and Reproductive Health  
 Awareness, in an explicit manner.  
 ↳ More than 260 students participated in  
 the program.  
 ↳ Students actively interacted about their  
 health issues and Dr. Anilkumar clearly clarified  
 their doubts.

↳ aim of the program is encourage the  
 young minds to care by their health to eat  
 healthy food, do exercise daily, deep sleep in  
 night time and so on.

M. Karthika, Secretary proposed vote of thanks.  
 The program came to end with the National  
 Anthem.

Ankur  
 (Anilkumar S)  
 CMO  
 R.H  
 MADANUKKALAM

14/02/2023

Dr. K. CHANDRA VADHANA, DCH, M.D. (OBG).  
 Reg. No: 84153,  
 SNR HOSPITAL  
 -10, VASODRA SARABANGAM LAYOUT,  
 UDUMALPET - 642126.

M.C. Karthika 14/2/23  
 Convenor

Rajeswari N  
 14/2/23  
 PRINCIPAL  
 SRI G.V.G. VISALAKSHI COLLEGE  
 FOR WOMEN (AUTONOMOUS),  
 VENKATESA MILLS POST,  
 UDUMALPET - 642128

### ACTIVITY REPORT



**AWARENESS SPEECH ON SEXUALLY TRANSMITTED DISEASE – 14.02.2023**





Name of the Event : Awareness Speech on Women's Wellness  
 Date : 02.11.2022  
 Venue : Conference Hall  
 No. Of Beneficiaries : 110

HEALTH AND HYGIENE CLUB 2022-2023  
 ACTIVITY III: An awareness speech on Women's Wellness  
 VENUE: Conference Hall 1  
 BENEFICIARIES: 110 Students  
 OUTCOMES/ AGENDA  
 => To create self awareness about women's health  
 => To know women's health is reproductive health  
 => To instruct to intake healthy foods  
 => To help to reduce the risk of physical health problems  
 => To understand healthy students, build healthy nation  
 => To know the importance of medical check-up of our body in yearly once  
 MINUTES:  
 => Health and Hygiene club organized an awareness speech on 02.11.2022 at conference hall 1  
 => The program started with the prayer song of Tamilthalavazhthu  
 => Dr. N. Rajeswari the principal presided over the program  
 => Mrs. M.C Kavitha, convener welcomed the gathering  
 => Dr. S. Sai Darsini MS (OBG & Gynec) Endogynecology delivered the speech on women's wellness  
 => She highlighted the importance of women's health, personal hygiene, and health issues  
 => She reiterated to give special welfare for our health  
 => More than 100 students were participated the program  
 => Students actively took part the interactive session and clarified their health issues

=> Aim of the program is encourage the young minds to care of their health to eat healthy food, do exercise daily sleep to night time, and so on.  
 M. Kavitha, Secretary proposed vote of thanks  
 The program came to end with the National Anthem  
 Dr. S. Sai Darsini  
 Consultant - Endogynecology  
 Dr. B.M. Sreedhar  
 9416 20  
 PH: 9785 155000  
 Dr. Chandrika  
 Hemma  
 Dr. S. Sai Darsini  
 97855 70007  
 739 70 335 33  
 Rajeswari S  
 Principal  
 Sri G.V.G. Visalakshi College  
 for Women (Autonomous)  
 Venkatesa Hills Post,  
 Gudumalpet - 542 128

