SRI G.V.G VISALAKSHI COLLEGE FOR WOMEN

(Autonomous) Accredited at 'A+' Grade by NAAC An ISO Certified Institution Udumalpet

DEPARTMENT OF CHEMISTRY Workshop

on

"Health and Chemistry"

Date: 16.03.2020

Time: 10. 00 a.m to 3.30 pm

Venue : Conference Hall

Programme

| Prayer | Song |
|--------|------|
| | |

Miss S. Kovarshini, II B.Sc., Chemistry

Welcome Address

TOPIC

Resource Person

TOPIC Resource Person

TOPIC

Resource Person

Vote of Thanks

Dr. M. Malarvizhi Assistant Professor in Chemistry Department of Chemistry

Alternate therapy

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Dr. G. Revathi Assistant Professor in Chemistry, Government Arts College Udumalpet

"Health and Hygiene"

Ms.A.Menaka Vice Principal Priya Institute of Paramedical Science Udumalpet

First Aid Techniques

Ms.D.Poongodi Priya Institute of Paramedical Science Udumalpet

Ms. D. Bhavadharani II B. Sc., Chemistry

National Anthem

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An ISO Certified Institution Udumalpet DEPARTMENT OF CHEMISTRY Supported by DBT star college Scheme Report on

| | One day Workshop on "Health and Chemistry" | |
|------------------------|--|-----------------------------------|
| Date | : | 16.03.2020 |
| Resource Person | : | 1. Dr. G. Revathi |
| | | Assistant Professor in Chemistry, |
| | | Government Arts College Udumalpet |
| Session I | : | Alternate therapy |
| Participants | : | 49 students $+ 4$ staff members |

Department of Chemistry organized **One day Workshop on "Health and Chemistry"** for BSc Chemistry students. In the first session, Dr. G. Revathi delivered lecture on alternate therapy about Acupuncture and also trained the students to treat the acute pain by using needle and pressure points.



Session II: Ms.A.Menaka Vice Principal Priya Institute of Paramedical Science Udumalpet

Ms.D.Poongodi Priya Institute of Paramedical Science Udumalpet

Participants : 95 students + 4 staff members



Ms.D.Poongodi delivered lecture on "First aid techniques". She also explained the procedures for the following critical and emergency situation like Cuts and Scrapes, Burns, Insect Bites, Animal Bites, Poison, Eye Injury, Road accident, Laboratory safety measures etc.

She demonstrated Cardio-Pulmonary Resuscitation for heart patient.

Ms.A.Menaka discussed on "Health and Hygiene".

She updated the cause and protective measures of Covid-19 Virus. In addition explained about the usage of sanitary napkin, hygiene practices during menstrual period. The programme comes to an end with an awareness on " **Breast cancer and Vaginal Cancer**".