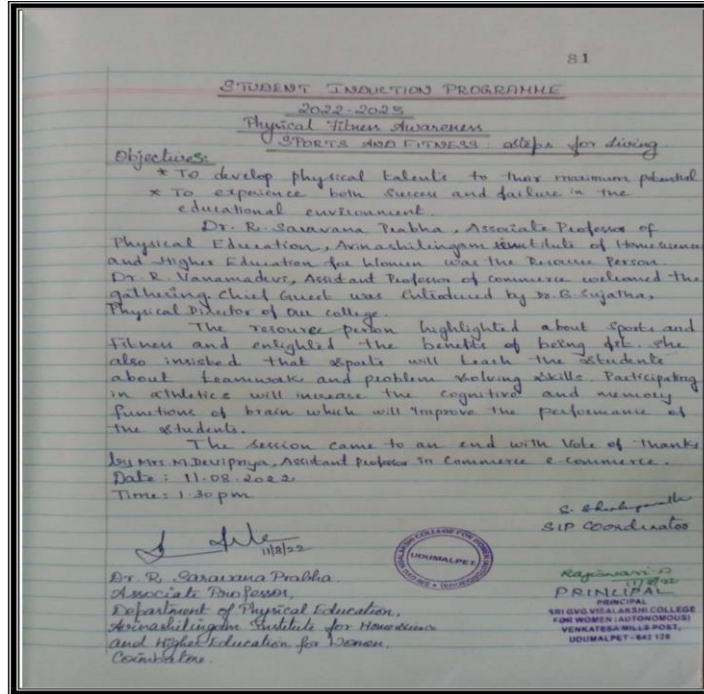
ACTIVITY REPORT



AWARENESS SPEECH ON WOMEN'S WELLNESS – 02.11.2022



Name of the Event : Sports & Fitness Steps for Living  
Date : 11.08.2022  
Venue : GVG Auditorium



**ACTIVITY REPORT**



**SPORTS & FITNESS STEPS FOR LIVING – 11.08.2022**



Name of the Event : Awareness Programme on Women's Safety and Security  
 Date : 20.01.2023  
 Venue : Conference Hall - I  
 No. Of Beneficiaries : 54

History Association - Yuva Bharath 63  
Awareness Programme On Women's Safety and Security  
Date: 20.1.2023 Time: 2.30 - 3.30 PM

Speaker :- Mrs. S. Senthilkumar B.Sc., B.L. (Advocate)  
[ District Court & Udumalpet Civil and Criminal Courts ]

Objective :- To educate on various laws pertaining to women's safety  
 \* The programme commenced with the Tamil Thai varattu  
 \* Welcome address was given by K. Karuniga III B.A History and G. Uma Maheshwari, II B.A History introduced the Chief Guest.  
 \* The speaker highlighted the facts, causes endangering women safety in different contexts such as homes, workplaces and in society.  
 \* The Resource person detailed on the various laws which protect women and how to file the crimes legally especially Cyber Crimes.  
 \* He further emphasised the students to learn self defence and also explained the importance the Tamil Nadu police's Kavalan SOS app.  
 \* The session was lively and interactive  
 \* B. Purnimitha Parveen, III B.A History proposed the vote of thanks  
 \* A total number of 54 participants were benefitted

Outcome :- The student downloaded the Kavalan SOS app

Resource Person :-

Faculty members  
 S. Shankarani  
 P. J. S. P.  
 R. K. S. S.  
 S. S. S.  
 B. S. S.

S. Shubhanga  
 Head

Rajiv S. S.  
 Principal  
 PRINCIPAL  
 SRI G.V.G. VISALAKSHI COLLEGE  
 FOR WOMEN (AUTONOMOUS)  
 VENKATESA MILLS POST,  
 UDUMALPET - 642 128

Student Secretary: S. S. S.  
Student Joint Secretary: K. Karuniga

### ACTIVITY REPORT



**AWARENESS PROGRAMME ON WOMEN'S SAFETY AND SECURITY – 20.01.2023**



Name of the Event : Making Sustainable Feminine Hygienic Products  
 Date : 07.04.2022  
 Venue : Conference Hall  
 No. Of Beneficiaries : 193

Entrepreneurship Training Programme  
 "MAKING SUSTAINABLE FEMININE HYGIENE PRODUCTS  
 Eco-friendly SANITARY NAPKIN MAKING USING COTTON  
 (07/4/22) 10.30 a.m - 12.30 p.m.

(Health Counselling for Women)

This event was convened for disclosing the hazardous effects of commercially available sanitary napkins to health of the women and to the environment. Training was given to the students (5 students from each class) of undergraduate to make eco-friendly sustainable cotton repp

The students were also motivated to use other sustainable feminine hygiene products.

Shrutha  
 Convener 7/4/22

Rajeswari  
 Principal 7/4/22

PRINCIPAL  
 SRI G.V.G. VISALAKSHI COLLEGE  
 FOR WOMEN (AUTONOMOUS)

ACTIVITY REPORT



MAKING SUSTAINABLE FEMININE HYGIENIC PRODUCTS – 07.04.2022